

FLST @ ACAC 2022 - 7/6/2022**Results - Wednesday Evening****Event 13 Boys 9-10 200 LC Meter Medley Relay**

Team	Relay	Seed Time	Finals Time	Points
1 Forest Lakes Swim Team-VA	A	NT	4:27.10	10
1) McMurray, Liam A 9	2) Xie, Marcus 9	3) Felini, Garin J 10	4) Paranj, Sam 9	
--- Atlantic Coast Athletic Club-VA	A	4:02.14	DQ	
1) Khan, Saqib H 10	2) Stanford, Harlem A 9	3) Thompson, Acree M 9	4) Lacy, Brenden B 9	

Event 14 Girls 9-10 200 LC Meter Medley Relay

Team	Relay	Seed Time	Finals Time	Points
1 Atlantic Coast Athletic Club-VA	A	NT	3:10.03	10
1) Khan, Sofia N 10	2) Thompson, Tess F 10	3) Vanyo, Vivian R 9	4) Brooks, Nora W 10	
2 Forest Lakes Swim Team-VA	A	NT	4:02.31	5
1) Hawker, Morgan 10	2) Kelly, Jane M 10	3) Haas, Adeline G 9	4) Firth, Rachel A 9	

Event 15 Boys 11-12 200 LC Meter Medley Relay

Team	Relay	Seed Time	Finals Time	Points
1 Forest Lakes Swim Team-VA	A	NT	2:38.84	10
1) Haas, Owen M 12	2) Wang, Andrew Y 12	3) Xie, William 12	4) Escobar, Christophe A 12	
2 Forest Lakes Swim Team-VA	B	NT	x3:19.72	
1) Hawker, Conner 12	2) Firth, Judah D 11	3) Haubert, Jacob M 12	4) Fu, Rick Q 11	

Event 16 Girls 11-12 200 LC Meter Medley Relay

Team	Relay	Seed Time	Finals Time	Points
1 Forest Lakes Swim Team-VA	A	NT	2:55.56	10
1) Harrop-Williams, Elizabeth L 12	2) Chang, Avery M 12	3) Easton, Mattie 11	4) Ni, Sarah 12	
2 Atlantic Coast Athletic Club-VA	A	NT	3:21.03	5
1) Higginbotham, Bryn E 11	2) Hackworth, Lilee Z 11	3) Thompson, Isabelle F 12	4) King, Erin C 12	
3 Forest Lakes Swim Team-VA	B	NT	x3:39.16	
1) Singla, Ananya 11	2) Curtis, Olivia G 12	3) Hudtloff, Savannah C 12	4) Spofford, Claire W 12	

Event 17 Boys 13-14 200 LC Meter Medley Relay

Team	Relay	Seed Time	Finals Time	Points
1 Forest Lakes Swim Team-VA	A	NT	2:21.00	10
1) Shue, Eli 14	2) Sawyer, Bradley O 14	3) Ding, Aiden C 14	4) McMurray, Aidan W 14	

Event 18 Girls 13-14 200 LC Meter Medley Relay

Team	Relay	Seed Time	Finals Time	Points
1 Forest Lakes Swim Team-VA	A	NT	2:35.46	10
1) Hoang, Angelina J 14	2) Wang, Amy Y 14	3) Czirjak, Sara E 14	4) Curtis, Caroline R 13	
2 Atlantic Coast Athletic Club-VA	A	2:42.54	2:43.12	5
1) Schneller, Kayla T 13	2) Buckner, Addy C 14	3) Vanyo, Sofie N 13	4) Higginbotham, Elle 13	

Event 19 Boys 15-18 200 LC Meter Medley Relay

Team	Relay	Seed Time	Finals Time	Points
1 Atlantic Coast Athletic Club-VA	A	2:34.85	2:38.07	10
1) Dowd, Val H 15	2) Thompson, Finn F 16	3) Buckner, Olly W 11	4) Schaar, Gavin J 12	

Event 20 Girls 15-18 200 LC Meter Medley Relay

Team	Relay	Seed Time	Finals Time	Points
1 Forest Lakes Swim Team-VA	A	NT	3:04.16	10
1) Stilley, Meredith A 16	2) Czirjak, Eve M 17	3) Trader, Marissa Y 16	4) Duval, Claire 11	

Event 21 Boys 8 & Under 25 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Dailey, Max	8	Forest Lakes Swim Team-VA	NT	20.38	7
2 Kelly, Edward L	8	Forest Lakes Swim Team-VA	NT	23.97	5

FLST @ ACAC 2022 - 7/6/2022**Results - Wednesday Evening****(Event 21 Boys 8 & Under 25 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time	Points
3	Rapp, Owen R	8	Forest Lakes Swim Team-VA	NT	x24.47	
4	Lacy, JP P	7	Atlantic Coast Athletic Club-VA	NT	24.81	4
5	Hernandez, Gabriel	8	Forest Lakes Swim Team-VA	NT	x29.34	
6	Hu, Aaron X	7	Forest Lakes Swim Team-VA	NT	x29.37	
7	Rankin, Preston P	8	Forest Lakes Swim Team-VA	NT	x31.85	
8	King, Dillon P	8	Atlantic Coast Athletic Club-VA	25.44	32.25	3
9	Harpin, Oliver	8	Forest Lakes Swim Team-VA	NT	x33.15	
10	Nelson, Garnet T	7	Atlantic Coast Athletic Club-VA	35.40	x36.38	
11	Duval, Nicholas	7	Forest Lakes Swim Team-VA	NT	x37.49	
12	Felini, Eric A	7	Forest Lakes Swim Team-VA	NT	x37.72	
13	Singla, Arnie	7	Forest Lakes Swim Team-VA	NT	x40.59	
14	Sisman, John	7	Forest Lakes Swim Team-VA	NT	x45.41	

Event 21P Boys 6 & Under 25 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Fricke, Cole R	6	Atlantic Coast Athletic Club-VA	31.53	31.34
2	Gruss-Russell, Emerson A	6	Atlantic Coast Athletic Club-VA	53.37	54.10
3	Nelson, Bennett A	5	Atlantic Coast Athletic Club-VA	52.88	x55.82
---	Sisman, Henry	5	Forest Lakes Swim Team-VA	NT	DQ

Event 22 Girls 8 & Under 25 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time	Points
1	Bennett, Rose H	8	Forest Lakes Swim Team-VA	NT	24.18	7
2	Sisman, Josephine	8	Forest Lakes Swim Team-VA	NT	25.59	5
3	Dixon, Henley	7	Forest Lakes Swim Team-VA	NT	x27.37	
4	Dawkins, Addison H	8	Atlantic Coast Athletic Club-VA	33.25	30.68	4
5	Hackworth, Avery T	7	Atlantic Coast Athletic Club-VA	30.15	30.97	3
6	Forman, Olivia	8	Forest Lakes Swim Team-VA	NT	x31.03	
7	Duval, Margaret	7	Forest Lakes Swim Team-VA	NT	x35.12	
8	Moore, Clara W	8	Atlantic Coast Athletic Club-VA	35.28	x36.40	
9	Mikkelsen, Logan M	7	Forest Lakes Swim Team-VA	NT	x41.25	

Event 22P Girls 6 & Under 25 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Hernandez, Isabel	6	Forest Lakes Swim Team-VA	NT	33.84
2	Mithqal, Layla	5	Atlantic Coast Athletic Club-VA	NT	45.66
3	Nance, Olive A	6	Atlantic Coast Athletic Club-VA	53.43	48.45
4	Thompson, Evie	5	Atlantic Coast Athletic Club-VA	57.90	x1:07.91
---	Beers, Aria	6	Atlantic Coast Athletic Club-VA	NT	X49.03
---	Nance, Lydia A	5	Atlantic Coast Athletic Club-VA	1:23.31	DQ

Event 23 Boys 9-10 50 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time	Points
1	Khan, Saqib H	10	Atlantic Coast Athletic Club-VA	49.11	47.49	7
2	McMurray, Liam A	9	Forest Lakes Swim Team-VA	NT	47.78	5
3	Paranj, Sam	9	Forest Lakes Swim Team-VA	NT	51.59	4
4	Thompson, Acree M	9	Atlantic Coast Athletic Club-VA	52.93	52.78	3
5	Joseph, Derrick	10	Atlantic Coast Athletic Club-VA	53.61	x53.63	
6	Floyd, Jaxson L	9	Atlantic Coast Athletic Club-VA	1:06.36	x1:11.60	
---	Liang, Albert	10	Atlantic Coast Athletic Club-VA	NT	DQ	

FLST @ ACAC 2022 - 7/6/2022**Results - Wednesday Evening****Event 24 Girls 9-10 50 LC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Vanyo, Vivian R	9	Atlantic Coast Athletic Club-VA	34.80	35.34	7
2	Haas, Adeline G	9	Forest Lakes Swim Team-VA	NT	42.08	5
3	Brooks, Nora W	10	Atlantic Coast Athletic Club-VA	46.33	46.06	4
4	Khan, Sofia N	10	Atlantic Coast Athletic Club-VA	NT	x48.92	
5	Notis, Brooke S	9	Atlantic Coast Athletic Club-VA	58.68	x56.15	
6	Kelly, Jane M	10	Forest Lakes Swim Team-VA	NT	56.71	3
7	Webb, Avery C	10	Atlantic Coast Athletic Club-VA	1:03.15	x1:02.65	
8	Hackworth, Ellee L	9	Atlantic Coast Athletic Club-VA	1:10.96	x1:11.25	

Event 25 Boys 11-12 50 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time	Points
1	Schaar, Gavin J	12	Atlantic Coast Athletic Club-VA	40.02	40.37	7
2	Firth, Judah D	11	Forest Lakes Swim Team-VA	NT	44.12	5
3	Hawker, Conner	12	Forest Lakes Swim Team-VA	NT	45.33	4
4	Haubert, Jacob M	12	Forest Lakes Swim Team-VA	NT	x47.33	
5	Brannock, Nathan A	12	Forest Lakes Swim Team-VA	NT	x48.59	
---	Haas, Owen M	12	Forest Lakes Swim Team-VA	NT	X31.03	
---	Xie, William	12	Forest Lakes Swim Team-VA	NT	X31.31	
---	Kundu, Ishan	11	Forest Lakes Swim Team-VA	NT	X50.32	

Event 26 Girls 11-12 50 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time	Points
1	Chang, Avery M	12	Forest Lakes Swim Team-VA	NT	34.12	7
2	Thompson, Isabelle F	12	Atlantic Coast Athletic Club-VA	33.24	34.40	5
3	Ni, Sarah	12	Forest Lakes Swim Team-VA	NT	36.19	4
4	Harrop-Williams, Elizabeth L	12	Forest Lakes Swim Team-VA	NT	x37.91	
5	Higginbotham, Bryn E	11	Atlantic Coast Athletic Club-VA	38.24	38.38	3
6	Easton, Mattie	11	Forest Lakes Swim Team-VA	NT	x41.07	
7	Spofford, Claire W	12	Forest Lakes Swim Team-VA	NT	x46.15	
8	Singla, Ananya	11	Forest Lakes Swim Team-VA	NT	x46.75	
9	King, Erin C	12	Atlantic Coast Athletic Club-VA	49.27	x47.75	
10	Dunn, Sadie	11	Forest Lakes Swim Team-VA	NT	x48.18	
11	Duval, Claire	11	Forest Lakes Swim Team-VA	NT	x1:07.18	

Event 27 Boys 13-14 50 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time	Points
1	Ding, Aiden C	14	Forest Lakes Swim Team-VA	NT	28.72	7
2	Shue, Eli	14	Forest Lakes Swim Team-VA	NT	31.63	5
3	McMurray, Aidan W	14	Forest Lakes Swim Team-VA	NT	x32.75	
4	Duval, Paul	14	Forest Lakes Swim Team-VA	NT	x37.85	

Event 28 Girls 13-14 50 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time	Points
1	Hoang, Angelina J	14	Forest Lakes Swim Team-VA	NT	29.75	7
2	Curtis, Caroline R	13	Forest Lakes Swim Team-VA	NT	35.05	5
3	Wang, Amy Y	14	Forest Lakes Swim Team-VA	NT	x35.78	
4	Haubert, Madeline G	14	Forest Lakes Swim Team-VA	NT	x36.58	
5	Schneller, Kayla T	13	Atlantic Coast Athletic Club-VA	36.92	40.22	4
---	Vanyo, Sofie N	13	Atlantic Coast Athletic Club-VA	29.52	X29.04	

FLST @ ACAC 2022 - 7/6/2022**Results - Wednesday Evening****Event 29 Boys 15-18 50 LC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Dowd, Val H	15	Atlantic Coast Athletic Club-VA	29.02	29.28	7
2	Thompson, Finn F	16	Atlantic Coast Athletic Club-VA	29.33	29.96	5
3	Chung, Vincent	15	Forest Lakes Swim Team-VA	NT	30.06	4
4	McLaughlin, Sean A	15	Forest Lakes Swim Team-VA	NT	33.19	3

Event 30 Girls 15-18 50 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time	Points
1	Stilley, Meredith A	16	Forest Lakes Swim Team-VA	NT	31.85	7
2	Dunn, Kalli	15	Forest Lakes Swim Team-VA	NT	51.75	5

Event 31 Boys 8 & Under 25 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Lyu, Enoch	8	Forest Lakes Swim Team-VA	NT	40.22	7
2	Felini, Eric A	7	Forest Lakes Swim Team-VA	NT	58.88	5
3	Singla, Arnie	7	Forest Lakes Swim Team-VA	NT	x1:04.03	
---	Hu, Aaron X	7	Forest Lakes Swim Team-VA	NT	DQ	
---	Kelly, Edward L	8	Forest Lakes Swim Team-VA	NT	DQ	
---	Hernandez, Gabriel	8	Forest Lakes Swim Team-VA	NT	DQ	
---	Seek, Benjamin	7	Forest Lakes Swim Team-VA	NT	DQ	

Event 32 Girls 8 & Under 25 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Wilson, Blake	8	Forest Lakes Swim Team-VA	NT	33.72	7
2	Sisman, Josephine	8	Forest Lakes Swim Team-VA	NT	51.35	5
---	Dixon, Henley	7	Forest Lakes Swim Team-VA	NT	DQ	
---	Terlesky, Zoe	7	Forest Lakes Swim Team-VA	NT	DQ	

Event 33 Boys 9-10 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	McMurray, Liam A	9	Forest Lakes Swim Team-VA	NT	1:01.28	7
2	Fricke, Afton B	9	Atlantic Coast Athletic Club-VA	1:12.62	1:12.12	5
3	Felini, Garin J	10	Forest Lakes Swim Team-VA	NT	1:12.44	4
4	Stanford, Harlem A	9	Atlantic Coast Athletic Club-VA	1:10.91	1:12.90	3
5	Escobar, Anders M	9	Forest Lakes Swim Team-VA	NT	x1:23.78	
6	Sisman, Nicholas	10	Forest Lakes Swim Team-VA	NT	x1:33.97	
---	Paranj, Sam	9	Forest Lakes Swim Team-VA	NT	DQ	

Event 34 Girls 9-10 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Thompson, Tess F	10	Atlantic Coast Athletic Club-VA	53.34	53.47	7
2	Brooks, Nora W	10	Atlantic Coast Athletic Club-VA	NT	1:00.91	5
3	Haas, Adeline G	9	Forest Lakes Swim Team-VA	NT	1:01.44	4
4	Firth, Rachel A	9	Forest Lakes Swim Team-VA	NT	1:08.41	3
5	Hackworth, Ellee L	9	Atlantic Coast Athletic Club-VA	NT	x1:10.00	
---	Hawker, Morgan	10	Forest Lakes Swim Team-VA	NT	DQ	

Event 35 Boys 11-12 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Wang, Andrew Y	12	Forest Lakes Swim Team-VA	NT	43.52	7
2	Haas, Owen M	12	Forest Lakes Swim Team-VA	NT	43.96	5
3	Escobar, Christophe A	12	Forest Lakes Swim Team-VA	NT	x47.56	
4	Xie, William	12	Forest Lakes Swim Team-VA	NT	x48.46	
5	Buckner, Olly W	11	Atlantic Coast Athletic Club-VA	48.87	49.03	4

FLST @ ACAC 2022 - 7/6/2022**Results - Wednesday Evening****(Event 35 Boys 11-12 50 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Finals Time	Points
6 Schaar, Gavin J	12	Atlantic Coast Athletic Club-VA	57.07	55.40	3
7 Hawker, Conner	12	Forest Lakes Swim Team-VA	NT	x1:01.59	
8 Brannock, Nathan A	12	Forest Lakes Swim Team-VA	NT	x1:12.96	
--- Kundu, Ishan	11	Forest Lakes Swim Team-VA	NT	X1:06.28	
--- Mikkelsen, Brigham A	12	Forest Lakes Swim Team-VA	NT	DQ	
--- Fu, Rick Q	11	Forest Lakes Swim Team-VA	NT	DQ	

Event 36 Girls 11-12 50 LC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Chang, Avery M	12	Forest Lakes Swim Team-VA	NT	44.45	7
2 Higginbotham, Bryn E	11	Atlantic Coast Athletic Club-VA	50.22	50.19	5
3 Ni, Sarah	12	Forest Lakes Swim Team-VA	NT	50.43	4
4 Harrop-Williams, Elizabeth L	12	Forest Lakes Swim Team-VA	NT	x53.40	
5 Duval, Catherine	12	Forest Lakes Swim Team-VA	NT	x1:02.28	
6 Hudtloff, Savannah C	12	Forest Lakes Swim Team-VA	NT	x1:02.88	
7 Hackworth, Lilee Z	11	Atlantic Coast Athletic Club-VA	1:04.75	1:03.25	3
8 Easton, Mattie	11	Forest Lakes Swim Team-VA	NT	x1:05.31	
--- Dunn, Sadie	11	Forest Lakes Swim Team-VA	NT	DQ	
--- Duval, Claire	11	Forest Lakes Swim Team-VA	NT	DQ	

Event 37 Boys 13-14 50 LC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Sawyer, Bradley O	14	Forest Lakes Swim Team-VA	NT	35.50	7
2 Ding, Aiden C	14	Forest Lakes Swim Team-VA	NT	35.89	5
3 Duval, Paul	14	Forest Lakes Swim Team-VA	NT	x46.47	

Event 38 Girls 13-14 50 LC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Czirjak, Sara E	14	Forest Lakes Swim Team-VA	NT	36.29	7
2 Vanyo, Sofie N	13	Atlantic Coast Athletic Club-VA	38.06	37.50	5
3 Buckner, Addy C	14	Atlantic Coast Athletic Club-VA	44.22	43.66	4
4 Hoang, Angelina J	14	Forest Lakes Swim Team-VA	NT	44.50	3
5 Wang, Amy Y	14	Forest Lakes Swim Team-VA	NT	x48.59	

Event 39 Boys 15-18 50 LC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Thompson, Finn F	16	Atlantic Coast Athletic Club-VA	40.12	41.79	7
2 McLaughlin, Sean A	15	Forest Lakes Swim Team-VA	NT	46.06	5

Event 40 Girls 15-18 50 LC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Czirjak, Eve M	17	Forest Lakes Swim Team-VA	NT	39.09	7
2 Stilley, Meredith A	16	Forest Lakes Swim Team-VA	NT	45.00	5
--- Dunn, Kalli	15	Forest Lakes Swim Team-VA	NT	DQ	

Event 41 Boys 8 & Under 25 LC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Dailey, Max	8	Forest Lakes Swim Team-VA	NT	26.81	7
2 Seek, Benjamin	7	Forest Lakes Swim Team-VA	NT	28.50	5
3 Rankin, Preston P	8	Forest Lakes Swim Team-VA	NT	x31.81	
4 Lyu, Enoch	8	Forest Lakes Swim Team-VA	NT	x33.22	
5 Hernandez, Gabriel	8	Forest Lakes Swim Team-VA	NT	x33.44	
6 King, Dillon P	8	Atlantic Coast Athletic Club-VA	31.18	33.53	4

FLST @ ACAC 2022 - 7/6/2022**Results - Wednesday Evening****(Event 41 Boys 8 & Under 25 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Finals Time	Points
7 Lacy, JP P	7	Atlantic Coast Athletic Club-VA	NT	36.41	3
8 Harpin, Oliver	8	Forest Lakes Swim Team-VA	NT	x37.56	
9 Duval, Nicholas	7	Forest Lakes Swim Team-VA	NT	x47.62	
10 Horsley, Benjamin	7	Forest Lakes Swim Team-VA	NT	x49.41	
11 Nelson, Garnet T	7	Atlantic Coast Athletic Club-VA	40.63	x50.44	
12 Sisman, John	7	Forest Lakes Swim Team-VA	NT	x53.16	

Event 41P Boys 6 & Under 25 LC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Fricke, Cole R	6	Atlantic Coast Athletic Club-VA	37.87	36.65
2 Gruss-Russell, Emerson A	6	Atlantic Coast Athletic Club-VA	1:05.44	1:07.32
--- Sisman, Henry	5	Forest Lakes Swim Team-VA	NT	DQ

Event 42 Girls 8 & Under 25 LC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Wilson, Blake	8	Forest Lakes Swim Team-VA	NT	29.57	7
2 Forman, Olivia	8	Forest Lakes Swim Team-VA	NT	34.00	5
3 Sisman, Josephine	8	Forest Lakes Swim Team-VA	NT	x34.44	
4 Dawkins, Addison H	8	Atlantic Coast Athletic Club-VA	37.43	37.38	4
5 Dixon, Henley	7	Forest Lakes Swim Team-VA	NT	x37.75	
6 Hackworth, Avery T	7	Atlantic Coast Athletic Club-VA	40.84	38.88	3
7 Mikkelsen, Logan M	7	Forest Lakes Swim Team-VA	NT	x42.70	
8 Moore, Clara W	8	Atlantic Coast Athletic Club-VA	47.35	x48.59	
9 Terlesky, Zoe	7	Forest Lakes Swim Team-VA	NT	x1:01.31	

Event 42P Girls 6 & Under 25 LC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Mithqal, Layla	5	Atlantic Coast Athletic Club-VA	NT	38.28
2 Hernandez, Isabel	6	Forest Lakes Swim Team-VA	NT	52.03
3 Thompson, Evie	5	Atlantic Coast Athletic Club-VA	NT	1:22.06
--- Beers, Aria	6	Atlantic Coast Athletic Club-VA	NT	X1:01.16
--- Nance, Olive A	6	Atlantic Coast Athletic Club-VA	37.78	DQ

Event 43 Boys 9-10 50 LC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Xie, Marcus	9	Forest Lakes Swim Team-VA	NT	55.68	7
2 Joseph, Derrick	10	Atlantic Coast Athletic Club-VA	1:03.00	1:01.16	5
3 Felini, Garin J	10	Forest Lakes Swim Team-VA	NT	1:06.28	4
4 Sisman, Nicholas	10	Forest Lakes Swim Team-VA	NT	x1:09.75	
5 Lacy, Brenden B	9	Atlantic Coast Athletic Club-VA	NT	1:11.02	3
6 Stanford, Harlem A	9	Atlantic Coast Athletic Club-VA	1:18.19	x1:16.53	
7 Thompson, Acree M	9	Atlantic Coast Athletic Club-VA	NT	x1:16.60	
8 Escobar, Anders M	9	Forest Lakes Swim Team-VA	NT	x1:16.69	
9 Brannock, Andrew L	9	Forest Lakes Swim Team-VA	NT	x1:17.28	
10 Fricke, Afton B	9	Atlantic Coast Athletic Club-VA	1:18.79	x1:20.09	
11 Floyd, Jaxson L	9	Atlantic Coast Athletic Club-VA	1:20.22	x1:24.75	
--- Liang, Albert	10	Atlantic Coast Athletic Club-VA	NT	DQ	

Event 44 Girls 9-10 50 LC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Thompson, Tess F	10	Atlantic Coast Athletic Club-VA	53.70	53.62	7
2 Haas, Adeline G	9	Forest Lakes Swim Team-VA	NT	57.13	5
3 Kelly, Jane M	10	Forest Lakes Swim Team-VA	NT	1:03.53	4

FLST @ ACAC 2022 - 7/6/2022**Results - Wednesday Evening****(Event 44 Girls 9-10 50 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Finals Time	Points
4 Hawker, Morgan	10	Forest Lakes Swim Team-VA	NT	x1:04.10	
5 Firth, Rachel A	9	Forest Lakes Swim Team-VA	NT	x1:06.62	
6 Webb, Avery C	10	Atlantic Coast Athletic Club-VA	1:24.41	1:10.16	3
7 Hackworth, Ellee L	9	Atlantic Coast Athletic Club-VA	1:23.45	x1:19.50	
8 Duval, Mary-Grace	9	Forest Lakes Swim Team-VA	NT	x1:36.22	
--- Vanyo, Vivian R	9	Atlantic Coast Athletic Club-VA	42.10	X43.88	

Event 45 Boys 11-12 50 LC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Xie, William	12	Forest Lakes Swim Team-VA	NT	39.85	7
2 Haas, Owen M	12	Forest Lakes Swim Team-VA	NT	40.03	5
3 Wang, Andrew Y	12	Forest Lakes Swim Team-VA	NT	x40.87	
4 Escobar, Christophe A	12	Forest Lakes Swim Team-VA	NT	x46.38	
5 Firth, Judah D	11	Forest Lakes Swim Team-VA	NT	x1:01.90	
6 Haubert, Jacob M	12	Forest Lakes Swim Team-VA	NT	x1:04.41	
7 Mikkelsen, Brigham A	12	Forest Lakes Swim Team-VA	NT	x1:08.40	

Event 46 Girls 11-12 50 LC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Ni, Sarah	12	Forest Lakes Swim Team-VA	NT	44.50	7
2 Higginbotham, Bryn E	11	Atlantic Coast Athletic Club-VA	46.57	46.59	5
3 Easton, Mattie	11	Forest Lakes Swim Team-VA	NT	47.91	4
4 Hudtloff, Savannah C	12	Forest Lakes Swim Team-VA	NT	x51.47	
5 Spofford, Claire W	12	Forest Lakes Swim Team-VA	NT	x54.28	
6 Singla, Ananya	11	Forest Lakes Swim Team-VA	NT	x54.46	
7 Curtis, Olivia G	12	Forest Lakes Swim Team-VA	NT	x56.97	
8 King, Erin C	12	Atlantic Coast Athletic Club-VA	55.13	1:04.09	3
9 Duval, Catherine	12	Forest Lakes Swim Team-VA	NT	x1:05.06	
10 Dunn, Sadie	11	Forest Lakes Swim Team-VA	NT	x1:22.06	

Event 47 Boys 13-14 50 LC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Sawyer, Bradley O	14	Forest Lakes Swim Team-VA	NT	33.37	7
2 Shue, Eli	14	Forest Lakes Swim Team-VA	NT	38.34	5
3 McMurray, Aidan W	14	Forest Lakes Swim Team-VA	NT	x39.53	
4 Duval, Paul	14	Forest Lakes Swim Team-VA	NT	x46.94	

Event 48 Girls 13-14 50 LC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
*1 Czirjak, Sara E	14	Forest Lakes Swim Team-VA	NT	34.50	6
*1 Vanyo, Sofie N	13	Atlantic Coast Athletic Club-VA	33.35	34.50	6
3 Curtis, Caroline R	13	Forest Lakes Swim Team-VA	NT	44.37	4
4 Haubert, Madeline G	14	Forest Lakes Swim Team-VA	NT	x51.06	
5 Schneller, Kayla T	13	Atlantic Coast Athletic Club-VA	50.39	53.03	3

Event 49 Boys 15-18 50 LC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Chung, Vincent	15	Forest Lakes Swim Team-VA	NT	39.19	7
2 Thompson, Finn F	16	Atlantic Coast Athletic Club-VA	NT	41.72	5

Event 50 Girls 15-18 50 LC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Dunn, Kalli	15	Forest Lakes Swim Team-VA	NT	1:03.19	7

FLST @ ACAC 2022 - 7/6/2022**Results - Wednesday Evening****Event 51 Boys 8 & Under 25 LC Meter Butterfly**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Kelly, Edward L	8	Forest Lakes Swim Team-VA	NT	34.47	7
2	Rapp, Owen R	8	Forest Lakes Swim Team-VA	NT	35.28	5
3	Hu, Aaron X	7	Forest Lakes Swim Team-VA	NT	x45.93	
---	Rankin, Preston P	8	Forest Lakes Swim Team-VA	NT	DQ	
---	Sisman, John	7	Forest Lakes Swim Team-VA	NT	DQ	

Event 52 Girls 8 & Under 25 LC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time	Points
1	Bennett, Rose H	8	Forest Lakes Swim Team-VA	NT	31.34	7
2	Forman, Olivia	8	Forest Lakes Swim Team-VA	NT	35.78	5
---	Duval, Margaret	7	Forest Lakes Swim Team-VA	NT	DQ	
---	Hackworth, Avery T	7	Atlantic Coast Athletic Club-VA	55.75	DQ	

Event 53 Boys 9-10 50 LC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time	Points
1	Lacy, Brenden B	9	Atlantic Coast Athletic Club-VA	NT	1:04.79	7
2	Xie, Marcus	9	Forest Lakes Swim Team-VA	NT	1:07.51	5
3	Felini, Garin J	10	Forest Lakes Swim Team-VA	NT	1:07.63	4
4	Paranj, Sam	9	Forest Lakes Swim Team-VA	NT	x1:08.16	
5	McMurray, Liam A	9	Forest Lakes Swim Team-VA	NT	x1:12.50	
6	Thompson, Acree M	9	Atlantic Coast Athletic Club-VA	1:08.36	1:17.19	3
---	Sisman, Nicholas	10	Forest Lakes Swim Team-VA	NT	DQ	
---	Floyd, Jaxson L	9	Atlantic Coast Athletic Club-VA	NT	DQ	
---	Brannock, Andrew L	9	Forest Lakes Swim Team-VA	NT	DQ	

Event 54 Girls 9-10 50 LC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time	Points
1	Vanyo, Vivian R	9	Atlantic Coast Athletic Club-VA	37.86	42.31	7
2	Brooks, Nora W	10	Atlantic Coast Athletic Club-VA	NT	1:13.22	5
3	Firth, Rachel A	9	Forest Lakes Swim Team-VA	NT	1:16.56	4
4	Notis, Brooke S	9	Atlantic Coast Athletic Club-VA	NT	x1:16.90	
---	Hawker, Morgan	10	Forest Lakes Swim Team-VA	NT	DQ	
---	Duval, Mary-Grace	9	Forest Lakes Swim Team-VA	NT	DQ	

Event 55 Boys 11-12 50 LC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time	Points
1	Buckner, Olly W	11	Atlantic Coast Athletic Club-VA	43.01	42.50	7
2	Haas, Owen M	12	Forest Lakes Swim Team-VA	NT	42.56	5
3	Schaar, Gavin J	12	Atlantic Coast Athletic Club-VA	NT	49.31	4
4	Fu, Rick Q	11	Forest Lakes Swim Team-VA	NT	51.40	3
5	Haubert, Jacob M	12	Forest Lakes Swim Team-VA	NT	x51.75	
6	Hawker, Conner	12	Forest Lakes Swim Team-VA	NT	x57.22	
7	Brannock, Nathan A	12	Forest Lakes Swim Team-VA	NT	x1:16.91	
---	Mikkelsen, Brigham A	12	Forest Lakes Swim Team-VA	NT	DQ	
---	Firth, Judah D	11	Forest Lakes Swim Team-VA	NT	DQ	

Event 56 Girls 11-12 50 LC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time	Points
1	Chang, Avery M	12	Forest Lakes Swim Team-VA	NT	38.96	7
2	Thompson, Isabelle F	12	Atlantic Coast Athletic Club-VA	40.39	43.97	5
3	Harrop-Williams, Elizabeth L	12	Forest Lakes Swim Team-VA	NT	47.56	4
4	Spofford, Claire W	12	Forest Lakes Swim Team-VA	NT	x58.53	

FLST @ ACAC 2022 - 7/6/2022**Results - Wednesday Evening****(Event 56 Girls 11-12 50 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time	Points
5 Singla, Ananya	11	Forest Lakes Swim Team-VA	NT	x1:00.16	
6 Curtis, Olivia G	12	Forest Lakes Swim Team-VA	NT	x1:02.66	
7 Duval, Catherine	12	Forest Lakes Swim Team-VA	NT	x1:06.94	
8 Hackworth, Lilee Z	11	Atlantic Coast Athletic Club-VA	1:02.95	1:07.22	3

Event 57 Boys 13-14 50 LC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 Sawyer, Bradley O	14	Forest Lakes Swim Team-VA	NT	30.52	7
2 Shue, Eli	14	Forest Lakes Swim Team-VA	NT	37.50	5

Event 58 Girls 13-14 50 LC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 Czirjak, Sara E	14	Forest Lakes Swim Team-VA	NT	34.90	7
2 Wang, Amy Y	14	Forest Lakes Swim Team-VA	NT	37.81	5
3 Buckner, Addy C	14	Atlantic Coast Athletic Club-VA	38.61	38.28	4
4 Haubert, Madeline G	14	Forest Lakes Swim Team-VA	NT	x46.34	
5 Schnellier, Kayla T	13	Atlantic Coast Athletic Club-VA	NT	50.22	3

Event 59 Boys 15-18 50 LC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 Dowd, Val H	15	Atlantic Coast Athletic Club-VA	31.92	31.53	7
2 McLaughlin, Sean A	15	Forest Lakes Swim Team-VA	NT	42.53	5

Event 60 Girls 15-18 50 LC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time	Points
1 Czirjak, Eve M	17	Forest Lakes Swim Team-VA	NT	35.25	7
2 Stilley, Meredith A	16	Forest Lakes Swim Team-VA	NT	38.35	5

Event 61 Boys 8 & Under 50 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Dailey, Max	8	Forest Lakes Swim Team-VA	NT	51.03	7
2 Rapp, Owen R	8	Forest Lakes Swim Team-VA	NT	54.88	5
3 Seek, Benjamin	7	Forest Lakes Swim Team-VA	NT	x1:06.34	
4 Lacy, JP P	7	Atlantic Coast Athletic Club-VA	NT	1:12.28	4
5 Fricke, Cole R	6	Atlantic Coast Athletic Club-VA	NT	1:15.85	3
6 Lyu, Enoch	8	Forest Lakes Swim Team-VA	NT	x1:23.28	
7 Harpin, Oliver	8	Forest Lakes Swim Team-VA	NT	x1:24.00	
8 Nelson, Garnet T	7	Atlantic Coast Athletic Club-VA	NT	x1:27.23	
9 Felini, Eric A	7	Forest Lakes Swim Team-VA	NT	x1:46.53	
10 Singla, Arnie	7	Forest Lakes Swim Team-VA	NT	x1:48.92	
11 Horsley, Benjamin	7	Forest Lakes Swim Team-VA	NT	x1:55.12	
--- King, Dillon P	8	Atlantic Coast Athletic Club-VA	1:14.39	DQ	

Event 62 Girls 8 & Under 50 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Bennett, Rose H	8	Forest Lakes Swim Team-VA	NT	57.56	7
2 Wilson, Blake	8	Forest Lakes Swim Team-VA	NT	1:06.47	5
3 Moore, Clara W	8	Atlantic Coast Athletic Club-VA	1:28.15	1:23.94	4
4 Dawkins, Addison H	8	Atlantic Coast Athletic Club-VA	NT	1:32.09	3
5 Duval, Margaret	7	Forest Lakes Swim Team-VA	NT	x1:34.51	
6 Mikkelsen, Logan M	7	Forest Lakes Swim Team-VA	NT	x1:46.44	
7 Terlesky, Zoe	7	Forest Lakes Swim Team-VA	NT	x2:25.12	

FLST @ ACAC 2022 - 7/6/2022**Results - Wednesday Evening****Event 63 Boys 9-10 100 LC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Xie, Marcus	9	Forest Lakes Swim Team-VA	NT	1:53.53	7
2	Lacy, Brenden B	9	Atlantic Coast Athletic Club-VA	NT	1:56.47	5
3	Joseph, Derrick	10	Atlantic Coast Athletic Club-VA	NT	2:06.53	4
4	Fricke, Afton B	9	Atlantic Coast Athletic Club-VA	NT	x2:07.75	
5	Brannock, Andrew L	9	Forest Lakes Swim Team-VA	NT	2:22.44	3
6	Escobar, Anders M	9	Forest Lakes Swim Team-VA	NT	x2:27.62	
7	Stanford, Harlem A	9	Atlantic Coast Athletic Club-VA	NT	x2:29.72	

Event 64 Girls 9-10 100 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time	Points
1	Vanyo, Vivian R	9	Atlantic Coast Athletic Club-VA	1:18.35	1:21.47	7
2	Thompson, Tess F	10	Atlantic Coast Athletic Club-VA	1:33.17	1:35.13	5
3	Kelly, Jane M	10	Forest Lakes Swim Team-VA	NT	2:06.93	4
4	Notis, Brooke S	9	Atlantic Coast Athletic Club-VA	NT	x2:22.72	
5	Duval, Mary-Grace	9	Forest Lakes Swim Team-VA	NT	3:13.62	3

Event 65 Boys 11-12 100 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time	Points
1	Xie, William	12	Forest Lakes Swim Team-VA	NT	1:12.94	7
2	Wang, Andrew Y	12	Forest Lakes Swim Team-VA	NT	1:13.75	5
3	Escobar, Christophe A	12	Forest Lakes Swim Team-VA	NT	x1:24.22	
4	Buckner, Olly W	11	Atlantic Coast Athletic Club-VA	1:28.32	1:27.15	4
5	Fu, Rick Q	11	Forest Lakes Swim Team-VA	NT	x1:27.53	

Event 66 Girls 11-12 100 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time	Points
1	Thompson, Isabelle F	12	Atlantic Coast Athletic Club-VA	1:16.00	1:20.19	7
2	Curtis, Olivia G	12	Forest Lakes Swim Team-VA	NT	1:40.69	5
3	Hudtloff, Savannah C	12	Forest Lakes Swim Team-VA	NT	1:45.43	4
4	Hackworth, Lilee Z	11	Atlantic Coast Athletic Club-VA	NT	1:51.68	3
5	King, Erin C	12	Atlantic Coast Athletic Club-VA	1:58.85	x2:08.47	
6	Duval, Claire	11	Forest Lakes Swim Team-VA	NT	x2:30.53	
---	Easton, Mattie	11	Forest Lakes Swim Team-VA	NT	X1:37.18	

Event 67 Boys 13-14 100 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time	Points
1	Ding, Aiden C	14	Forest Lakes Swim Team-VA	NT	1:02.40	7

Event 68 Girls 13-14 100 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time	Points
1	Vanyo, Sofie N	13	Atlantic Coast Athletic Club-VA	1:02.66	1:01.94	7
2	Hoang, Angelina J	14	Forest Lakes Swim Team-VA	NT	1:06.62	5
*3	Curtis, Caroline R	13	Forest Lakes Swim Team-VA	NT	1:18.03	3.50
*3	Buckner, Addy C	14	Atlantic Coast Athletic Club-VA	1:17.35	1:18.03	3.50

Event 69 Boys 15-18 100 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time	Points
1	Dowd, Val H	15	Atlantic Coast Athletic Club-VA	1:02.32	1:03.31	7
2	Chung, Vincent	15	Forest Lakes Swim Team-VA	NT	1:10.75	5

Combined Team Scores

Combined Team Scores - Through Event 70

FLST @ ACAC 2022 - 7/6/2022

Results - Wednesday Evening

(Combined Team Scores)

1. Forest Lakes Swim Team

555.5

2. Atlantic Coast Athletic Club

322.5