

Junior Champs Saturday Warmup Lane Assignments

8 and under session – Morning 7:45am-8:45am

Team	First 7:45am- 8:00am	Second 8:00am- 8:15am	Third 8:15am- 8:30am	Fourth 8:30am- 8:45am	Team
ACAC		1, 2, 3			ACAC
BHSC	5, 6, 7, 8				BHSC
CCC				1	CCC
CGST	1, 2, 3, 4				CGST
ELKS			1		ELKS
FCC			2, 3		FCC
FLST			4		FLST
FSBC		4, 5, 6			FSBC
FV		7, 8			FV
GCC			5, 6		GCC
GHG				2	GHG
HM			7, 8		HM
KWC				3	KWC
LG				4	LG
LMST				5, 6, 7	LMST

-Lane 8 will be open during the fourth session for one way starts

9-10 session – Afternoon 12:30-1:15pm

NOTE: Afternoon warmups will start exactly 45 minutes after the end of the morning session or at 12:30pm, whichever is earlier

Team	First 12:30pm- 12:45pm	Second 12:45pm- 1:00pm	Third 1:00pm- 1:15pm	Team
ACAC		1, 2		ACAC
BHSC	1, 2, 3			BHSC
CCC			1	CCC
CGST	5, 6, 7			CGST
ELKS			2**	ELKS
FCC	4*			FCC
FLST	8			FLST
FSBC		6, 7, 8		FSBC
FV		3, 4		FV
GCC		5		GCC
GHG			3	GHG
HM			4, 5	HM
KWC			2**	KWC
LG			6, 7, 8**	LG
LMST			6, 7, 8**	LMST

*May share lanes with BHSC as needed

**Lanes will be shared

11-12 session – Evening session 5:30-6:30pm

NOTE: Evening warmups will start exactly 45 minutes after the end of the afternoon session or at 5:30pm, whichever is earlier

Team	First 5:30pm-5:50pm	Second 5:50pm- 6:10pm	Third 6:10pm- 6:30pm	Team
ACAC		1, 2, 3		ACAC
BHSC	1, 2, 3**			BHSC
CCC			1	CCC
CGST	4, 5, 6			CGST
ELKS				ELKS
FCC	1, 2, 3**			FCC
FLST	7, 8			FLST
FSBC		5, 6		FSBC
FV		4		FV
GCC		7, 8		GCC
GHG			2	GHG
HM			3, 4	HM
KWC			5	KWC
LG			6	LG
LMST			7, 8	LMST

**Lanes will be shared