

Register at CHAMPS  
volunteer check-in  
or in the awards  
room downstairs!

Friday, 7/28:

Adult  
100Yd  
(Freestyle) Relays  
COST \$100/team  
**Register by 3 PM**

Friday, 7/28:

Coaches  
100Yd  
Medley Relay  
Cost \$50/team  
**Register by 3 PM**

Make checks payable to:

**Jefferson Swim League**



2023



# JSL Charity Adult Swim Events Friday, July 28

For The Ben Hair-Just Swim For Life (BH-JSL) : a drowning prevention program brought to 17 communities in our region!

## **Adult relays – 100 yd Freestyle Relay—Friday, July 28, 2023**

Relay team members can be:

- parents of current JSL swimmers,
- other adult relatives of current JSL swimmers,
- former adult JSL swimmers (who may not have children swimming) , other volunteers, officials, corporate sponsors.
- Teams need to be 2 male and 2 female swimmers.
- NO current JSL swimmers may swim this event.

## **Coaches Medley Relay - Friday, July 28, 2023**

The coaches' medley relay is 100 yds and is open to ALL JSL coaches. There is no limit to the number of entries per team.

**\*\*2<sup>nd</sup> and 4<sup>th</sup> swimmers must be in-water starts due to shallow depth at that end of pool at Brooks YMCA**

Benefitting the BH-JSL

7/28/2023





## Adult Charity 100 Yd Free Relay Registration Form

Friday, July 28, 2023, following final event of Session 2

**Hosting Team** \_\_\_\_\_

Requirements for Adult Relay: Each entry **must meet** one of the following conditions

- a. Parents of current JSL swimmers
- b. Other adult relatives of current JSL swimmers
- c. Former adult JSL swimmers (who may not have children swimming)
- d. Other volunteers, officials, corporate sponsors, etc.
- e. Teams must be 2 male and 2 female
- f. NO current JSL swimmers may swim this event

Deadline for entries is 3 PM on Friday so that officials can be informed about the number of entries.

### **Name of Relay Team Members**

1. Name (female) \_\_\_\_\_

2. Name (female) \_\_\_\_\_

3. Name (male) \_\_\_\_\_

4. Name (male) \_\_\_\_\_

### **Method of Payment: \$100 entry fee**

\_\_\_ Check made out to "Jefferson Swim League" **attached**

Received by: \_\_\_\_\_



## Coaches Charity 100 Yd Medley Relay Entry Form

Friday, July 28, 2023, following Parent's relay after final event of Session 2

**Hosting Team:** \_\_\_\_\_

This relay is a 100 yard medley relay held following the final session of the JSL Champs meet. All JSL Coaches are eligible for this event

Deadline for entries is 3 PM on Friday so that officials can be informed about the number of entries.

### Coaches' Names:

1. Name (female) \_\_\_\_\_

2. Name (female) \_\_\_\_\_

3. Name (male) \_\_\_\_\_

4. Name (male) \_\_\_\_\_

### Method of Payment: \$50 entry fee

\_\_\_ **Check** made out to "Jefferson Swim League" **attached**

Received by: \_\_\_\_\_