

# A Not So Brief History of the **JEFFERSON SWIM LEAGUE**



**2023 Update**  
(January 5, 2024)

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NEW!

Revised!

Revised!  
Revised!

## PREFACE

The early history of the Jefferson Swim League was recorded by Jim Bear and it was his work which served as the inspiration for this sequel originally written in 1992. During the 1992 expansion of the League, it was thought that 1992 was the 25th Anniversary of the League. This was based on a statement in Jim's history that the JSL started in 1967. However, more recent information established the first year of the JSL as 1966. Thus, we celebrated the 50<sup>th</sup> Anniversary in 2016 (completing our 51<sup>st</sup> season and Championship).

Jim's "Competitive Swimming in Charlottesville-Albemarle County" was written about 1972 and recorded the beginnings of competitive swimming in this area as well as the first five or six years of the League. Some of the information on the next page was taken with permission (and great appreciation) from his original article. The years 1973 to present have been researched by your current author using minutes, memos, newspaper articles, and records which have been passed down from President to President. The information from some years is missing, incomplete, or often not clear, so that it is possible that certain important names and events have been omitted.

## INTRODUCTION

The Jefferson Swim League (JSL) was originally formed in 1966 with five teams and serves as the summer swim league for the Central Virginia area. At its peak it consisted of eighteen teams with about 2,700 to 2,800 swimmers. It is recognized as one of the most organized and financially stable children's sports organizations in the area and has enjoyed tremendous growth and support over its history. The secret to its success can be attributed to the many parent volunteers who work tirelessly on the Board, at the many swim meets during the summer, and behind the scenes throughout the year, with a simple goal in mind - "Bylaw Number One":

***"The purpose of this Board is to ensure a summer age group swimming program in the Central Virginia area and to provide a maximum opportunity for the greatest number to participate."***

## ORGANIZATION

The JSL is governed by a Board consisting of five officers and a representative from each member team. In addition, numerous advisors and consultants lend their talents to the Board on a regular basis. Each representative has one vote with ties being broken by the President. Other than this one exception, neither the officers nor the consultants have a vote on the Board so that all teams have equal representation, regardless of size. The Board normally meets once a month from February to September (except August) to conduct the business of the League, set schedules, and plan for the end-of-season Championship. JSL sanctioned swim meets are governed by JSL Bylaws and Rules and Regulations and procedures as well as USA Swimming Rules and Regulations.

## **BEFORE JEFFERSON SWIM LEAGUE**

Jim wrote that "Children have been swimming in this community long before Thomas Jefferson took his first dip in the Rivanna River." However, competitive swimming began about 1960 when Barbara Westmoreland organized the area's first team at Fry's Spring Beach Club under the direction of Russell Dettor. Miss Westmoreland coached Fry's Spring to an undefeated season but had to give up coaching in 1962 to concentrate on her studies. Her successor, Ralph Law, was a first year coach of the University of Virginia Swim Team and was destined to make his mark on local swimming.

Coach Law organized the area's first league, the Piedmont Swim League, which was composed of Fry's Spring, the Crozet Premiers, Country Town Swim Club of Orange, Louisa, and Madison. Fry's Spring generally dominated the League, but received stiff competition from Crozet and Orange. Coach Law left Fry's Spring and joined the newly organized Fairview Swim Club as its pool manager. His retirement as coach was short-lived, as he soon organized a team in 1965 at the new club. Fry's Spring and Fairview started a competitive rivalry which continued for years.

## **JEFFERSON SWIM LEAGUE EARLY YEARS**

The Jefferson Swim League replaced the defunct Piedmont League in 1966. A newspaper article of the first Championship, held on August 17, 1966, mentions Fairview (FV), Village Club of Crozet (VCC), Orange Country Town (OCT) and Keswick Club of Virginia (KCV) with the FV "Tankers" listed as the winner. The most surprising recent discovery was that the FV Coach, Ralph Law, also served as the Meet Director! The 1967 Championship (on 8-9-1967) article lists FV as the winner, followed by VCC, Waynesboro Y (WY), and KCV. The 1968 (8-14-1968) results list FV as the winner followed by Fry's Spring Beach Club (FSBC), VCC, Farmington Country Club (FCC), WY, and KCV. In 1969 (8-13-1969), the results list FV, FCC, FSBC, VCC, WY, and KCV. The 1970 (8-12-1970) order of finish was FV, FCC, FSBC, KCV, VCC, and OCT. In 1971 Orange left the League, but Boars Head Swim and Racquet Club (later renamed as Boars Head Sports Club, BHSC) and Four Seasons Swim and Racquet Club (4S) joined resulting in the following Championship (8-11-1971) order of finish: FCC, FV, KCV, 4S, FSBC, VCC, and BHSC. Unfortunately, Keswick left the League in 1972. It must be noted that one of the League's longest standing records (33 years) was set in 1972 by Jim Umbdenstock (FSBC) in the 13-14 Boys 50 yard Butterfly at 25.00 seconds and finally broken in 2005. The Championship scores for 1972 were not published, but FV was the winner. The order of finish in 1973 was 4S, FV, FCC, FSBC, BHSC, VCC, Greene Hills Gators (GHG), and OCT.

At that time the League was tailored to give summer swimmers a chance to compete on a reasonably equal basis with the more serious swimmers. The meets were held during the week to avoid AAU conflicts, and no event went past 50 yards or meters. Age groups were patterned after the AAU's plan that ranged from 8-and-unders to the 17 year olds. About 500 swimmers were involved in the League at that time.

The Championship meets were held at member pools (frequently FV) on Wednesday nights. As noted above, the first five Championships were won by Fairview before being edged out by Farmington by 9 points in 1971. Fairview recaptured the Championship in 1972.

The 2016 season was the 50<sup>th</sup> Anniversary of the JSL and it was completed with the usual spirit, enthusiasm, and good sportsmanship which have characterized this League throughout its history. We look forward to many more anniversaries!

Good Swimming to All !!



Bob Garland, Jr.  
June, 2021

# BEFORE THE JSL WAS FORMED

## Fairview's Very First Swim Meet (8-2-1965) and the Results



### Fairview Opens Swimming Season

The swimmers above will represent Fairview Swim Club tonight (at 6 o'clock when the club opens its swimming season with a meet at Orange's Country-Town Swim Club. Members of the team are: first row, left to right, Virginia Barksdale, Steve Bowen, Charles Dillard, Noamie Busch, Bruce Gourley, Michele St. Ours and Barbara

Barksdale; second row, Alan Gourley, Steve Busch, Steve Beaulieu, Cathy Busch, Joe Busch, Mike Barksdale, Greg St. Ours, Terry Lederman and David Gourley; third row, Larry Johnson, John Green, Teddy Lederman, Doug St. Ours, Toni Towler, Teresa Booker and Robin Gourley. The team is coached by Ralph Law.

Progress photo by Washburn

The Daily Progress

Monday Afternoon, August 2, 1965

(Thanks to Sam Towler for these much improved copies of the original articles.)

## Orange Wins Swimming Meet With Fairview

ORANGE — Fairview Swim Club opened its summer swimming season here yesterday and found the opposition swift as Orange's Country - Town Swim Team downed the visiting Fairview swimmers, 70-30, in a dual freestyle meet.

Orange had only a slim 12-point lead — 42-30 — going into the four 200-yard mixed med-

The Daily Progress

Tuesday Afternoon, August 3, 1965

## An Early Meet Between Crozet and Fairview Before JSL was Formed

# Crozet Nips Fairview In Swimming Meet

**CROZET** — Crozet Swim Team won two of four relays after splitting eight individual events and nipped Fairview Swim Club here last night in a dual meet, 56-44.

that determined the meet outcome. A Fairview victory in that relay, would have given Fairview a 51-49 meet victory. All individual events were 50 meters with the relays being 200 meters.

try, Sherry Wesner, Terry Pollock, Ricky Pharr). 3:15.2.

Juniors — Crozet (Debbie Drumheller, Larry Kent, Bert Horrocks, Ginny Patterson). 2:34.6.

Intermediates — Fairview (Betsy...

The Daily Progress Tuesday Afternoon, August 10, 1965

# BEFORE THE JSL WAS FORMED

This news article reports an early “triangular swimming meet”.



The Daily Progress Tuesday Afternoon, August 17, 1965

The Boars Head Club was a small club located within the Boars Head Inn. The Club existed prior to the Boars Head Swim and Racquet Club facility being built. That name was later changed to the Boars Head Sports Club (BHSC).

## Swim Meet Set At Boar's Head

The Boar's Head Club will hold a competitive swimming meet and water ballet exhibition tomorrow at the inn at 2:30 p.m.

There will be 10 competitive events for girls and 11 for boys with only those eligible who belong to the club or are their guests. There will be freestyle, backstroke and breaststroke races in five divisions—6-and-under, 7-8, 9-10, 11-13, and 14-and-over. There will also be diving in two classes, 10-and-under and over 10.

Stanley Hughes of Richmond will be the starter.

Anyone wishing to enter can sign up at the pool.

Trinkle Jones, Jean Jones and Susan Milius will present a water ballet entitled "Lazy bones."

Their coach, Mrs. Linda Eddy of Charlottesville, will also give a performance in synchronized swimming. Mrs. Eddy has won international titles in water ballet contests in Japan and Spain and has made appearances for the U.S. State Department at the Brussels' World Fair and in Mexico and Israel.

The Daily Progress  
Saturday Afternoon, August 28, 1965

## Swimming Meet Held at Inn

Bruce Gibson and Jamie Gibson were triple winners yesterday as the Boar's Head Inn had a members' and guests' swimming meet.

Bruce Gibson took first places in the 9-10 year old girls freestyle, backstroke and breaststroke. Jamie Gibson took firsts in two freestyle races and in the backstroke for 11-12 year olds.

There were two double winners, Betsy Wood won the freestyle and diving for girls 11-13 years old. Whitney Wood was a winner in the boys 9-10 year old diving and freestyle.

Trinkle Jones, Jeannie Jones and Susan Milius gave water ballet exhibitions.

Other winners were Lisa Dulany, freestyle, 6-and-under; Mike Barksdale, boys' breaststroke, 7-8 years old; Nancy Caperton, diving, 10-and-under; John Hoy, 7-8 years old; Nancy Echols, freestyle; and Eleanor McGruder, freestyle, girls 14-and-over.

The Daily Progress  
Monday Afternoon, August 30, 1965

# THE EARLY YEARS OF JSL

## The First JSL Championship Swim Meet !

Held at Fairview on Wednesday, August 17, 1966  
(Long-Time JSL Treasurer, Jeff North, Front and Center Below)



### Winning Team Trophy

Fairview Swim Club coach Ralph Law accepts the winning team trophy from Mrs. Griswold Askew of the Keswick Club after his team had won the Jef-

erson Swim League championship last night. Members of the Fairview team are in background.

Progress photo by Stewart

## Fairview Tankers Take Jefferson League Title

Fairview Swim Club piled up 38 firsts to capture the Jefferson League Swim Championships at the Fairview pool yesterday.

Coach Ralph Law's tankers rolled up 557½ points to easily outdistance runnerup Village Club of Crozet, which had 270. Keswick Club of Virginia was third with 147 while Country-Town of Orange had 126½ points.

Triple winners for Fairview included Gary North, Joy Moore, Toni Towler, Julia Kegley and Mary Jane Shoemaker. Others taking first in three events were Larry Kent of Vil-

(F); 2, D. Deaver (F); 3, S. Moore (F). 49.9.

Senior Boys — 1, L. Sanford (CT) and B. Brockman (CT) (tie); 2, B. Phillips (VC). 31.9.

Senior Girls — 1, J. Camper (CT); 2, B. Nalley (F); 3, D. Tomlin (VC). 41.4.

### BACKSTROKE

Mite Boys — 1, J. Kegley (F); 2, K. Kelly (F); 3, J. Moore (F). 22.9.

Mite Girls — 1, M. J. Shoemaker (F); 2, L. Cook (VC); 3, K. Bain (VC). 25.7.

Midget Boys — 1, J. North (F); 2, S. VanFosson (VC); 3, J. Scott (F). 56.3.

Midget Girls — 1, J. Kegley

(F). 26.3.

Mite Girls — 1, B. Towler (F); 2, D. St. Ours (F); 3, M. Gentry (VC). 27.3.

Midget Boys — 1, E. Rosenkranz (F); 2, A. Gourley (F); 3, J. Shumate. 50.4.

Midget Girls — 1, C. Cousins (K); 2, A. Jaeger (K); 3, M. St. Ours. 52.8.

Junior Boys — 1, M. Felice (F); 2, K. Rosenkranz (F); 3, F. Harlan (F). 48.9.

Junior Girls — 1, M. Cousins (K); 2, V. Barksdale (F); 3, J. Phillips (VC). 45.0.

Inter. Boys — 1, T. Jenkins (VC); 2, D. Brockman (CT); 3, E. Nalley (F). 41.2.

THE DAILY PROGRESS, Thursday Afternoon, August 18, 1966

(Thanks to Sam Towler for this much improved copy of the original article.)

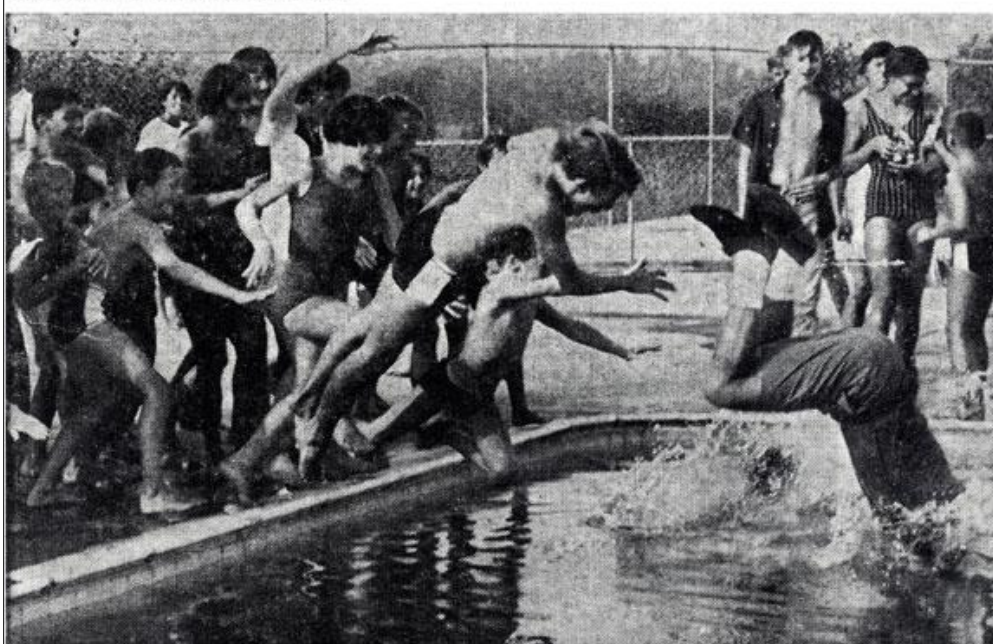
# THE EARLY YEARS OF JSL

Part of the 1966 Fairview Team (JSL Treasurer, Jeff North, 4<sup>th</sup> from left)



## The 1968 Championship Winners Celebrate.

Thursday Afternoon, August 15, 1968



### *Dunking For Winner*

Only part of Coach Ralph Law (right) is visible as he heads into the drink after receiving the traditional winner's dunking from members of his Fair-

view Swim Club team which captured the Jefferson Swim League championship yesterday. The meet was held in the Fairview pool.

THE DAILY PROGRESS, Thursday Afternoon, August 15, 1968

# ***THE EARLY YEARS OF JSL***

Trophy Winners from the 1968 Championship



## ***The Trophy Winners***

These were the individuals who won trophies yesterday for outstanding performances in the Jefferson Swim League's championship meet. In front are, from left; Chuck Kent of Crozet, Kathy Umdenstock and Gary North of Fry's Spring and Joy Moore,

Jim May and Julia Kegley of Fairview. Back row: Jim Umdenstock of Fry's Spring and Kathy Middleditch, Mary Beth McVey, Terry Medlin and Charlie DiFazio of Fairview. Miss McVey, Fairview's captain, holds the team trophy.

The Daily Progress Thursday Afternoon, August 15, 1968

# THE EARLY YEARS OF JSL



Progress Photo by Bob Wimer

## Jefferson Leaguers

Five swimmers who will participate in tomorrow's Jefferson League meet at Fairview Pool get together to talk over prospects. From left are: Jeanne Ziegler (Village Club), Forest Floyd

(Waynesboro YMCA), Kathy Umndenstock (Fry's Spring), Adam Bear (Farmington Country Club) and Brendan McCarthy (Fairview). The meet is to start at 1:30.

## Fairview Host To Jefferson Meet

Fairview Swim Club seeks to win its fourth straight Jefferson Swim League championship tomorrow when the title meet gets underway at 1:30 at its own pool.

Some 68 events are on the program as Coach Ralph Law seeks to add the meet title to Fairview's regular season championship this year.

The events include medley relays, butterflies, backstrokes, breaststrokes, crawl, individual medley and freestyle with relay events. Relays are 200 meters, 100 meters for mites (8-and-under). A trophy will be given to the high scorer in each age group, boy and girl, along with

the team trophy. Leading challengers to Fairview were expected to be Farmington and Fry's Spring. Other competitors entered are Waynesboro YMCA, Village Club of Crozet and Keswick.

Outstanding entries include: Mite boys — Brendan McCarthy, Fairview and Gordon Hahn, Waynesboro; Mite girls — Sarah Finnegan, Fairview and Megan Kelley, Keswick; Midget Boys — Monty Hill, Farmington, Charles DiFazio, Fairview and David Cooke, Fairview; Midget Girls — Diane Stancil, Fry's Spring, Sarah Sullivan, Farmington, Lisa Delaney, Farmington, Jill Townsend, Fairview and Becky Jones, Waynesboro.

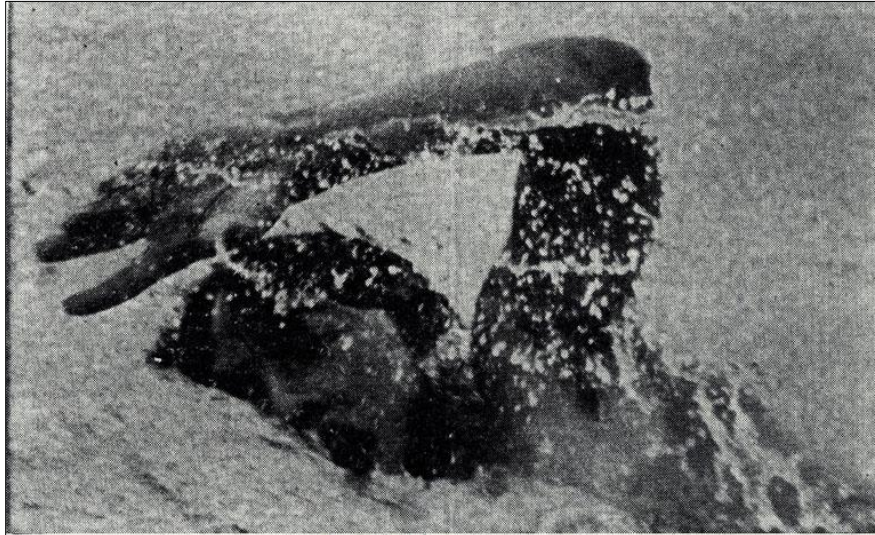
Magnuson, Fairview; Intermediate Girls—Forest Floyd, Waynesboro and Julia Kegley, Fairview; Senior Boys—Gary North, Fry's Spring, Tom

Blosser and Mike Hahn, Waynesboro; Senior Girls—Kathy Umndenstock, Fry's Spring.

The Daily Progress Tuesday Afternoon, August 12, 1969

# THE EARLY YEARS OF JSL

A Fry's Spring Swimmer at the 1968 Championship



## Individual Standout

Gary North of Fry's Spring is en route to victory in the Intermediate Boys freestyle, one of five events he won in yesterday's Jefferson Swim League meet. Despite North's outstanding performance, host Fairview took the team title with 687 points compared to

421 for Fry's Spring. Trailing the top two were Village Club of Crozet (275), Farmington (233), Waynesboro (145) and Keswick Club of Virginia with 55 points.

The Daily Progress Thursday Afternoon, August 15, 1968

1980 Championship High Point Award Winners



Progress Photo by Ken Higgins

## Jefferson Swim League Champs

The Jefferson Swim League held its annual championship meet Saturday at the University Hall Natatorium and pictured above are the swimmers who earned the most points in their respective age groups after being awarded Jefferson Cups for their effort. From left to

right, front row: D.J. Bickers, Kelly Jones, Karen Kelley. Back row: Katie Kilburg, Ginny Griffith, Sharon Dulany, Steve Morris, Eric Wellons, Pat Difazio, and Chris Taylor. Not pictured is Jackie Case.

The Daily Progress August 10, 1980

### **1973 SEASON**

In 1973 the League was composed of Boars Head, Fairview, Farmington, Four Seasons, Fry's Spring, Village Club of Crozet, Greene Hills, and Orange Country-Town. It appears that this was the first year that the Championship was held at Onesty Hall rather than at a League member pool. The League spent \$574.06 during the summer for printing and awards and had about 600 swimmers. The checking account balance varied from a high of \$531.00 to a low of \$17.94. The Championship was won by Four Seasons on August 15<sup>th</sup>.

### **1974 SEASON**

During 1974 the Waynesboro YMCA rejoined the League after being absent for 4 years. The League's President was Dr. Jerry Mandell and the Secretary-Treasurer was Elna Kirkland. The clubs were asked to consider including 18 year old swimmers in the League, but the suggestion was not adopted. Each club was requested to give an additional \$10.00 to meet the expenses of the Championship. Swimmers were limited to 3 individual events and two relays in the Championship and scoring was through eighth place. Each club was to provide four timers, four judges, and three table workers for the Championship (those were the days!). Total League expenses rose to \$1,028.26 for the season. The registration fee was \$2.00 per swimmer and FV won the Championship held on August 15<sup>th</sup> (a Thursday).

### **1975 SEASON**

Wally Downs presided over the 1975 season and Elna Kirkland continued as Secretary-Treasurer. The 1975 season saw the Charlottesville YMCA joining the League making a total of ten teams and 854 swimmers. Fairview was the largest team. At the July Board meeting a letter was read complaining about Coach Ralph Law's whistling to swimmers during the meet. (Certainly this was not the same Coach Law who helped start the League!) At this time 8 and unders were not disqualified until the Championship. At its September meeting, the Board tabled a request from the Shenandoah Valley Aquatic Club to join the League, but voted favorably to accept a request from Key West (KWC) to join. Suggestions at that meeting included a "B" meet for "B" swimmers and to have younger swimmers swim in the morning of the Championship and the older swimmers in the afternoon. League expenses increased to \$1,279.27 for the year with a \$2.00 fee per swimmer. FV won the Championship held on August 9<sup>th</sup>.

### **1976 SEASON**

The officers for 1976 included Wally Downs as President and Elna Kirkland as Secretary-Treasurer (for the third year!). At its April meeting, the Board approved 3 groups of teams with a trophy to be awarded the top team in each group.

Any of this look familiar?

A) FV	B) FSBC	(C) GHG
4 Seasons	BHSC	Crozet
FCC	W-boro Y	C-ville Y
	Orange	Key West

Key West notified the President that they were unable to get a team together for the 1976 season and would have to drop out. In June the minutes reported a total of ten teams with 888 swimmers. At its July, meeting the Board received a complaint about the way meets were run, and it was suggested that a committee be appointed. Jimmy May, the Fairview coach, pointed out the need for the Stroke-and-Turn Judges to inform the child or coach of a disqualification. He also pointed out the need to have coaches kept from behind the starting blocks. Mechanical stopwatches were borrowed from Keller and George Jewelers for various meets.

At the September Board meeting, Wally stated that the Championship Meet went well and that there was "no damage done to the facility". However the medals did not arrive in time for the meet. Ralph Law felt that the larger teams were at a disadvantage in the Championship because of the limit of three entries per event. He suggested having Divisional Meets during the last week of the season with five teams in each division. The Board voted to try the two five-team divisions. In addition, Wally suggested that the By-laws should have a cut-off time for meets such as 10PM. League expenses were \$1,804.77 and the 10 teams totaled 888 swimmers. FV won the Championship held on August 7<sup>th</sup>.

### **1977 SEASON**

The 1977 League was served by Molly Hill as President, Betsy Runkle as Vice-President, and Thelma Bailey as Secretary-Treasurer demonstrating the early strength of the Women's Movement in local elections. Village Club of Crozet apparently did not swim, leaving a total of nine teams with 839 swimmers. Now for an interesting bit of JSL trivia, the largest team for the 1977 season was none other than the Boars Head Sports Club with 120 swimmers.

A one tier schedule was adopted, the last heat would be official in all events, and that meets were to start at 6PM and end at 10PM or event 40. Swimmers who were 8 and under could not swim Individual Medley (IM), but could be unofficial with 9 - 10 years olds. The Head Timer was responsible for relay take-offs. At one of the swim meets a Stroke-and-Turn judge was harassed by a coach, and all clubs were asked to make sure that this type of incident would not happen in the future. At its September meeting, the Board approved the addition of 8&U 50 freestyle and approved disqualification of 5-8s after July 15th. However, they turned down a motion for 5-8s to swim in the IM. The League expenses dropped to \$1,367.48 for the 1977 season and the registration fee remained at \$2.00. Four Seasons won the Championship held on August 13<sup>th</sup>.

### 1978 SEASON

At the April Board meeting, there were suggestions on how to spend some of the extra money in the treasury which had a balance of \$1,207.88. One of the suggestions was to buy digital watches for the League. 8 & Unders were to be DQ'd after July 15<sup>th</sup>. The May minutes contain the first mention of giving Jefferson Cups for first and second place high point awards in each age group at the Championship. At the June meeting a suggestion was discussed and tabled that the Championship Trophy be dedicated in memory of Ralph Law because of his many contributions to the League (including whistling during the meets!). In July, Barnaby's asked to donate a trophy to the League. The Board accepted and decided to give this trophy to a non-swimmer who had given outstanding service to the League. This trophy "will be in memory of Ralph Law". (It must be noted thankfully that Coach Law had not passed away.) There were still nine teams in the League and a total of 752 swimmers. The League expenses amounted to \$1,526.97. FV won the Championship held on August 12<sup>th</sup>.

### 1979 SEASON

Steve Runkle served as President, Buddy Dulaney as Vice-President, and Nancy Rosse as Secretary-Treasurer for 1979. A request from the Harrisonburg Parks and Recreation Department to join the League was turned down due to the long driving distance and the number of teams in the League. The minutes also note the decision to keep using two lane judges per lane; however sweep judges were used on a trial basis at the Boars Head - Farmington meet. At its May meeting, the Board extended the age range to allow 18 year olds to swim (provided they have immediately finished high school). Four League records were set in 1979 by GHG Swimmer, Chris Taylor, three of which still stand through the 2015 Championship (36 years!). The League expenses amounted to \$1,370.20. Apparently Charlottesville Y combined into the Four Seasons team leaving 8 teams. FV won the Championship held on August 11<sup>th</sup>.

### 1980 SEASON

The officers for 1980 were Steve Runkle, President, Buddy Dulaney, Vice-President, and Frances Frederick, Secretary-Treasurer. Boars Head, Fairview, Farmington, Fry's Spring, Four Seasons (YMCA), Greene Hills, Orange, and Waynesboro made up the League with 633 swimmers for 1980. Approximately 50 swimmers participated in an all-night swim-a-thon held at Four Seasons Pool to benefit Camp Holiday Trails. The July minutes noted difficulty in getting meet results printed by the Daily Progress. The by-laws were four pages long and divided into "Bylaws" (1 page) and "Rules and Regulations" (3 pages). Championship guidelines added an additional page-and-one-half.

UVa's Onesty Pool rental fee for Champs, including all expenses, was \$365. It was noted that there was difficulty with the UVa timing system at the Championship and that the same parents seem to do the work year after year (some things never change). Coach Cos DiFazio complained about poor sportsmanship at the Championship, but this problem was not noted by others. Cos also requested that the Board consider longer events, but this was tabled until 1981.

Richard Senfield and two other representatives from the Harrisonburg-Rockingham Swim Club (HRSC) attended the September meeting to present their team for possible admission to the League. Again, the main concern of the Board was the distance to travel for a swim meet and their request was tabled until 1981. The registration fee was now \$3.00 per child and expenditures rose to \$1,894.26. FV won the Championship held on August 9<sup>th</sup>.

## ***A Few Early JSL Championship Patches***

**(If you have any missing JSL patches, please color-scan them and email to [bgarlandjr@gmail.com](mailto:bgarlandjr@gmail.com))**



1984



1985

## **1981 SEASON**

Buddy Delaney served as President with Jim Keenan as Vice-President and Frances Frederick as Secretary-Treasurer. Mrs. Perez from the Harrisonburg Club was present at the March meeting to reconfirm their desire to join the League; however, the vote to accept them was not taken until May. Another interesting event at the April meeting was a 3-3 vote with 1 abstaining to allow Coach DiFazio to vote as the CAST representative, as he was the only one present from his club. President Dulaney broke the tie in favor of allowing him to vote for this one meeting. In addition, the 100 (50 for 5-8s) Long Freestyle event was added on an 8-1 vote, but a suggestion to stop disqualifying 5-8s was turned down 7-2.

At the May meeting the event order was approved as Medley Relay, Long Free, Fly, Back, Breast, Short Free, Individual Medley, and Free Relay. A motion was approved to require 75% approval of all representatives for future by-law changes. In addition a new by-law was added to prohibit coaches from being a voting representative.

The June meeting was mainly concerned with administrative functions, but the July meeting appears to have been more exciting. All teams were represented plus "a dozen or so parents of CAST swimmers". The meeting started with President Dulaney announcing that the League had joined USA Swimming (formerly AAU), so that records set in meets could be used for state records. A decision was made to switch to plaque team awards, partly because Coach Law reported that the Fairview revere bowl trophies had been stolen. Two more items on the July agenda must have caused lively discussion. One team had been late sending in their registration roster and, after discussion, it was unanimously decided that the meets swum so far would not count towards their Championship eligibility, but the scoring and awards for an unfinished meet would remain. The second controversy surrounded "the Jones Letter" which was previously mailed to all representatives questioning the methods that Coach Cos DiFazio had used in getting his winter swimmers to leave their summer clubs to swim for CAST. Cos said that he was not the JSL coach for CAST and had suggested that his AAU swimmers not swim in the JSL. The CAST parents spoke in support of Cos indicating that the swimmers were not forced to change clubs and that Cos had not done anything unethical. On the other side, there were those Representatives who felt that Cos needed to separate AAU from JSL and that the purpose of the League would be destroyed if one team could corner all of the talent. Another point raised by "the Jones Letter" questioned the right of a representative to serve one club when his child was swimming for another club.

President Dulaney sent a letter to the Director of each swim club asking that they each provide a representative to the JSL Review Committee to evaluate the objectives of the Jefferson Swim League, to review the current JSL By-laws and to recommend to the JSL Board changes and additions to those by-laws. A committee was appointed at the Board's September meeting. In a presentation dated November 18, 1981, the Committee submitted recommendations and a finished set of by-laws to the Board. All were designated as "Bylaws" and totaled 6 pages. The "Rules and Regulations" designation was dropped such that everything was included under "Bylaws" requiring a 75% majority to adopt changes. Those recommendations and by-laws formed the basis for how the JSL operated through the 2015 season. Article I, #1 remains the same today as it was originally written in 1981.

The League now consisted of Boars Head Sports Club (BHSC), Charlottesville Y (CAST) which was formerly Four-Seasons, Farmington (FCC), Fairview (FV), Fry's Spring (FSBC), Greene Hills (GHG), Orange (OCT), Harrisonburg (HRSC), and Waynesboro (WAM). The total number of swimmers was 728. The swimmer registration fee was raised to \$3.00 and League expenses jumped to \$3,028.42 with the majority going for Championship trophies and expenses. CAST won the Championship held on August 1<sup>st</sup>.

## ***A Few More Early JSL Championship Patches***

**(If you have any missing JSL patches, please color-scan them and email to [bgarlandjr@gmail.com](mailto:bgarlandjr@gmail.com))**



1989



1990

### **1982 SEASON**

The JSL was served by Frances Frederick as President, Jim Kennan as Vice-President, and Fran Carter as Secretary-Treasurer. At the March meeting a suggestion was made and approved that the new by-laws be made available and posted at each club. In April, Alec Thomson announced that the Waynesboro team may be pulling out of the League. Coach J.J. Bean became the Head Coach of FV and, as of 2016, had served for 33 years, the longest tenure of any coach in JSL. One of his first suggestions was that a third copy of all meet results be made at dual meets and given to the President.

In May, Waynesboro withdrew from the League and a revised schedule was adopted. Doug Tarring, coach of the Key West team, requested meets with JSL teams. The previous suggestion, regarding a third copy of the meet results, was accepted with the provision that these results were not to be made available to the coaches.

The reader will note the mention of a Barnaby's award in 1978, but it is unclear if this award was ever given to a non-swimmer. At its June meeting the Board voted to accept Barnaby's offer to provide High Point Jefferson Cups for the Championship. Thus began the Barnaby's High Point awards. In September a committee was appointed to re-vamp the Championship instructions.

With the withdrawal of Waynesboro, the League consisted of eight teams and 674 swimmers. Expenses retreated to \$2,763.39 including a \$500 Onesty Pool rental for Champs. CAST won the Championship held on July 31<sup>st</sup>.

### **1983 SEASON**

Ralph Allen served as President, Frances Frederick as Vice-President, and Fran Carter as Secretary-Treasurer of the 1983 JSL Board. A discussion was held at the March meeting regarding sweep judging, and it was decided to continue this procedure for 1983. In April it was mentioned that CAST had not decided whether to continue to be a part of the League. A motion was made and carried to change the order of events to Individual Medley, Medley Relay, Short Free, Fly, Back, Breast, Long Free, and Free Relay and to allow unlimited heats in the 8 & U and 9-10 short free for dual meets only. Allen Beckenstein and two other representatives from CAST and the YMCA informed the Board at its June meeting that CAST had decided not to swim with the JSL for 1983. He pointed out the League did not meet the needs of their National Level swimmers, but that any of their swimmers could swim in the League through other member clubs.

In July Linda Hawkins asked for uniformity in table work and suggested that a sub-committee be formed to write a uniform procedure manual. In a moment of incredible naiveté, Bob Garland offered to write this manual with assistance from those who understood swim meet procedures. It was obvious

that Bob was clueless as to the amount of time this would consume in the coming years. An original copy of this first 24 page manual is still retained in the JSL archives. The 2021 copy of that manual contains 177 pages! Also at the July meeting, the order of events for the Championship was left unchanged from previous years even after the dual meet order had been changed. It was noted that many parents felt the meets were running too long and were unhappy about swimming past 10:00PM.

At the September meeting, it was noted that several swimmers swam in the Championship who were not listed on team rosters. A suggestion was made to draft a by-law to address this problem. It was also noted that persons working the Championship should have no past involvement in controversies in previous meets. A committee of Tom Muncaster, Ken Raines, and Bob Garland agreed to re-write the procedures for the Championship. An original 27 page Championship Manual is also retained in the JSL archives. The 2021 copy of that manual contains 229 pages!

Several problems were noted in League files regarding a team practicing before the Championship in the Natatorium and a concern for dental erosion among swimmers at a member club's pool. With the withdrawal of CAST, the number of teams dropped to seven and the number of swimmers was recorded as 644 with the first mention of a \$4.00 registration fee. The expenses of the League were listed as \$2,147.45. FV won the Championship held on July 30<sup>th</sup>.

### **1984 SEASON**

The League was served by Tom Muncaster (FSBC) as President, Frances Frederick (FCC) as Vice-President, and Pat Snipes (OCT) as Secretary-Treasurer. At the March meeting, Bob Garland submitted a Procedures Committee Report for comments prior to the final manual being printed. During the April meeting, a motion was made and carried to require Stroke-and-Turn judges to be US Swim certified or attend a JSL clinic. A motion was made, but resulted in a tie vote to adopt the new US Swim rule which allowed no false starts. Another motion was made and passed unanimously to change the order of events for the Championship to be the same as the order used in dual meets during the 1983 season.

At the May meeting, it was announced that patches as well as heat sheets would be sold at the Championship as a means of raising money for the League. In addition a suggestion was made that all teams sell heat sheet ads and split the proceeds 50-50 with the League. The three host teams sold a total of \$380 in ads. An important vote was taken to depart from the new US Swim rule and allow JSL swimmers one false start as in the past. The long-awaited procedure manuals were handed out and accepted as presented. The Championship Manual,

### **1984 SEASON (continued)**

written by Tom Muncaster, had grown to 32 pages and the JSL Procedure Manual, written by Bob Garland, had grown to 38 pages. In addition, most forms used by the League were redesigned by Bob and standardized for all clubs to use. In June it was decided to accept a swimmer's US Swim time for seeding in the Championship if meet results were provided. However, at the September Board meeting, this policy was changed to only allow times in the current JSL season to be accepted for Championship seeding. Also the By-laws were changed to allow swimmers to move up one or more age groups to swim relays. At the close of the meeting, President Muncaster reported receiving a letter of complaint from a member club regarding the conduct of a coach of another club. About 600 swimmers were originally registered, but it was not clear how many swimmers ultimately swam in 1984. There were still seven teams in the League and expenses amounted to \$1,753.69. FV won the Championship held on July 28<sup>th</sup>.

### **1985 SEASON**

Bob Garland (BHSC) served as President, Ken Raines (HRSC) as Vice-President, and Nancy Malone (OCT) as Secretary-Treasurer for 1985. The two representatives from the clubs involved in a dispute during 1984 reported that differences had been resolved at a meeting with Bob in February and that the problem could be put to rest. A by-law was added which addressed unsportsmanlike conduct at League meets, and many new suggestions were made to improve the League. At the April meeting, it was decided that each club should have access to all meet results through the President. In addition all teams were now required to have a visiting Team Meet Director. In May the following changes were made: a standard formula for converting meters to yards was adopted, the regular season champion team trophy was added, pre-season coaches meetings were started for the first time, FCC clerk-of-course procedures were adopted, US Swim results from the current year were allowed as seeding times for the Championship, and rained-out meets were to be considered complete after event 40.

The June meeting included the first mention of trying to accommodate children with disabilities by making officials aware of their special needs. The Relay scoring was changed to 5 for first and 2 for second from 7-0. In July, it was noted that the Fairview pool was actually 25 meters plus about 25cm (apx.10 inches), but would be considered a 25 meter pool for time purposes. A complaint from Greene Hills was received regarding problems at a dual meet because of the lack of a thunder and lightning policy. The winner of the Regular Season Championship was Fairview followed by Farmington and Harrisonburg. Bob Garland agreed to serve a second term as President for 1986 only if the By-laws were changed to make the Vice-President position be

President-Elect for the following year.

There were a total of 737 swimmers on the seven teams in the League and expenses increased dramatically to \$4,167.16. This occurred mostly as a result of the League assuming all costs of printing forms, manuals, etc. However, because of increased fund raising, the League's balance sheet actually improved. FV won the Championship held on July 27<sup>th</sup>.

### **1986 SEASON**

As noted above, Bob Garland (BHSC) served a second year as President with Locke Boyer (FCC) elected as Vice-President at the May meeting and Carol Keeney (OCT) serving as Secretary-Treasurer. At the March meeting the Board changed relay scoring to 8 for first and 4 for second and discussed including a 6-and-under event. In April, no By-law changes could be made due to a lack of 75% of Representatives present. However, the Board adopted a thunder and lightning policy under the Meet Director job description. In addition, a Freestyle event for 6-and-under was approved for a one year trial basis. The JSL Procedure Manual was printed via computer for the first time and consisted of 103 pages which included the Champs Manual (49 pages).

At its May meeting, the Board approved the addition of the Regular Season Trophy on a permanent basis. In June the Board was informed that Cos DiFazio's computer and program would be rented for seeding and to run the Championship. In the interest of safety, a new By-law was added designating sprint lanes and lap lanes during warm-ups. In September, the officer elections were tied to the Championship rotation schedule. The seven team League (BHSC, FCC, FSBC, FV, GHG, HRSC, and OCT) had 825 swimmers participating and expenditures amounted to \$4,972.06. League revenues were greatly supplemented by increased heat sheet ad revenue under the direction of Waugh Crigler. Waugh would continue this valuable service to the League over the next several years. FV won the Championship held on July 26<sup>th</sup>.

### **1987 SEASON**

The League was served by Locke Boyer (FCC) as President, Bob Otto (OCT) as Vice-President, and Steve Clarke (FCC) as Secretary-Treasurer for the 1987 season. A suggestion was made at the March meeting to pay for software design or buy existing software to assist in Championship seeding and operation of the Championship Meet. Also a standardized registration form and a carbonless event sheet were presented by Bob Garland for approval.

### **1987 SEASON (continued)**

At the September meeting, the Board agreed to a request from Orange for a one year leave of absence provided that Orange notified JSL of their future intentions by September of 1988. Because it was Orange's turn to supply the President and Secretary-Treasurer, Locke and Steve agreed to serve second terms for 1988. As usual the season and Championship went well and the League became more computerized under Locke's leadership. There were about 735 swimmers on the seven League teams and expenditures rose to \$6,906.86. All of this was more than offset by increased ad, heat sheet, and T-shirt sales and the League ended 1987 in a secure financial position. FCC won the Championship held on August 1<sup>st</sup>.

### **1988 SEASON**

As noted above, Locke Boyer (FCC) continued as President, John Davis (GHG) was added as Vice-President, and Steve Clarke (FCC) continued as Secretary-Treasurer for the 1988 season.

At the March meeting, Locke made the suggestion to allow each team to have 4 swimmers per event in the Championship rather than 3 as in the past. This was approved at the April Board meeting. Another big improvement for the League was made in April with the Board's approval to purchase 3 CTS Start Systems to be rotated among the clubs. In June the Board approved unlimited heats for 11-12 Short Freestyle events 25 and 26.

Because of the absence of Orange, the League dropped to six teams, but the number of swimmers declined only slightly to 704. However, League expenditures increased to \$7,560.47 as a result of the purchase of 3 CTS Start Systems for use by the clubs. As in the past, this increase was more than offset by increased revenues and the registration fee was now \$5.00. Although it is not recorded, apparently Orange made a decision to permanently drop out of the League for the future. HRSC changed its name to VAST. FSBC won the Championship held on July 30<sup>th</sup>.

### **1989 SEASON**

The 1989 League was served by John Davis (GHG) as President, Kate Gaston (FSBC) as Vice-President, and Leslie Davis (GHG) as Secretary-Treasurer. At the March meeting, a motion was made, but rejected, to require swimmers to swim in 3 dual meets to qualify for the Championship. In April, the Board approved the purchase of 3 more CTS Start Systems so that each club would have its own. In a surprise move, the Board voted in April to allow no false starts for the 1989 season, but this vote was reversed at the June meeting to allow one false start as in the past.

In July a problem was reported that a coach had entered swimmers in individual age group events above their own age group. This prompted an

addition to the By-laws which prohibits this practice. The Board expanded unlimited heats to include all age groups in the Short Freestyle.

The Regular Season Champion was Fry's Spring, with Fairview listed as Runner-Up. The six teams (BHSC, FCC, FSBC, FV, GHG, and VAST) had a total of about 730 swimmers and the League spent \$9049.69 for the season, but only suffered a slight drop in ending balance for the year. FSBC won the Championship held on July 29<sup>th</sup>.

### **1990 SEASON**

For 1990, Kate Gaston (FSBC) served as President, Buffy Ostlund (VAST) as Vice-President, and Deborah Lignon (FSBC) as Secretary-Treasurer. Supplemental speakers were ordered for the CTS Start Systems. Deck passes appeared for the first time to aid in crowd control on the pool deck at the Championship.

Due to interest in the League from an outside swim club and rumors that another small team might withdraw from the League, a committee was appointed to address some real and perceived problems of the League related to smaller teams. Because of the importance of this issue, a motion was made and passed to allow the current officers and representatives to continue to serve until January 1, 1991. The committee met in October and made several recommendations which were adopted by the full Board in a special November meeting. These included a change of scoring to allow individual ribbons and points (5-3-2-1) through fourth place and relay ribbons and points (5-1) through second place. A time limit of 10PM (10:30PM for weather delay) was also approved.

There were 702 swimmers in the six-team League and expenditures fell slightly to \$8,936.86. FSBC won the Championship held on July 28<sup>th</sup> for the third year in a row.

### **1991 SEASON**

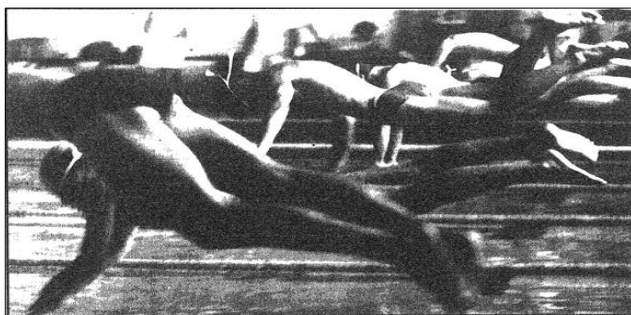
The President for 1991 was Bob Fellows (VAST) with Bob Garland (BHSC) serving as Vice-President and Richard Senfield (VAST) as Secretary-Treasurer. The March Board meeting opened with a discussion of possible League expansion. There were now two outside teams (FLST and ELKS) with an interest in joining the League at some point in the future. Andy Thomson presented more information on the dangers of lightning and possible revisions to the League's current policy. In April it was determined that no new teams would be joining for the 1991 season and, in an unusual development, a member of Boars Head management spoke to the Board and firmly denied persistent rumors that Boars Head was not going to have a swim team for 1991.

In May a procedure was adopted by the Board to provide for dual confirmation of relay take-offs in dual meets and a decision was made to have an unofficial

## 1991 SEASON, (continued)

timer's card for unofficial swimmers. Also the Board voted in favor of allowing 5-8s to take off from the starting blocks in 25 yard events in the Championship. In June the Board voted to allow all bona fide coaches on deck at the Championship. Stroke-and-Turn clinics were held as usual, but questions continued throughout the season concerning USS interpretation of the backstroke turn. The new 10PM time limit rule was in effect, but teams could still agree to start a meet early.

The Championship must have been exciting. FSBC had not lost a dual meet or Championship in the previous four years. FSBC had won the regular season championship for the fifth year in 1991, but was upset at Champs by FV 802 to 796 on August 3<sup>rd</sup>, the thinnest margin of victory in JSL history. There were 675 swimmers on the six teams in the League and expenditures amounted to \$5,336.36.



The Jefferson Swim League crowned an unexpected champion Saturday at its annual meet after Fairview upset favored Fry Springs, 802-796. The hard-fought match saw 12 records broken, including three by Fry Springs' Mary Nash, the meet's top swimmer.

### Fairview grabs Jefferson League title

From staff reports

Fry Springs Beach Club's four-year domination of Jefferson League swimming came to an end Saturday as Fairview Swim Club rallied for a narrow 802-796 victory in the league's annual championship meet.

Before today Fry Springs had not lost a dual meet in four years, winning the regular season and championship meet in each of those years. Fairview had been runner-up the past three years.

"It was such a team effort," Fairview coach J.J. Bean said. "In our group there are not as many top-notch swimmers. Everyone had to pitch in and do a little better, beat someone they weren't supposed to beat."

After 20 events in the 50-event meet it ap-

peared that things would go as expected with Fry Springs jumping to a big lead over Fairview and Valley Area Swim Team of Harrisonburg.

Fairview made its name in the breaststroke events as Thomas King, Katy Shrum, Michael Spencer, and Ashley Snyder each took first place in their events to put Fairview ahead.

"People were surprised when they announced the score after 60 events," Bean said of the lead change. "We knew it would be close, but not many gave us a chance."

After Fairview surged ahead, the lead seemed for the meet's final 20 events.

"It's safe to say that no one can remember a closer margin in league history," meet director Bob Garland, Jr. said.

Fairview was paced by Josh Houshian, the

high point winner in the boys 8-and-under group, and Ashley Snyder, the high point winner in the boys 13-14 group.

The meet's top individual performer was Fry Springs' Mary Nash, who set meet records in each of her three events. There is the maximum number of individual events a swimmer can participate in.

Nash, swimming in the 8-and-under age group, set records in the 25 freestyle, 25 fly and 50 freestyle. The latter was a 10-year-old record. She also won the high point award for her age group.

"She is one of the best swimmers in the country," Bean said.

On the day, 12 meet records were broken, including five 10-year-old records, a 13-year-old record, and a 14-year-old record.

The Closest Championship to Date and the Start of a Fairview 22 Year Win Streak

## 1992 SEASON

The League was served by Bob Garland (BHSC) as President, Andy Thomson (FCC) as Vice-President, and Linda Capps (BHSC) as Secretary-Treasurer. The year started normally enough, but a series of events occurred which led to changes that would continue to shape the Jefferson Swim League for the future. The CAST year-round swim program had already undergone a defection of parents and swimmers into the STAR organization and, in late 1991; there was a final defection of the remaining members into the CSI group. Based on the apparent demise of CAST, there was interest expressed by several CASTL League teams to have a presentation made by JSL at a CASTL meeting early in the year. Bob appointed a JSL committee consisting of himself, Andy Thomson, Linda Capps, and Locke Boyer to look at this issue on January 10th, 1992 and a presentation to the CASTL League was made by Bob later in the month. This was followed by a series of presentations by invitation to the individual clubs.

Six of the CASTL League clubs (Crozet Gators Swim Team, Elks, Forest Lakes Swim Team, Hollymead, Key West Club, and Lake Monticello Swim Team) subsequently applied for membership in the JSL. Bob called a special open Board meeting for February 20th to consider these applications and to allow general discussion of this important issue. After lengthy discussion, the Board voted unanimously to accept all six teams into the JSL. A later application was received and approved to accept ACAC into the League at the April Board meeting, but it was learned that Lake Monticello would not be able to organize a team for 1992.

There were many changes adopted by the Board but only the most important are listed: the twelve team League was divided into three divisions of 4 teams with regular season champions and runners-ups in each division; 6-and-under mixed Free Relay and 6-and-under Backstroke were added; dual meet ribboning was expanded to eighth place; a JSL logo was designed (see details on page 42), ribbons were standardized, three new CTS Start Systems were purchased (and one was donated); the Championship was expanded to include a Friday night session; Championship scoring was increased to twelfth with a limit of 3 places per team; and Championship entry was limited to four events (2 individual and 2 relay or 3 individual and one relay) per swimmer. All of this took hours of work by many people and resulted in 20 of 50 By-laws being changed. As noted in the Preface, the first "History of the JSL" was written by Bob Garland when it was thought that 1992 was the 25<sup>th</sup> Anniversary of the League based on an error in the original history written in 1972.

During the 1992 Season, twelve teams ACAC, Boars Head Sports Club (BHSC), Crozet Gators (CGST), ELKS, Fairview (FV), Farmington Country Club (FCC), Forest Lakes (FLST), Gordonsville (GVG), Greene Hills (GHG), Harrisonburg (VAST), Hollymead (HM), and Key West (KWC) totaling 1,187 swimmers swam in the League. Expenditures dramatically increased to \$19,118.37. FV won the Championship held on July 31<sup>st</sup> and August 1<sup>st</sup>, starting a 22 year win streak that would not end until 2013.

### 1992 was actually the 18<sup>th</sup> FV win



Farmington Country Club swimmer Ashley Clarke dives off the blocks at the start of the senior girls breaststroke during Saturday's final day of the 25th Jefferson Swim League championships.

### Fairview claims 21st Jefferson League title

From staff reports

On the strength of its exceptional depth, Fairview captured its 21st Jefferson Swim League title on Friday.

Fairview, coached by J.J. Bean, compiled 1,505 points to capture the 12-team event, which included 1,200 youngsters ranging in age from 4 to 18.

Fry's Spring Beach Club finished second with 1,169 points and Farmington Country Club was third with 1,169 points.

Individually, Farmington's Matt Thomson and Fry Spring Beach Club's Angel Mancaster distinguished themselves. Thomson completed his fifth consecutive undefeated season in Jefferson League competition, while Mancaster completed her second straight perfect season.

Both competed in the 15- to 18-year-old division.

Others completing perfect seasons included Valley Area Swim Team's Tyler Gustafson (8-and-under), Valley's Brent Holinger (9-10) and Boar's Head Sports Club's Laura Monahan (9-10).

Five meet records were set on Saturday.

Mancaster established a new mark in the 50 butterfly with a time of 27.31, shattering the 10-year-old record of 27.53.

Farmington's Courtney Roman set the 50 breaststroke mark for the 13-14 age group with a time of 32.83.

In the 8-and-under bracket, the Fairview team of Anna Carter, Marynna Papiselake, Denise Moge and Rachel McDonald set a new standard in the 100 freestyle with a time of 1:09.51.

In the 15-18 age group, the Fry's Spring team of Sarah

See JSL, Page C3

The Daily Progress August 2, 1992

## The Championship High Point Award Winners in 1992

### ***A league of their own***



*Jefferson Swim League high point and higher point runner-up trophy winners assembles for a group photo. From left, in back: Matt Thompson, Nick Tator, Ashley Snyder, Valerie Oswald, Andrea Simons, Meaghan Rady, Angel Muncaster. Second row: Courtney Romanac, Heather Snyder, P.J. McCarty, Ben Legg. In front: Jesse Garns, Hunter Jones, Jordan Simons, Laura Mosca, Mary Nash, Rebecca McDonald.*

The Daily Progress, August 19, 1992

## The 1994 Championship Results

### **Fairview captures JSL title for fourth consecutive year**

**Outdistances runner-up Farmington by 619 points**

By JOHN HETZLER  
Daily Progress staff writer

It was the same old same old at the Jefferson Swim League Championship meet Saturday at UVa's Onesty Hall Natatorium.

For the fourth year in a row, Fairview took the title of the 14-team tourney, winning by a whopping 619 points over second place Farmington. "The kids are just so great," Fairview coach J.J. Bean said. "It's such a rewarding thing watching them learn."

Fairview was led by two Liberty Fabrics high point champions. Nicole Wolf tied with Fry's Spring's Ellen Chapman for the award in the girls 9-10 age group, and Valerie Oswald tied with Rebecca Cronk of Key West for the individual title in the girls 15-18 age group.

Oswald, 15, set two meet records, in the 50-meter breaststroke with a time of 32.10 and in the 100-meter individual medley with a time of 1:01.83.

Cronk, also 15, broke the meet record in 50-

#### ■ Jefferson Swim League team results — C2

meter freestyle by posting a time of 24.53. Cronk and Oswald celebrated their awards by tossing each other into the pool.

The meet record in the girls 50-meter backstroke was broken not once, but twice. Jordan Simmons of Fry's Spring beat the old meet record of 31.48 with a time of 31.34, but she could not beat teammate Mary Nash, who posted a 30.96.

But records and individual honors are not all that the meet is about. It's a team sport, and with members of most teams ranging in age from 4 to 18, the older kids often become role models for the younger kids.

"The small kids want to be just like the big kids, and it just keeps recycling," said Bean, who has been coaching at Fairview since the early '80s.

Some of the older kids, like Kris Galione of See SWIM, Page C4



Progress photo by Chris McKenney

Farmington's Jay Farmer, 12, celebrates his victory in the 50-meter backstroke.

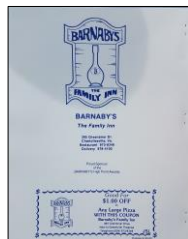
The Daily Progress, July 31, 1994

## **1993 SEASON**

The 1993 League was served by Locke Boyer (FCC) as President, Jann Balmer (FV) as Vice-President, Margaret Keller (KWC) as Secretary, and Jeff North (GHG) as Treasurer. A committee was appointed at the March meeting to investigate A/B/C scoring. New team applications were received from the Gordonsville Gators (GVG) and the City of Charlottesville Swim Team (CITY) and were accepted unanimously by the Board. It was noted that GVG would be a very small team and that Tri-meets should be considered. Lake Monticello (LMST) was able to organize a team for 1993.

At its April meeting, the Board adopted a three-tier schedule which included Tri-meets for GVG. A/B/C scoring was rejected for the full League, but passed for Division II as a trial for 1993. Additional starting systems were purchased and the League fee was increased to \$7.00. Scoring was changed to accommodate Tri-meets and a formula was devised for seeding the teams into divisions. In May, "Super Swimmer" ribbons were provided by the League to be given to swimmers as determined by the teams. Scoring for Champs was expanded to 15th place.

At its September meeting, the League authorized a \$340 donation to the Salvation Army for flood relief and imposed restrictions on "unofficial" swimmers. At the end of the 1993 season, VAST (formerly HRSC) submitted a letter of resignation to the League in order to devote its efforts to improving as a US Swim Team. There were 1,441 swimmers in the 15 team League and expenditures totaled \$20,260.15. FV won the Championship held on July 30<sup>th</sup> and 31<sup>st</sup>.



## **1994 SEASON**

Jann Balmer (FV) was President, Jeff North (GHG) was Vice-President, John Scott (FLST) was Secretary, and Ann Williamson was Treasurer for the 1994 season. It was noted at the March meeting that a long-time JSL tradition was coming to an end with the closing of "Barnabys". "Barnabys" Pizza served as the informal gathering spot after Wednesday night swim meets and would surely be missed as an important social part of the League. In addition, "Barnabys" had for years served as sponsor of the Championship High Point awards.

The Board asked each team to purchase Hy-Tek's "Team Manager" software and the League purchased "CommLink" to facilitate Championship Meet entry. A new "DQ" card was adopted which helped alleviate much of the writing done by stroke-

and-turn judges. The Championship host rotation was modified to include three teams as co-hosts, rather than two. Liberty Fabrics became the new sponsor of the Championship High Point awards, but no location could be found to replace "Barnabys" as the Wednesday night "hot spot" for JSL swimmers and parents.

A/B/C scoring discussions continued to dominate several meetings and committees, but failed to garner the required 75% support for adoption by the entire League. However, a compromise was reached to allow individual divisions to vote by majority to swim dual meets under these new scoring rules which became known as Gold/Silver (B/C) scoring. Division III voted to use this scoring for their dual meets. In addition, for 1994 any two teams could swim under Gold/Silver scoring if both Meet Directors agreed.

One member team had to move its starting blocks to the deep end of the pool when it was discovered that the depth at the shallow end was 3' less than the USS standard at the time. This prompted an in-depth (no pun intended) study on diving accidents, coaching safety, and pool standards. All member teams now provide their pool measurements to ensure safety in the JSL.

The first "Bob Garland Volunteer Award" ("BGVA") was presented to Bob Garland in recognition of his service to the League (see details on page 44). This annual award will be presented in the future to individuals who devote an exceptional amount of time and service to JSL. The Board moved to purchase its own computer for use at the Championship and for other data entry. The withdrawal of VAST at the end of 1993 left the league at 14 teams, but it continued to grow with 1557 swimmers registered and \$15,813.02 in expenses. FV won the Championship held on July 29<sup>th</sup> and 30<sup>th</sup>.

## **1995 SEASON**

The 1995 League was served by Jeff North (GHG) as President, John Scott (FLST) Vice-President, and Sam Short (ELKS) as Treasurer. A request from Wintergreen was accepted to join the League, but they were never able to form a team and withdrew. In an attempt to shorten dual meets, the Board voted to alternate eliminating Individual Medley and Long Free from the event list and the two meet formats became known as IM/FR and MR/LF. Because of safety concerns, the League sponsored a coach's safety course given by J.J. Bean.

Meet results were taken to Kinkos and made available for all teams to copy, thus relieving the President of this responsibility. Jann Balmer and Locke Boyer, both ex-presidents and longtime volunteers, received the "BGVA" at the Championship. The League expenditures amounted to \$20,835.51 and swimmers held steady at 1553. FV won the Championship held on July 28<sup>th</sup> and 29<sup>th</sup>.

## 1996 SEASON

During this 30th Anniversary Year of the JSL, John Scott (FLST) served as President, Charles Friend (LMST) as Vice-President, Shirley Irving (GVG) as Secretary, and Sam Short (ELKS) as Treasurer. It is interesting to note that this year's President, John Scott, swam in the first JSL Championship in 1966 with last year's President, Jeff North, and both placed in 9-10 Boys Backstroke for the first Championship winner, Fairview. Also, as evidence of growing unity, all of the officers for 1996 come from new teams joining the League during the 1992 expansion.

Planning had begun late in 1995 for moving the Championship from Onesty Hall to the new pool at UVa's Aquatic & Fitness Center. Moving to the new pool offered many advantages and disadvantages, but it was decided that the Thirtieth Anniversary JSL Championship would be the first swim meet in UVa's new facility.

Other action accomplished by the Board mostly included making further organizational changes to strengthen the League and its Board. An Executive Committee was defined and added to the Board as well as an officer position of Past-President. Due to restrictions placed by the Lake Monticello Board, their team was not able to hold home meets. The Board voted to try the 2-copy USS "DQ" card for 1996 and evaluate it at the end of the season. Event P1 was changed from "Mixed" free relay to "Boys, Girls, and/or Mixed" Free Relay. Jeff North, long time JSL volunteer, ex-president, and Board member was given the "BGVA" at the Championship. FV won the Championship held on July 26<sup>th</sup> and 27<sup>th</sup>.

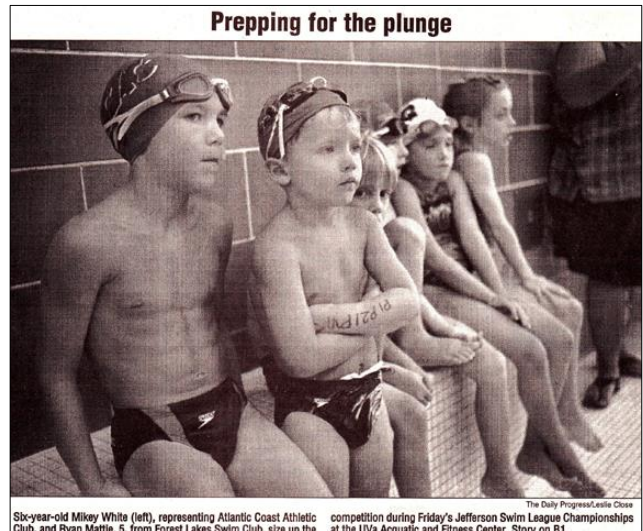


The Daily Progress/Matt Gentry  
Katie McGraw of the Farmington Country Club team swims to victory in the 100 freestyle Saturday at UVa Aquatic and Fitness Center. McGraw also won 100-freestyle and 100-individual medley events.

## Fairview takes home JSL title

The Daily Progress, July 28, 1996

## The first Championship in the new UVa Aquatics and Fitness Center was in 1996.



The Daily Progress/Leslie Ossa  
Six-year-old Mikay White (left), representing Atlantic Coast Athletic Club, and Ryan Mattie, 5, from Forest Lakes Swim Club, size up the competition during Friday's Jefferson Swim League Championships at the UVa Aquatic and Fitness Center. Story on B1.

The Daily Progress, July 26, 1996

## Record-breaking duo leaves mark on JSL

Kovatch, Cronk lead the way at league meet

By ANDREW JOYNER  
Daily Progress correspondent

The record book for the Jefferson Swim League Championships is filled with the names of ACAC's Ricky Kovatch and Key West Club's Rebecca Cronk. That duo would leave its final mark on the 30th annual championships by each capturing three individual events in the first session of the championships held Friday evening at the UVa Aquatic & Fitness Center.

Kovatch, 18, who graduated from St. Anne's-Belfield this year, captured the 50-yard freestyle (22.0 seconds), 50 butterfly (23.55) and the 50 backstroke (24.11) in the 15-18 boys age group. In each event, Kovatch established new meet records. In the 50 backstroke, Kovatch actually broke his own record set last year by nearly a full

second. "I thought I was swimming pretty well," said Kovatch, who will be swimming for 1996 NCAA champion Texas in the fall. "I swam a little faster than I thought I did."

Kovatch, who has competed in this event since he was eight-years-old, was a little surprised by his quickness.

"I felt pretty good in the water," Kovatch said. "I really wasn't sure I could swim that fast."

Cronk, 17, who graduated from Albemarle in June, broke two meet records in the process of winning her three events.

Cronk set record times in the 50 breaststroke with a 31.18 and also set a record in the 50 butterfly with a time of 26.68. Cronk won the 50 freestyle, as well, but fell just short of breaking the record — a record



The Daily Progress/Leslie Ossa  
Laura Mosca, 14, swims to victory in the individual medley Friday. She also set meet records in the 50 butterfly and 50 breaststroke.

The Daily Progress, July 27, 1996

## Jefferson Swim League's 30th Championship results

Pre-meet favorite Fairview Swim Club ran away with the Jefferson Swim League Championship for the sixth year in a row. Approximately 1,300 area youth took part in individual and mixed events Friday and Saturday at UVa's new Aquatic and Fitness Center. Below, team scores are followed by first place individual and relay winners below.

### JEFFERSON SWIM LEAGUE-1996 FINALS

TEAM RANKINGS	POINTS
1. Fairview Swim Club (FV)	1984.5
2. ACAC (ACAC)	1450
3. Boars Head Sports Club (BHSC)	1141
4. Fry's Spring Beach Club (FSBC)	1098
5. Farmington Country Club (FCC)	1042.5
6. Forest Lakes Swim Team (FLST)	952
7. Greene Hills Gators (GHG)	772
8. Elks Swim Team (ELKS)	706
9. Crozet Gators (CGST)	505.5
10. Hollymead (HM)	482.5
11. City of Charlottesville (CITY)	478
12. Key West Club (KWC)	439
13. Lake Monticello Team (LMST)	396
14. Gordonsville Gators (GVG)	322

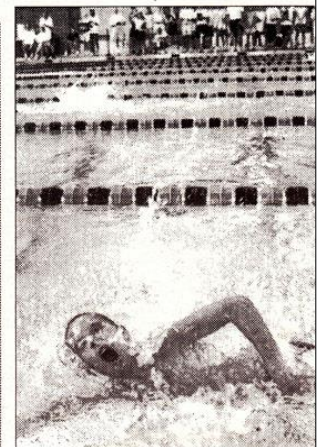


photo by Kris Pierce  
John Townsend, 9, comes up for air while doing his part of the 200M Freestyle Relay Saturday as spectators cheer him on.

The Daily Progress, August 1, 1996

### **1997 SEASON**

During the 1997 Season of the JSL, Charles Friend (LMST) served as President, Pam Davis (FLST) as Vice-President, and Stuart Prather (ELKS) as Secretary. Jeff North (GHG) served as Treasurer starting a term which continued until 2022. Glenmore Country Club (GCC) formed a team and joined the League bringing the total to 15 teams. The Board acted to hire a registrar to assist in data entry of swimmers and meet results. In the interest of safety, the Board required at least one coach from each team to have a current Red Cross Coaches Safety Certification and all teams to provide proof of liability insurance. The officer's terms were clarified as beginning on January 1st for one year and a bylaw was added requiring the President and Treasurer to jointly review all financial records at the end of each year before presenting a jointly signed statement to the full Board for approval.

Gold and silver awards were introduced for the first time during the 1997 Championship on a trial basis. The League ended the year with 1599 swimmers and the Championship alone cost the league about \$19,000 with about \$16,000 covered by advertisements and heat sheet & T-shirt sales. Chip Grobmyer and Stu Prather shared the "BGVA" for their hard work in computerizing the Championship. FV won the Championship held on July 25<sup>th</sup> and 26<sup>th</sup>.

### **1998 SEASON**

Pam Davis (FLST) served as President, Paul Boucher (ACAC) as Vice-President, Dell Hanley (HM) as Secretary, and Jeff North (GHG) as Treasurer. The Board approved Gold/Silver awards as a permanent part of the Championship with gold qualifying times to be established by the Board on an annual basis. Pam Davis proposed that the first week practice meets and season tri-meets should not be scored. The Board agreed.

It was announced that Liberty Fabrics would become the first corporate sponsor for the Championship and Championship entry was expanded to allow all swimmers to swim in a least two events. Charles Friend, Past-President was given the "BGVA" for his service to the League. The Board awarded \$500 to a Hollymead swimmer to help cover her travel expenses to the Disability World Championships. Championship expenses of over \$22,000 were offset by revenues of over \$20,000. The League expanded to 1,702 swimmers. FV won the Championship held on July 31<sup>st</sup> and August 1<sup>st</sup>.

### **1999 SEASON**

The League was served by Paul Boucher (ACAC) as President, C.T. Pace (CGST) as Vice-President, Mike Holmes (LMST) as Secretary, and Jeff North (GHG) as Treasurer. In a continuing effort to improve safety, the Board required all coaches to have the Red Cross Coaches Safety Training

Certificate. Several advancements ushered the League into the computer age. President Boucher developed and unveiled the new web page ([www.jsl.org](http://www.jsl.org)) to much excitement and enthusiasm (see details on page 43). Communication to the Board by email began. In addition, all teams were provided Hy-Tek software and encouraged to start computerizing dual meets and results. The League purchased a new computer. Non-scored dual meet and tri-meet rules and events were adopted by the Board and the registration fee was raised to \$8.00 to cover increased expenses.

Pam Davis (for her long service to the JSL) and Jessica Simons (for continually sharing her knowledge of Hy-Tek software) were given the "BGVA" for service to the League. The League held steady at 1,700 swimmers and 15 teams. FV won the Championship held on July 30<sup>th</sup> and 31<sup>st</sup>.

### **2000 SEASON**

Locke Boyer (FCC) as President, Jann Balmer (FV) as Vice-President, Mike Holmes (LMST) as Secretary, and Jeff North (GHG) as Treasurer led the League into the "New Millennium". A Sportsmanship form and award were developed to encourage good sportsmanship among the teams. Brent Wilson organized a Championship corporate sponsorship committee and procedure and greatly improved income for the League. More teams began computerizing dual meets and communication via email became the standard. Teams began making registrations through email and data transfer disks. Use of the Web page ([www.jsl.org](http://www.jsl.org)) exploded as more information and pictures were added.

Divisional Champion Awards were added to the Championship. The Championship expenses swelled to over \$31,000, but were offset by increased revenues of over \$32,000 from corporate sponsorships, ad sales, and heat sheet/T-shirt sales. Paul Boucher (for development of the web page) and Brent Wilson (for developing corporate sponsorships) shared the "BGVA" for service to the League. The number of swimmers in the League jumped to 1,899. The 15 teams included ACAC, Boars Head Sports Club (BHSC), City of Charlottesville (CITY), Crozet Gators (CGST), ELKS, Fairview (FV), Farmington Country Club (FCC), Forest Lakes (FLST), Glenmore Country Club (GCC), Gordonsville (GVG), Greene Hills (GHG), Hollymead (HM), Key West (KWC), and Lake Monticello (LMST). FV won the Championship held on July 28<sup>th</sup> and 29<sup>th</sup> barely edging out ACAC by 12 points.



A suggested JSL bumper sticker that never took off

## **2001 SEASON**

The League was served during its 35<sup>th</sup> Anniversary by Jann Balmer (FV) President, "Buzz" White (FSBC) as Vice-President, Nancy Bowen (CITY) as Secretary, and Jeff North (GHG) as Treasurer. In order to encourage complete computerization of the League, the Board voted to partially underwrite the cost of purchasing laptop computers and printers for each team and Jessica Simons wrote a comprehensive procedure manual for the new JSL computers. Because of liability issues, swimmers were no longer allowed to swim one meet without formally registering by the 24-hour deadline.

For the first time, the Championship was run as a 10-lane event and sweep judging was dropped from the Championship. The Championship was also video-taped and tapes made available for a modest fee. Bob Garland was awarded the "BGVA" for his continued work on behalf of JSL. The League raised the registration fee to \$9.00 and registrations climbed slightly to 1,911. The League size remained at 15 teams. FV won the Championship held on July 27<sup>th</sup> and 28<sup>th</sup>.

## **2002 SEASON**

"Buzz" White (FSBC) served as President, Jennie Vines (ACAC) as Vice-President, Nancy Bowen (CITY) as Secretary, and Jeff North continued (GHG) as Treasurer. Brent Wilson (GHG) worked hard obtaining corporate sponsors to partially offset the costs of the League Championship. His work paid off when the 2002 Season saw lots of excitement for JSL. Speedo provided Olympic swimmer, Kristy Kowal, for a new kick-off event at Downtown Athletic. Mutual of Omaha provided Olympic swimmer Jeff Rouse for an autograph session at the Championship. In addition, the 15 teams registered a record 2,025 swimmers for the 2002 season!

The Championship continued as a ten-lane event and swimmers were required to wear color-coded ID bracelets to gain admission to the deck for their events. Howard Craddock, "Voice of the JSL" and Pam Grobmyer (for her continued work on behalf of JSL) shared the "BGVA". FV won the Championship held on July 26<sup>th</sup> and 27<sup>th</sup>.

## **2003 SEASON**

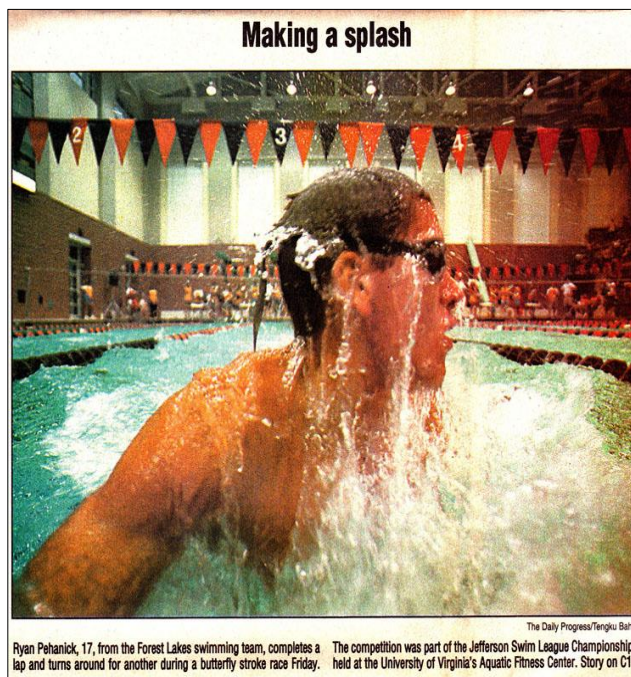
The League was served by Jennie Vines (ACAC) as President, Steven Miller (CITY) as Vice-President, Liz Hespenheide (ELKS) as Secretary, and Jeff North served his seventh consecutive season as Treasurer. Bob Garland, Jessica Simons, Brent Wilson, Locke Boyer, Paul Boucher, and Jann Balmer continued to share their talents as advisors to the Board.

A committee made of Division I Representatives presented a series of changes to address excessive meet length. This was adopted on a trial basis for one season for Division I teams only. A change in the order of events was adopted for the entire

League which moved the breaststroke before the backstroke because it would be easier to fairly judge breaststroke earlier in the evening. The League also entered into an agreement with the teams to share the purchase of new CTS starting systems for all teams. Silver awards were eliminated from the Championship, but were replaced by expanding scoring to 30<sup>th</sup> place.

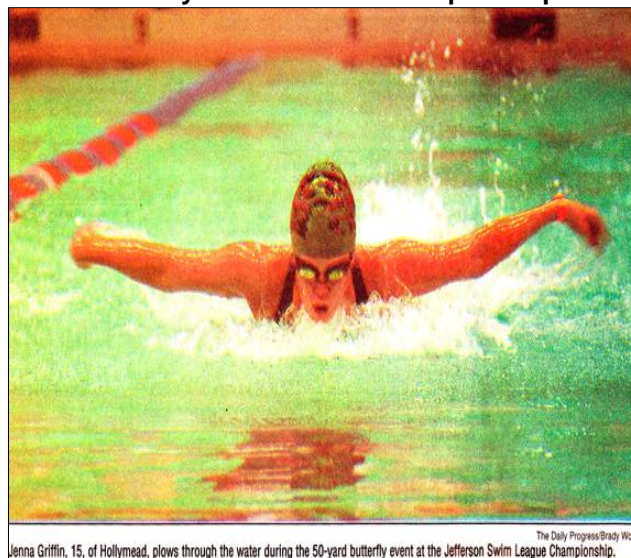
The League continued its growth to include 2,079 swimmers. Paul Boucher received the "BGVA" for his continuing work for JSL in spite of severe injuries received in a preseason automobile accident. FV won the Championship held on July 25<sup>th</sup> and 26<sup>th</sup>.

### **A Swimmer at the Turn in the 2000 Championship**



The Daily Progress, July 29, 2000

### **A Butterflyer at the 2002 Championship**

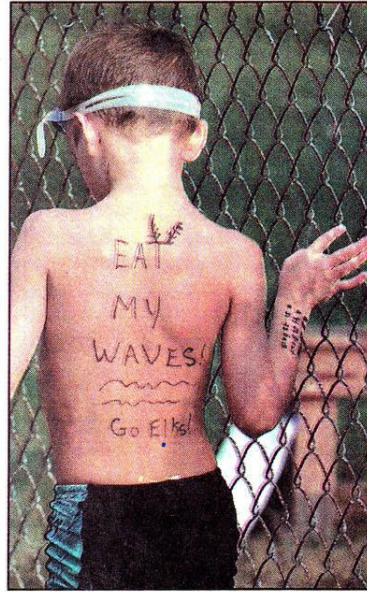
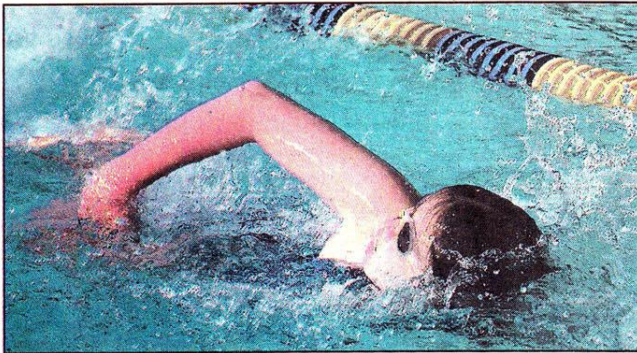


The Daily Progress, July 27, 2002

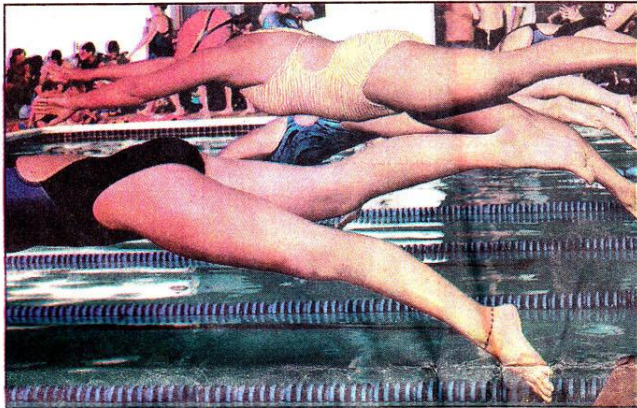
## JSL Swimmers from 2004

The Daily Progress

June 30, 2004



Daily Progress photos/Rachel Zahumensky



### *An exciting JSL evening at Elk's Lodge*

The Jefferson Swim League entered Week 3 last night as the Gordonsville Gators traveled to the Elk's Lodge for a meet.

The Elk's Shannon Wilson (top left) powers his way down the lane for the host team. At middle left, the Elk's Emily Wilkinson (yellow) dives from the starting blocks just beyond Gordonsville's Maggie Jamison (front). At bottom left, supporters get into the action as Lisa Shifflett (left) and Heidi White cheer for their favorite swimmer.

The Elks Andrew Vermillion (top) shows his creative side with 'Eat My Waves' emblazoned on his back.

The rest of the JSL teams compete tonight. Full schedule and a thorough JSL Week 2 wrapup on C4.

The Daily Progress

July 29, 2004



### *Cuttin' time for JSL*

Photos courtesy JSL

At left, barber Kevin Armstrong of Staples Barber Shop gives Ryan Cox and David Cooke (right) a buzz cut for motivation for the upcoming JSL Championship. Amy Grace Cooke (center) gets a makeover.

## JSL primed for 2004 Championship

## **2004 SEASON**

Steven Miller (CITY) served as President with Joe Phillips (FV) as Vice-President, Liz Hespenheide (ELKS) as Secretary, and Jeff North as Treasurer. The Board was assisted by Bob Garland, Jessica Simons, Locke Boyer, Paul Boucher, and Jann Balmer serving as advisors.

A committee consisting of one Representative from each Division, Kathi Gruss (ACAC, Division I), Joann Walker (GCC, Division II), and David Harding (ELKS, Division III) along with President Steven Miller and Advisor Bob Garland met during the previous winter to revise, update, and clarify the JSL Bylaws for the 2004 season. Their efforts resulted in 56 of 78 (72%) Bylaws being changed. In addition, a new position of Meet Marshal was added to the dual meet job descriptions.

A significant USA swimming rule change resulted in diving not being allowed at the shallow end of most member pools. It also prompted the Board to review all of USA Swimming's facilities standards and grant exceptions to member pools provided that safety was not compromised.

The Board voted to provide well-tested, waterproof stop watches to all teams at no charge. The watches were imprinted with the JSL logo and helped standardize timing procedures at all team pools. This was yet another example in a long list of equipment that the League has purchased or partially purchased for its member teams.

For the first time in memory, the Daily Progress ran a large very complimentary pre-season article on the JSL and followed it with weekly detailed reporting on dual meet results. In addition, the Championship received great publicity. All of this was well received by JSL swimmers and parents.

The League had its most successful year in history with 2,233 swimmers participating. Susan Turner (GCC) received the "BGVA" award for helping organize the many volunteers at the Championship meet. Chris Taylor, coach from GHG, was recognized at the Championship on the 25<sup>th</sup> anniversary of his five JSL records set while he was a swimmer for GHG in 1979. FV won the Championship held on July 30<sup>th</sup> and 31<sup>st</sup>.

## **2005 SEASON**

Joe Phillips (FV) served as President with Joann Walker (GCC) as Vice-President, Inger Pettygrove (FSBC) as Secretary, and Jeff North as Treasurer. The Board continued to be assisted by Bob Garland, Jessica Simons, Locke Boyer, Paul Boucher, and Jann Balmer serving as advisors.

A Meet Structure committee consisting of David Harding (ELKS), Amy Robbins (ACAC), David Berti (CGST), and Buzz White (FSBC) along with advisors Jessica Simons and Bob Garland met during the previous winter to consider many changes

recommended by coaches and representatives. Their efforts, as well as suggestions from Steven Miller (Past-President), resulted in several Bylaw and procedure changes. The Executive Committee may now appoint a Parliamentarian to interpret rules and bylaws. In the interest of safety, swimmers without a disability must be able to swim 25meters unassisted to be eligible for League Meets. Backstroke was moved back to its previous position to be run before breaststroke. In a change of procedure, swimmers' times are now the primary source for order of finish in dual meets and sweep judges are secondary. In addition, the League raised the registration fee to \$10.00, but also voted to set aside a \$500 financial assistance fund to be able to waive the fee for eligible swimmers.

JSL made the front cover of the June-July 2005 issue of Albemarle magazine. The 9-page article was written by Kelly Sundberg Seaman who swam for FV in her youth and now cheers for her children at FSBC.

Paul Boucher unveiled a major revision to the JSL web page (jsl.org) early in the season. The many improvements were appreciated by all who access jsl.org for information. The League continued to grow with 2,339 swimmers participating during the season. Kevin Hogan (FLST) and Karen & David Strider (FV) received the "BGVA" award for their long-time volunteering within the League. FV won the Championship held on July 29<sup>th</sup> and 30<sup>th</sup>.

### **JSL on the Front Cover of Albemarle Magazine**



Albemarle Magazine, July 2005

## **2006 SEASON**

JSL celebrated its 40<sup>th</sup> Anniversary with Joann Walker (GCC) serving as President with Walter Hartwell (LMST/FAST) as Vice-President, Inger Pettygrove (FSBC) as Secretary, and Jeff North as Treasurer. The Board continued to be assisted by Bob Garland, Jessica Simons, Locke Boyer, Paul Boucher, and Jann Balmer serving as consultants to the Board.

JSL welcomed the Fluvanna Aquatics Sports Team (FAST) to the League as its 16<sup>th</sup> team. A number of bylaws were changed and, for the first time, the League started scheduling Referees at all dual meets. JSL paid for new computers and printers for 12 of the 16 teams as well as paying for a new start system for FAST.

With projections for over 2,500 swimmers, the Championship Committee recommended that the Championship be expanded to four sessions with the addition of a 6 & under session for early Friday afternoon. Average team size in JSL stood at about 160 swimmers as compared to a little over 100 swimmers just 10 years ago.

The pre-season projections turned out to be correct as the League continued to grow to 2,559 swimmers participating during the season. Buzz White (FSBC) received the "BGVA" award for his long-time service to the League. FV won the Championship held on July 28<sup>th</sup> and 29<sup>th</sup>.

## **2007 SEASON**

Joe Phillips (FV) "came out of retirement" to serve again as President because President-Elect Walter Hartwell (LMST/FAST) moved out of town. Farid Jazouli (BHSC) served as Vice-President, Susan Field (GHG) as Secretary, and Jeff North as Treasurer. The Board continued to be assisted by Bob Garland, Jessica Simons, Locke Boyer, Paul Boucher, and Jann Balmer serving as consultants to the Board. Chip Deale (CGST) was added as the Publicity Consultant.

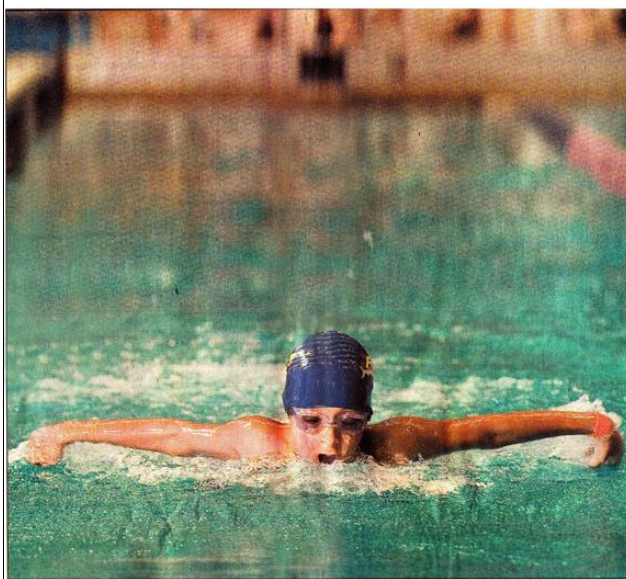
As mentioned above, the average JSL team size was about 160 swimmers. Several procedural and bylaw changes were made in an attempt to shorten the length of dual meets. Dive-over-starts were used for 9-and-over age groups, relay events were limited to one heat, and the minimum age limit for JSL was set at 5 years old. In addition, timers were issued two watches so that as one heat is finished another may begin on the second watch and times recorded while the following heat is in the water.

There were other bylaw and procedural changes made including increasing the Championship Committee to four teams with a four year rotation. The team seedings for the following season are now determined solely by Championship finish position and teams wishing to join the League must have a pool available for hosting meets. Championship

scoring was increased to thirtieth place and League size decreased slightly to 2,531. Joe Phillips (FV) and Chip Deale (CGST) were recipients of the "BGVA" for their outstanding service to JSL. FV won the Championship held on July 27<sup>th</sup> and 28<sup>th</sup>.

This was actually the 17<sup>th</sup> straight JSL Championship for FV

## **Watershed win for Fairview**



Joseph Selga of the Fluvanna Aquatics Sports Team competes in the 11-12-year-old boys 200-yard medley relay during the final day of the JSL Championship meet. The Daily Progress/Matthew Rosenberg  
**Team claims 19th consecutive league crown** **JSL CHAMPIONSHIPS** 1.607.26

The Daily Progress, July 29, 2007

Butterflyers During the 2008 Championship

## **Swimmers have perfect timing**



Swimmers compete in a girls heat of the 50-meter butterfly during the first day of the Jefferson Swim League championships at UVA's Aquatic and Fitness Center. The Daily Progress/Megan Loefer  
**JSL competitors take to the pool on record-breaking first day**

The Daily Progress, July 26, 2008

## **2008 SEASON**

Farid Jazouli (BHSC) served as President, Pat DiGregorio (GCC) as Vice-President, and Susan Field (GHG) continued as Secretary. Jeff North served his twelfth year as Treasurer! The Board continued to be assisted by Bob Garland, Jessica Simons, Locke Boyer, Paul Boucher, and Jann Balmer serving as consultants. It should be noted that, along with Jeff North, these fine people no longer have swimmers in the JSL. Their continued commitment to JSL personifies the volunteer spirit which makes JSL such a great organization.

All of the temporary bylaw and procedural changes mentioned above in 2007 were adopted as permanent changes. JSL still enjoys growth from year to year and continually struggles to adapt to its increasing size while maintaining the spirit and purpose of "Bylaw #1".

JSL corporate sponsors continue as an important part of fund raising. As an example, this year Crutchfield Corporation donated National Oceanic and Atmospheric Administration (NOAA) weather radios to assist teams in protecting swimmers from weather related events.

At the suggestion of Bob Garland, a JSL committee met in October to explore the possibility of JSL starting a learn-to-swim program for disadvantaged youth. The program would be called "Just Swim for Life" (JSL). After the meeting, Brad Heilman summarized this proposal and the need for the program in an excellent memo to the Board.

Although individual teams changed sizes, League size remained the same at 2,531. For the first time ever, a swimmer shared the "BGVA" when it was given to Ryan Gimple (BHSC) and shared with his father Larry Gimple (BHSC) for their development of [www.strokeandturn.com](http://www.strokeandturn.com), a successful training site for Stroke and Turn Judges. FV won the Championship held on July 25<sup>th</sup> and 26<sup>th</sup>.

## **2009 SEASON**

Pat DiGregorio (GCC) served as President, Rick Collins (FAST) as Vice-President, Toby Korn (GHG) as Secretary and Jeff North continued to serve as Treasurer. The Board continued to be assisted by those consultants mentioned above. In a move to insure JSL longevity, Joe Phillips filled the new consultant position of Advisor Assistant.

A few bylaw changes were made including making the Executive Committee responsible for imposition of all penalties and requiring minimal safety qualifications for all coaches. Additionally, a one year trial of USA Swimming's "no false start" rule was implemented for all 13 year old and over swimmers. The League size increased to 2,708 swimmers.

Although the reader will note the 2008 mention of the desire to establish a learn-to-swim program, the

JSL Board took no action to establish a formal program because of lack of time and pool availability. However, it was noted that several teams were attempting to reach out to non-swimmers in the community with learn-to-swim programs.

JSL was featured on the June, 2009, cover of Albemarle Family Magazine. The 8 page article covered the JSL and had many interviews with swimmers and their families.

The "BGVA" was awarded posthumously to a dear friend of JSL, Mark Fletcher, the Director of the Aquatics and Fitness Center. Mark was always supportive of JSL and was instrumental in the success of the annual Championship. FV won the Championship held on July 24<sup>th</sup> and 25<sup>th</sup>.

## **A Picture-Perfect JSL Swimmer**



The Daily Progress/Megan Lovett  
Fluvanna Aquatic's Skyler Bushman, 9, smiles after winning her 50-meter backstroke heat at the final day of the JSL Chamolionshles.

The Daily Progress, July 27, 2008



JSL on the June, 2009, front cover of the Albemarle Family Living Magazine

### 2010 SEASON

Rick Collins (FAST) served as President, Brad Heilman (GCC) as Vice-President, and Toby Korn (GHG) continued as Secretary. Jeff North served his fourteenth year as Treasurer! The Board was assisted by the Consultants listed above and they were joined by Steven Miller as a Coaches/Software Consultant.

A few changes were made to clarify existing bylaws and the one year trial of USA Swimming's "no false start" rule was permanently adopted for all 13 year old and over swimmers. Several teams switched to online registration and the Bylaws were revised to eliminate the hand-written registration form for those teams. The League took a big jump in swimmers up to 2,899.

Following the tragic death of ex-JSL swimmer, Benjamin Hair, in December of 2009, his parents, Brenda and Gordon Hair, wanted to form a non-profit organization in his honor. Thus, the Ben Hair – Just Swim For Life Foundation (BH-JSL) was born. This is a separate organization from the League, but is supported by the League and encompasses the same goals as the original League "Just Swim for Life" Program. BH-JSL member pools are partnered with USA Swimming's "Make a Splash" program. BH-JSL is supported financially by the League as well as by the strokeandturn.com site designed by Ryan Gimple (pictured below) and his father Larry

Gimple. Because of his work and dedication to BH-JSL, Gordon was one of the "BGVA" award winners for 2010. In addition, Pat DiGregorio (GCC) was selected for his outstanding service to the League and Scott Goodman (FCC) was chosen for his longstanding service as Clerk-of-Course for the Championship as well as for FCC. FV won the Championship held on July 30<sup>th</sup> and 31<sup>st</sup>.

### A BHSC Swimmer in the 2009 Championship



The Daily Progress, July 24, 2009

### 2011 SEASON

Brad Heilman (CGST) served as President, Debbie McPhillips (HM) as Vice-President. Toby Korn (GHG) continued as Secretary with Jeff North marking his fifteenth year as treasurer! A total of nine consultants continued to lend their talents to the Board on a permanent basis, even though almost all no longer have children swimming in the League.

Due to a change by USA Swimming and a desire to improve the safety of the swimmers, JSL began requiring background checks on all coaches 18 and over. The Board cleaned up a few other Bylaws and added a protest procedure to the Team Manual. The registration fee was raised to \$11.00 with \$1.00 designated to continually help fund the BH-JSL organization. Several more teams adopted online registration, bringing the total to six. The number of swimmers in the League decreased slightly to 2,825, but the number of swimmers in the Championship increased to a record 2,142. Average team size is now over 175 swimmers as compared to 81 in 1981.

The Championship went very well and Jeff North received the well-deserved "BGVA" award for serving his 15<sup>th</sup> year as Treasurer for JSL. FV won the Championship held on July 29<sup>th</sup> and 30<sup>th</sup>.

## Some Great Pictures from the 2011 Championship



Aaron Cole, 14, competes for the Crozet Gators in the 100-yard individual medley during the first day of the Jefferson Swim League 2011 Swim Championship at the University of Virginia Aquatic and Fitness Center on Friday afternoon.

PHOTOS BY SABRINA SCHAEFFER/THE DAILY PROGRESS

The Daily Progress, July 30, 2011



### JEFFERSON SWIM LEAGUE 2011 CHAMPIONSHIPS

**L** EFT: Forest Lakes swimmers Ashley Eagleson, top, high fives Madison Warlick after the team set a new JSL record with a time of 2:04 for the Girls 11-12 200 Yard Medley Relay Saturday during the JSL 2011 Swim Championships held at the UVa Aquatics Center. **ABOVE:** Hundreds of swimmers surround the pool patiently waiting their turn to compete on Saturday.

PHOTOS BY ANDREW SHURTLEFF/THE DAILY PROGRESS

The Daily Progress, July 31, 2011

## 2012 SEASON

Debbie McPhillips (HM) served as President and Claude Worrell as Vice-President. Toby Korn (GHG) continued as Secretary with Jeff North again serving as treasurer. Nine consultants still assisted the Board with their time and skills.

Several significant things happened in the 2012 season. Unfortunately, due to construction, the Championship had to be moved from the UVA Aquatics and Fitness Center to Fork Union Military Academy for this one year. This presented a number of challenges to JSL, but Jann Balmer, the Champs Consultant, and her Committee organized another great Championship. The League added a new team from Gordonsville, GOST, bringing the total to 17 teams: ACAC, BHSC, CGST, CITY, ELKS, FAST, FCC, FLST, FSBC, FV, GCC, GHG, GOST, HM, KWC, LG, & LMST.

A number of Bylaw changes were made to accommodate the scoring of Tri-meets and a new bylaw was added to allow the Board to remove a Board member if needed. An additional 15 Bylaws were clarified for 2012 and Shallow Water Diving Guidelines were added to the Team Manual. The number of swimmers in the League decreased slightly from 2011 to 2,701.

The Championship went so well that a League survey was conducted to see if there was support to have the Championship again at Fork Union Military Academy in 2013. Jann Balmer received the well-deserved "BGVA" award for her work making Champs work in a new location. FV won the Championship held on July 27<sup>th</sup> and 28<sup>th</sup>.

## 2013 SEASON

Claude Worrell (CITY) served as President and Richard Armstrong (GCC) as Vice-President. Toby Korn (GHG) continued as Secretary with Jeff North again serving as treasurer and Debbie McPhillips (HM) serving as Past President. Nine consultants still assisted the Board with their time and skills.

The 2013 season will be sadly remembered for the untimely death of Paul Boucher, longtime JSL volunteer and Webmaster. Paul had unselfishly given of his time and talents to JSL for years and began his service to the Board in 1998 as Vice-President, then as President in 1999. It was during his year as President that Paul developed and introduced the League's webpage, [www.jsl.org](http://www.jsl.org), and single handedly moved JSL into the computer age. Since that time he had served as JSL's Webmaster and as an Advisor to the Board. The importance of his contributions to the success of JSL cannot be emphasized enough. Despite an extremely serious automobile accident in 2003, he continued to serve as webmaster until his untimely death. Paul unveiled a major revision to the webpage in 2005 and was

## **Victory in the Freestyle at the 2012 Championship Held at Fork Union Military Academy**

**JEFFERSON SWIM LEAGUE CHAMPIONSHIPS**  
**Can't hold them down**



**Fairview rallies to capture 22nd straight crown**

BY ALEX MAHONE  
Daily Progress correspondent

FORK UNION — Crozet began Saturday morning as the first-place team at the Jefferson Swim League championships.

But by late afternoon, however, when the thousands of swimmers and spectators left the Fork Union Aquatic Center, the trophy belonged once again to the defending champion Fairview Sea Horses.

Fairview, trailing by 140.75 points at the start of the day, put together a comeback for the ages to capture a 22nd straight crown, marching all the way back from sixth place to beat Crozet by 71.5 points.

"Everything about this title makes it special," Fairview coach J.J. Bean said. "We knew from the very beginning of the year that we had some age groups that had very inexperienced swimmers, but the coaches did a phenomenal job all year of teaching kids how to swim, how to compete, how to do a time, and how to do a start. ... So that's what is so special about it, that we knew we didn't have as strong of a team as we've had in the past, and the coaches knew that they would have to work hard, the parents knew that they would have to get their kids here, and the kids knew that they would have to concentrate and get better."

See JSL Page D3

ANDREW SHURTLEFF/THE DAILY PROGRESS

Caleb B. Smith raises his arm in victory after winning the boys 11-12 100-meter freestyle during the Jefferson Swim League Championships on Saturday at the Fork Union Military Academy.

The Daily Progress, July 29, 2012

working on further revisions to adapt the JSL webpage to mobile devices at the time of his death. He was also very instrumental in developing live Internet streaming of the JSL Championship and was a multiple recipient of the League's "BGVA" award which honors those who have given extraordinary effort to benefit JSL.

Thirteen Bylaws were revised or adopted with many changed to increase the safety of the swimmers. Additionally the order of events was changed with breast and fly switching places. The Championship returned to the UVA Aquatics and Fitness Center and the total number of teams remained at 17 with 2,688 swimmers. Toby Korn (GHG) was awarded the "BGVA" for stepping up to assume the role of JSL Webmaster under very difficult conditions. CGST won the Championship held on July 26<sup>th</sup> and 27<sup>th</sup> stopping a 22 year win streak by FV.

## A Remarkable Record Comes to an End



The Daily Progress, July 28, 2013

## 2014 SEASON

The League was served by Richard Armstrong (GCC) as President, Marc Weathersby (FLST) as Vice-President, Debbie McPhillips (HM) as Secretary, Jeff North as Treasurer, and Claude Worrell (CITY) as Past-President. A variety of Consultants continued to lend their talents to the League. Their continued commitment to JSL personifies the volunteer spirit which makes JSL such a great organization.

The 2014 Season saw another team join JSL. With the addition of the Culpeper Country Club (CCC) the League grew to 18 teams. A problem arose after the addition of CCC when it was realized that their home pool was not deep enough at either end to allow diving, so all JSL events required in-water starts. There was also difficulty in getting some teams to travel to Culpeper for meets. For the first time since 1994, no Division voted to use gold/silver scoring.

Most importantly, under the leadership of Richard Armstrong, the JSL applied for and was granted status as a 501(c)(3) charitable organization. There were several Bylaw changes to clarify existing Bylaws and to accommodate 501(c)(3) requirements. Many of the teams needed stopwatches, so a new stopwatch was selected for JSL since the older ones were no longer available.

The Championship was held again at the UVA Aquatics and Fitness Center and the league size grew to 2,866. Paula Tomko was given the "BGVA" for her years of service as Publicity Consultant for JSL. FV won the Championship held on July 25<sup>th</sup> and 26<sup>th</sup>.

## 2015 SEASON

Marc Weathersby (FLST) served as President and Cleve Packer (BHSC) as Vice-President. Debbie McPhillips (HM) continued as Secretary with Jeff North again serving as treasurer and Richard Armstrong serving as Past President. Many consultants still assisted the Board with their time and skills.

A Meet Length Committee, chaired by Dan Gioeli (FSBC), met several times and developed a list of recommendations for shortening the meets. A number of Bylaws were revised or clarified and the required coaching certifications were updated to reflect changes recently made by USA Swimming.

President Weathersby undertook a revision of the Corporate Sponsorship Program, expanding opportunities for sponsors. At the end of the season a major change in the format of the Bylaws was made by separating the Bylaws into "Bylaws" and "Rules and Regulations" as it was prior to 1981. Bylaw changes still required 75% approval of all Representatives, but "Rules and Regulations" changes only require a majority. It was believed that this would facilitate various actions by the Board.

On its 49<sup>th</sup> Anniversary, JSL held its 50<sup>th</sup> Championship in the 2015 Season at the UVA Aquatics and Fitness Center. The swimmers celebrated in style, breaking 24 records, two of which were 35 and 36 years old. Your ancient historian cannot recall a Championship when so many records were broken. The league size decreased slightly to 2,754. Terry Doherty was given the "BGVA" for her years of service on the Champs Committee in charge of awards. FV won the Championship held on July 24<sup>th</sup> and 25<sup>th</sup>.

The JSL Board established a Hall of Fame to recognize those who have contributed to the outstanding success of the League. The first year "Contributor" inductees (in alphabetical order) were Bob Garland, Jr. (BHSC), Gordon Hair (ELKS), Jann T. Balmer (FV), Jeff North (GHG), Jessica Simons (BHSC), Locke Boyer (FCC), and posthumously, Paul Boucher (ACAC). J.J. Bean (FV) and Ralph Law (FSBC & FV) were inducted as "Coaches" and Chris Taylor (GHG) as a "Swimmer".



The Daily Progress, July 26, 2015



# *The Fiftieth Anniversary Year*



## 2016 SEASON

JSL reached an important milestone in its history when it celebrated the 50<sup>th</sup> Anniversary in 2016. Cleve Packer (BHSC) served as President and Kristin Wray (FCC) as Vice-President. Debbie McPhillips (HM) continued as Secretary with Jeff North again serving as Treasurer and Marc Weathersby (FLST) serving as Past President. Many consultants continued to assist the Board with their time and skills. Hundreds of parents contributed thousands of hours working swim meets and the Championship. It is this true volunteer spirit which has strengthened the Jefferson Swim League and contributed so greatly to its success.

President Packer undertook a number of projects to celebrate and publicize the JSL's 50<sup>th</sup> Anniversary. There were many TV appearances as well as radio interviews. He put forth a JSL Logo design change for this year which contained a new slogan, "Celebrating 50 Years in the Pool and Our Community". Additionally he made a point of going to many of the dual meets during the season.

Under the direction of Marc Weathersby, Corporate Sponsorships increased dramatically. Team Heat Sheet ad sales were also increased significantly under the leadership of Nicole Weiss who introduced a new procedure for making and selling ads. JSL continued to be in excellent financial condition on its 50<sup>th</sup> Anniversary.

JSL expanded its social media presence with the addition of Instagram. New online training courses for all dual meet positions were introduced by Bob Garland. The Keswick Club had a small number of swimmers who were allowed to join the Key West Team (KWC) to be able to swim in JSL.

The Board approved a number of Bylaw changes and the addition to the Team Manual of Appendix Z which clarified bathing attire, the use of supportive tape, braces, and other supports.

The Championship Committee recommended and the Board approved the purchase and awarding of a permanent awards plaque for each team. In the future each team will get a single brass plate recognizing their top Division finish position in the regular season and for the Sportsmanship Award in each Division. Additionally, plates will be awarded for Championship top finish positions.

The 50<sup>th</sup> Anniversary Championship Meet went off with the usual success and efficiency thanks to the Championship Committee led by Jann Balmer. For the first time, Locke Boyer, the Meet Referee, recommended that a "Meet Jury" be convened to resolve a protest regarding a relay team disqualification.

The swimmers again celebrated by breaking 25 records which surpassed the 24 records broken in 2015. The 35 year old record for the 50-Free 9-10 boys was broken by Maxwell Moore (FCC) with the previous record holder, Paul Harris, in attendance watching his 4 kids swim. Maxwell's Mom even got the picture below when they had a chance to meet!



Maxwell Moore gets to meet the previous 9-10 Boy's 50 free record holder, Paul Harris, who set the record in 1981.

The second year Hall of Fame inductees included Chip Grobmyer (ACAC), Toby Korn (GHG), and Susan Turner (GCC) as contributors; Cos DiFazio (FAST) and Debra Bickley (LG) as coaches; and Rebecca Cronk (KWC) as a swimmer.

Debbie McPhillips (HM) and Susan Field (GHG) received the Bob Garland Volunteer Award. Debbie has served as a Team Rep, Vice-President, President, and multiple terms as Secretary of the League. Susan has served as a Team Rep, JSL Secretary, and multiple years on the Championship Committee. FV won the Championship held on July 29<sup>th</sup> and 30<sup>th</sup>.

JSL Registrations increased slightly to 2,804 and 18 teams made up the three-division League.

# Fiftieth Anniversary Pictures

(From the Daily Progress July 31, 2016)



Lydia Cramer with Fry's Spring Beach Club swims the Girls 8 & Under 25 Yard Backstroke during the Jefferson Swim League championship Saturday at the UVa Aquatic and Fitness Center in Charlottesville, Va. Photo/The Daily Progress/Andrew Shurtleff



Jaylynn Bailey with City of Charlottesville swims the Girls 8 & Under 25 Yard Backstroke during the Jefferson Swim League championship Saturday at the UVa Aquatic and Fitness Center. Photo/The Daily Progress/Andrew Shurtleff



Ella Gelston with Glenmore Country Club swims back to the starting block during the Jefferson Swim League championship Saturday at the UVa Aquatic and Fitness Center in Charlottesville, Va. Photo/The Daily Progress/Andrew Shurtleff

## Fairview wins 3rd straight JSL title

Crozet rallies on Day 2 to place 2nd

BY RON COUNTS

Despite claiming the title the previous two years, this season's Jefferson Swim League championship was anything but a given for the Fairview Swim Club.

"Every year comes with its own challenges," Fairview coach J.J. Bean said. "You have different swimmers, different parents and different coaches, so every season is special because people are in different spots."

Losing a lot from last year's team, Fairview had to survive some early growing

### INSIDE

» More pictures from Saturday's swim meet. B2, B5  
» Team scores. B3

pains this summer, but the swimmers came together when it mattered Saturday and helped the club claim its 42nd championship on the 50th anniversary of the league's inception.

Fairview took the title with 2,363 points, followed by the Crozet Gators, which finished with 2,195.75 points, and Boars Head, which tallied 2,138.25.

Fairview went on a streak of 22 straight championships

See **TITLE**, Page B4



ANDREW SHURTLEFF/THE DAILY PROGRESS

Elks' Dylan Duke (left) waves to her family during the Jefferson Swim League championship Saturday at the University of Virginia Aquatic & Fitness Center in Charlottesville. » Visit us at [DailyProgress.com](http://DailyProgress.com) for more photos.

JSL in the July, 2016, Issue of Charlottesville Family's Bloom Magazine.

# 50 Years



# in the Pool

*The Jefferson Swim League Celebrates Its Golden Anniversary*

Complete article may be seen here:

[https://issuu.com/ivypublications/docs/charlottesvillefamily\\_s\\_bloom\\_july\\_/44?e=8916284/36816153](https://issuu.com/ivypublications/docs/charlottesvillefamily_s_bloom_july_/44?e=8916284/36816153)

## **2017 SEASON**

The League was served by President Kristin Wray (FCC) and Jean Farist (LMST) as Vice-President. Debbie McPhillips (HM) continued as Secretary with Jeff North again serving as Treasurer and Cleve Packer (BHSC) serving as Past President. Numerous consultants continued to assist the Board with their time and skills. Many of these fine people no longer have swimmers in the JSL. Their commitment personifies the volunteer spirit which makes JSL such a great organization.

The first big news to greet the 2017 Board was from Jann Balmer, the Champs Consultant, who informed the Board that the UVa Aquatics and Fitness Center would be unavailable for the 2017 Championship. Several alternate venues were explored, but FUMA was the best and most practical, so FUMA was selected.

Terry Doherty was appointed to serve as the JSL Social Media Consultant and greatly expanded the League's presence on Facebook, Twitter, etc. Nicole Weiss took over the Heat Sheet and Team ads and increased ad revenue significantly. Marc Weathersby continued to raise the level of Corporate Sponsor support.

A review of the current JSL insurance policy indicated the need for several changes resulting in a significant price increase that the League absorbed for 2017, but a registration fee increase of \$5.00 will be needed for the future.

Despite taking measures in 2016 to correct "exposed corner" issues at pools, there was another incident of a swimmer colliding with an exposed corner. All pools with exposed corners were subsequently required to have a physical barrier in place to prevent swimmers from hitting any corners. Several Bylaws and Rules and Regulations were changed or clarified and a few new awards were added to the Championship.

Don Cochrane unveiled a new program from Freestyle to benefit the JSL and its swimmers. The "Freestyle-JSL Athlete Development Program" is intended to provide financial support and was enthusiastically received by the Board.

The third year Hall of Fame inductees included Joann and Mac Walker (GCC) as contributors; Dan Bledsoe (BHSC) as a coach; and Mary Nash (FSBC) as a swimmer.

Richard Armstrong (GCC) received the Bob Garland Volunteer Award. Richard has served as a Team Rep, Vice President, President, and Past President for JSL. Additionally, as an attorney, he has given of his professional time to JSL. FV won the Championship held on July 28<sup>th</sup> & 29<sup>th</sup> at FUMA.

On a more somber note, JSL lost three significant contributors in 2017: Rick Collins, 2010 President; Joann Walker, 2006 President; and Coach Ralph Law who is generally credited with starting the JSL.

JSL Registrations decreased slightly to 2,758 and 18 teams made up the three-division League.

**SWIMMING**



# Pushing it to the limit



PHOTOS BY ANDREW SHURTLEFF / THE DAILY PROGRESS  
Farmington's Simon Ray dives in for the 100-meter individual medley during the Jefferson Swim League Championships held Saturday at Fork Union Military Academy. TOP: Allison Dugger competes in a medley relay. BELOW: Fry's Spring swimmer Quinn Ragdale swims the backstroke in a medley relay. » Visit us online at [DailyProgress.com](http://DailyProgress.com) for more photos.

## Fairview wins fourth straight JSL title

The Daily Progress, July 30, 2017

## **2018 SEASON**

The League was served by President Jean Farist (LMST) and Devin Creamer (LMST) as Vice-President. Debbie McPhillips (HM) continued as Secretary with Jeff North again serving as Treasurer and Kristin Wray (FCC) serving as Past President. Numerous consultants continued to assist the Board with their time and skills.

A Rules Committee was formed with Kristin Wray as Chair. A number of Rules and Regulations were changed, but the most important being the requirement for all Coaches to be certified in Athlete Protection (sexual harassment prevention) and the addition of a concussion protocol to the Procedure Manual. The Board also adopted a digital media policy prepared by Terry Doherty (GCC). Due to an increase in the JSL liability insurance premium, the Registration fee had to be raised from \$15.00 to \$20.00. GOST lost their coach right before the start of the season and did not swim in JSL.

An unusual event for JSL, caused by a problem with the CTS system at Champs, ultimately resulted in the Referee, Locke Boyer, revising the outcome of event 22 and declaring a tie.

The fourth year Hall of Fame inductees included Marc Weathersby as a contributor, Helen Dixon as coach, and Cathy Umbdenstock Wheeler as a swimmer. B.J. Fortune (FSBC) received the BGVA for her work on the Champs Committee.

JSL ended the season with 17 teams and 2,644 swimmers, down slightly from 2017. FV won the 2018 Championship.

# Daily Progress Pictures from the 2018 Championship

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SPORTS

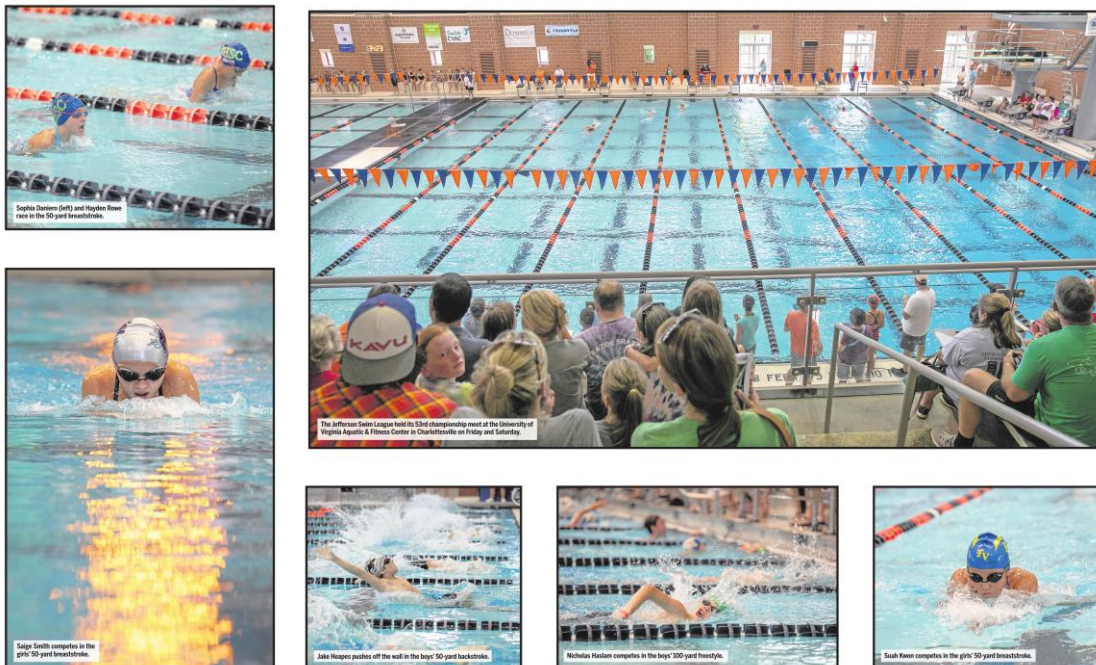
SUNDAY, JULY 29, 2018 | 87

## JEFFERSON SWIM LEAGUE CHAMPIONSHIPS

SATURDAY, JULY 28, 2018 • UVA AQUATIC & FITNESS CENTER • CHARLOTTESVILLE



Photos by Melody Robbins/For The Daily Progress



## 2019 SEASON

The League was served by President Devin Creamer (LMST) and Chuck Fix (HM) as Vice-President. Debbie McPhillips (HM) continued as Secretary with Jeff North again serving as Treasurer and Jean Farist (LMST) serving as Past President. Numerous consultants continued to assist the Board with their time and skills.

In January, the Board received a letter from GOST that they were unable to form a team and were withdrawing from JSL. The Rules Committee made suggestions for a few Bylaws and Rules changes which were adopted by the Board. Charlie Hall was appointed as the Social Media Consultant, but at the end of the season moved to the Web Page Consultant position with the retirement of Toby Korn. The Corporate Relations position stayed open. Two very rare unsportsmanlike complaints came before the Executive Committee resulting in penalties.

The Championship was held on July 26<sup>th</sup> & 27<sup>th</sup> at the UVa Aquatics Center and was run on a CTS System 7 for the first time. This resulted in many scoring errors and difficulties throughout the meet. Meet Referee, Locke Boyer, formed a Committee to re-score the meet manually which resulted in a few teams changing positions. However, it confirmed the closest 1-2 finish in the history of the League. FV won over BHSC by 3.5 points!

Jean Farist (LMST) and Kristin Wray (FCC) received the Bob Garland Volunteer Award. Howard Craddock (FV), longtime "Voice of the JSL" was inducted into the JSL Hall of Fame.

JSL Registrations decreased slightly to 2,621 and 17 teams made up the three-division League.



The Daily Progress, July 28, 2019

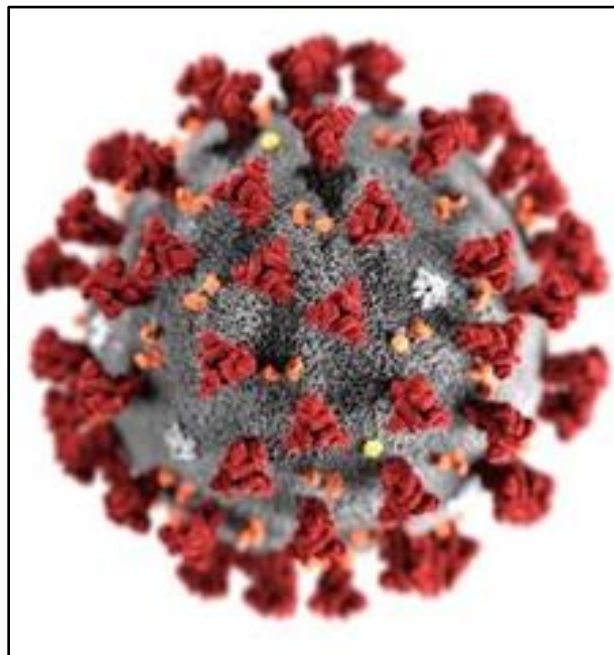
## 2020, THE SEASON THAT WASN'T

The League was served by President Chuck Fix (HM), Christina Meyer (ACAC) as Vice-President, and Kristin Wray (FCC) as Secretary with Jeff North again serving as Treasurer and Devin Creamer (LMST) serving as Past President. Numerous consultants continued to assist the Board with their time and skills.

The COVID-19 pandemic occurred in 2020 and caused the JSL Board to make its most painful decisions in the 54 year history of the League. Over the course of several preseason meetings, the Board first voted to cancel JSL Champs and then to cancel the entire dual meet season. The rapid spread of the virus and various government restrictions made it obvious to the Board that there was no path forward for any type of swim season.

The Board was well aware that cancelling the 2020 season would have negative effects on the entire swimming community, but especially on the graduating seniors who would miss their last season of JSL. All was not lost during this unprecedented time as Vice-President, Christina Meyer, and Webmaster, Charlie Hall (LMST), undertook a significant and welcomed update of the JSL Webpage. Unfortunately, JSL lost one of its long-time contributors in 2020 with the death of Howard Craddock. Howard, "The Voice of the JSL", had served as the announcer for JSL Champs and Fairview for decades.

This 2020 update was written on what was originally scheduled to be the first night of the dual meet season. It is obvious that everyone will miss the fun and excitement of JSL, but it is hoped that the 2021 season will be bigger and better than ever.



2020 Season – A picture is worth a thousand words.

## **2021, THE RECOVERY SEASON**

The League was served by President, Christina Meyer (ACAC) and Paul Breza (ACAC) as Vice-President, and Kristin Wray (FCC) as Secretary with Jeff North again serving as Treasurer and Chuck Fix (HM) serving as Past President. Numerous consultants continued to assist the Board with their time and valuable skills.

The COVID-19 pandemic, which occurred in 2020 and caused the JSL Board to cancel the entire season, was still raging as we entered 2021. Vaccines were becoming available, but early in the year it was entirely unclear if there would be a swim season. The Board held many long discussions debating how to and if to move forward. As spring approached, the vaccines started having a positive affect and the various government restrictions started to ease. Out of an abundance of caution, the Board approved a non-scored schedule which divided dual meets into halves with 11-&-over swimmers swimming one week and 10-&-unders swimming the same team the next week. This did not please everyone and the Board received a petition asking that a normal schedule including scoring be adopted. The Board stood firm and the season began as planned.

The next challenge was how to conduct Champs. It did not become clear until June that Champs was possible, which left the Champs Committee little time to prepare. Additionally, UVa's Aquatic and Fitness Center was not available, so it was decided to hold only a 13-&-over Champs at Woodberry Forest on July 30<sup>th</sup>. Several Board members got together to plan for a "Jr Champs" for 12-&-unders which was held at the CGST pool on July 31<sup>st</sup>.

Two of JSL's most dedicated and long term volunteers, who started their service to the Board in 1993, retired at the end of the 2022 Season. Jann Balmer also served as the JSL Championship Consultant since 2003. After serving as Treasurer in 1993, Jeff North served in multiple positions until beginning his 26-year term as Treasurer in 1997. Jeff was a swimmer in JSL as a youth. Another long-term volunteer, Steve Miller, also resigned. Steve started his service as Vice President in 2003 and used his expertise as Computer Consultant since 2010. Jann, Jeff, and Steve were presented with award plaques and a dinner by the JSL Executive Committee after the end of the season.

Due to the lingering concerns with the pandemic, registrations decreased significantly in 2021 to 2,206 swimmers, but 17 teams still made up the three-division League. However, the CITY team elected not to participate in either of the two Championships.

It was obvious that, despite the difficulties, the 2021 season was a success, but it is hoped that the 2022 season will be bigger and better than ever.

## **2022, BACK TO NORMAL !!?!?**

The League was served by President Paul Breza (ACAC), Jennifer McKeever (CITY) as Vice-President, and Kristin Wray as Secretary. Brian Craddock, a former JSL swimmer from FV, stepped up as Treasurer. The JSL Webmaster, Christina Meyer, took on an additional roll as Champs Consultant. Numerous consultants continued to assist the Board with their time and valuable skills

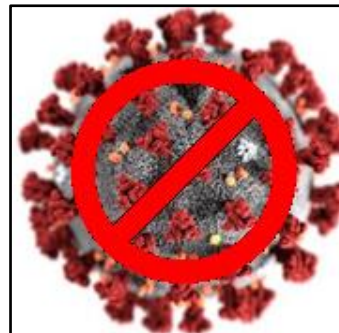
The Covid-19 pandemic was not quite over at the start of 2022, so the Board continued Zoom meetings. A decision was made by the Board early in the year to plan for a conventional dual meet season and to return to UVA for the Championship. Because of Thomas Jefferson's complicated history, a proposal was made to change the name of the League, but did not gain any traction with the Board. In an effort to streamline the Board meetings, the Board agreed to stick closer to Roberts Rules of Order, and adopted a consent agenda and Guidelines for Dialogue. Culpeper (CCC) and Glenmore (GCC) each changed the abbreviated names of their teams to CBST and GLEN respectively. Through the combined efforts of Brian and Christina, JSL was able to provide a PayPal option for paying JSL.

ACAC, one of the largest and most established JSL teams, lost a significant number of its swimmers and their participation in the 2022 season was in doubt. However, they were able to hire a new coach and field a team, albeit much smaller than in years past.

As mentioned earlier, Christina stepped into the challenging job as JSL Champs Consultant. With the departure of Jann and most of the "Permanent" Champs Committee, Christina oversaw several changes to Champs including steps to save money. Two of the Committee Volunteers, Tracy Betsworth (GLEN) and Stacy Fuller (HM) developed a method of using SignUpGenius for organizing volunteers. Nicole Weiss (GLEN) oversaw the change from a printed heat sheet to an online version.

Kevin Hogan (FLST) received the Bob Garland Volunteer Award and Andrea Ross (CITY), longtime JSL Coach was inducted into the JSL Hall of Fame.

JSL Registrations increased from the pandemic low to 2,621 swimmers and 17 teams made up the three-division League. The Championship was won by CGST.



# JSL CHAMPIONSHIPS

MIKE KROPP PHOTOS,  
THE DAILY PROGRESS

ABOVE: Spectators watch as swimmers compete in the Jefferson Swim League championships at the UVA Aquatic & Fitness Center.

RIGHT: Swimmers compete in the Jefferson Swim League championships at the UVA Aquatic & Fitness Center.

BELOW: Fairview's Ahmad Woodson competes in the Jefferson Swim League championships.



RIGHT: Elks' Justin Lily competes in the Jefferson Swim League championships.



LEFT: Swimmers compete in the Jefferson Swim League championships at the UVA Aquatic & Fitness Center.

## **2023 SEASON**

The League was served by President, Jennifer McKeever (CITY) and Bo Greenwood (BHSC) as Vice-President, Kristin Wray (FCC) as Secretary, Brian Craddock (FV) as Treasurer, and Paul Breza (ACAC) serving as Past President. Numerous consultants continued to assist the Board with their time and valuable skills.

During the off-season, Bob Garland, met with the Executive Committee to lay out plans for his eventual retirement from JSL. The plans consisted of a slight reorganization of JSL by adding a Dual Meet Committee to take over some of his responsibilities and recruiting a qualified chair.

There were a number of Rule changes, most importantly disallowing false starts in all age groups. Perhaps the biggest change was switching the location of Champs from UVA's Aquatics and Fitness Center to the Brooks Family YMCA. Because of an incident which occurred at the 2022 Champs, UVA instituted requirements for 2023 that the JSL Board felt that JSL could not meet.

FV lost its longtime head coach, JJ Bean along with a significant number of swimmers, so 2023 was a rebuilding year for them.

Under the direction of Christina Meyer, Champs went off without any major issues. It appeared that JSL has found a new home for its Championship.

Nicole Weiss (GLEN) and Tracy Betsworth (CGST) received the BG Volunteer Award and August Lamb (BHSC) was inducted into the JSL Hall of Fame as a swimmer.

JSL Registrations dropped to 2,225 swimmers with two teams accounting for the difference. However, Championship entries increased by 124. The three-division League still had 17 teams and the Championship was won by CGST. See Daily Progress [PICTURES](#) of the 2023 Championship.

See You in 2024!



Bob Garland, Jr  
Advisor to JSL



Three JSL swimmers getting ready to swim in 2023

# JSL Championship Heat Sheet Covers

We are missing '68 – '69, 1971, 1973 – '77, 1979 – '80, 1983 – '84 Heat Sheet covers.  
If you have any missing heat sheets, please color-scan the cover and email to [bgarlandjr@gmail.com](mailto:bgarlandjr@gmail.com).

The four oldest heat sheet covers, thanks to Sam Towler.

**JEFFERSON SWIM LEAGUE**  
CHAMPIONSHIP MEET 1966

Participating Teams	Code
Country-Town	CT
Fairview	F
Keswick	K
Village Club	VC

MEET DIRECTOR -- RALPH L. LAW

Referee -- Mrs. Understock  
Head Timer -- Robert Tanner  
Head Judge -- Dr. Marks  
Starter -- Bill Awe  
Scorer -- Mrs. Robert Tanner  
Scoring Table -- Sue Critzer, Mrs. McGinty, Davis McCarthy, Mrs. Moore,  
Mrs. Weaver, Mrs. Nash, Ann Brown  
Stroke & Turns -- Mary Brunsage & John Wosener  
Clerk of Course -- Mrs. Understock  
Runner -- Lisa Hillard

Timers: Lane 1 & 2 David Folbride Mrs. Kopley	Lane 3 & 4 Faith Allen Mr. Moore	Lane 5 & 6 James Wade Jack Kopley
Lane 7 & 8 Allen Cohen Mrs. North	Lane 9 & 10 Barry McGinty Nancy Halley	Lane 11 & 12 Mr. Towler Mrs. Halley

Judges: 1st Place Billy Camper Mr. North	2nd Place T.R. Durham Mrs. Rosenkrans	3rd Place Jim Kelly Mrs. St. Ours
4th Place Mrs. B. Camper Mrs. Watson	5th Place Mr. Shoemaker Mrs. Towler	

CHAMPIONSHIP TEAM TROPHY DONATED BY THE DARTMOUTH ATHLETIC STORE

Jefferson Swim League wishes to thank Keller & George Jewelers  
for the use of their stop watches to assure correct timing for  
this meet and our other swimming meets throughout the year.

1966, FIRST JSL CHAMPS!!

Champion Ship Meet  
OF 1967

EVENT #1 - Boys 100 Medley Relay

Lane

2. M.T.	P. Parsons, C. Syrd, J. Parsons, K. Kappas	_____
3. F.	T. Dempski, S. Collins, S. Sullivan, D. Gourley	_____
4. V.C.	S. Baber, M. Dorsey, L. Babin, J. VanPasse	_____
5. K.	J. Winton, L. Stewart, J. Esselery, S. Kirk	_____

EVENT #2 - Girls 100 Medley Relay

Lane

2. F.	D. Hammond, H. Ponsada, R. Hahner, L. Min	_____
3. F.	S. Pinnagone, P. Moad, T. Mullins, J. Townsend	_____
4. V.C.	L. Bain, C.A. Barrett, T. Cook, P. Cook	_____

EVENT #3 - Highest Boys 200 Medley Relay

Lane

2. V.C.	N. Figgatt, R. Mappin, S. VanPasse, P. Collier	_____
3. K.	R. McGinty, M. Kelly, C. Burton, R. Hillard	_____
4. M.T.	R. Hise, K. Buchanan, C. Bird, S. Pollard	_____
5. F.	R. McPate, J. Kopley, J. Watson, S. Pinnagone	_____

EVENT #4 - Highest Girls 200 Medley Relay

Lane

2. F.	H.J. Shoemaker, R. Towler, C. Pinnagone, S. Mappin	_____
3. V.C.	S.L. Bain, R. Bain, P. Moad, R. Hillard	_____
4. F.	C. Mappin, G. Ponsada, S. Crumley, S. Turnbull	_____
5. M.T.	R. Pinnagone, R. Brown, M. Pinnagone, C. Pinnagone	_____

EVENT #5 - Single Boys 200 Medley Relay

Lane

2. M.T.	K. Layman, H. Mappin, S. Layman, R. Robinson	_____
3. F.	R. Shoemaker, S. Pinnagone, A. Gourley, S. Mappin	_____
4. V.C.	R. Shoemaker, R. Moad, R. Robinson, S. Kirk	_____
5. K.	R. Cohen, K. Kelly, J. Williamson, J. Ponsada	_____

EVENT #6 - Single Girls 200 Medley Relay

Lane

2. K.	R. Nohler, A. Jaeger, S. Burford, A. Alfred	_____
3. M.T.	R. Robinson, R. Baker, F. Floyd, E. Taylor	_____
4. F.	L. Layman, V. Buchanan, D. Shoemaker, S. Towler	_____
5. V.C.	D. Allen, A. Marshall, S. Weaver, G. Godwin	_____

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1967

THE JEFFERSON LEAGUE  
CHAMPIONSHIP MEET  
Wednesday August 12, 1970  
10:00 A. M.


HOST TEAM  
CROZET VILLAGE CLUB  
Meet Director  
Mr. Herbert Abbott  
Village Club President  
Mr. W. L. Claybrook

Jefferson League Officers  
President - Mr. John McCarthy  
Vice President - Dr. Albert Sparrow  
Secretary - Mrs. John Ringler  
Treasurer - Mr. Larry Hadley

Jefferson League Teams, Coaches and Representatives  
Country Town of Orange - Joe Samuels - Mrs. L. Willis  
Crozet Village Club - Jim Robinson - Mr. Herbert Abbott  
Fairview Swim Club - Ron Good - Dr. C. Difazio  
Farmington Country Club - Jim Brown - Mr. D. Zimmerman  
Fry Spring Beach Club - Mike Kaplan - Mr. Enory Toms  
Keswick Country Club - Ralph Law - Mr. Jack Kerns

1970

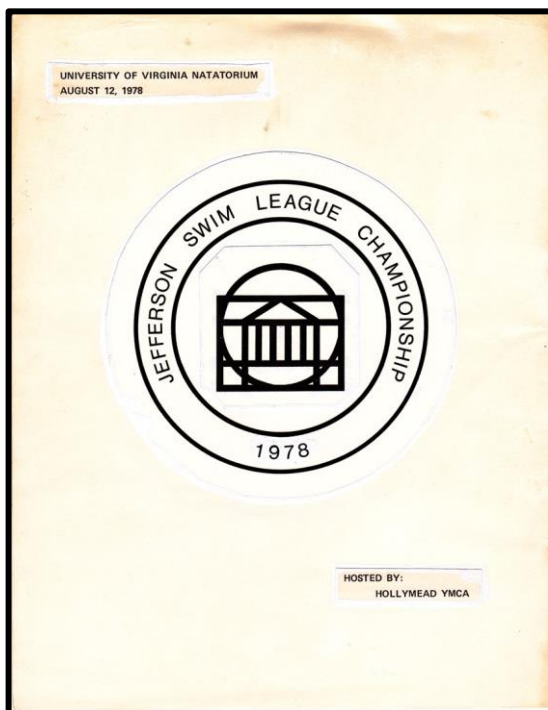
1972  
Jefferson Swim League Championship Meet  
Wednesday, August 16  
10:00 A. M.



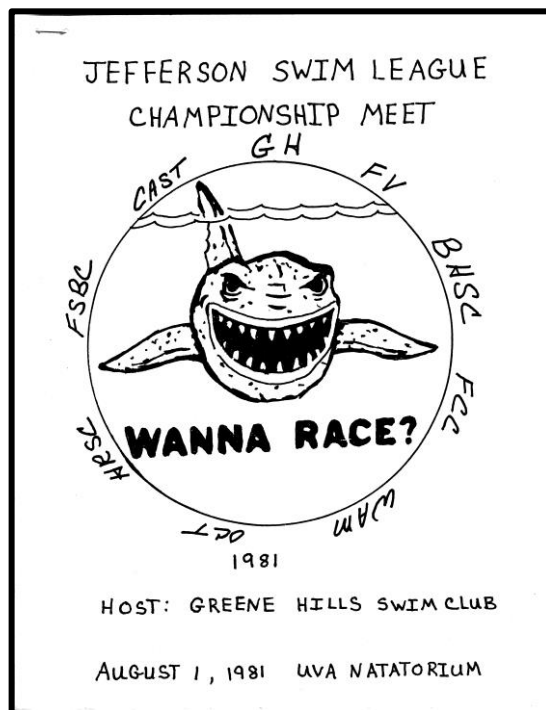
Host

1972

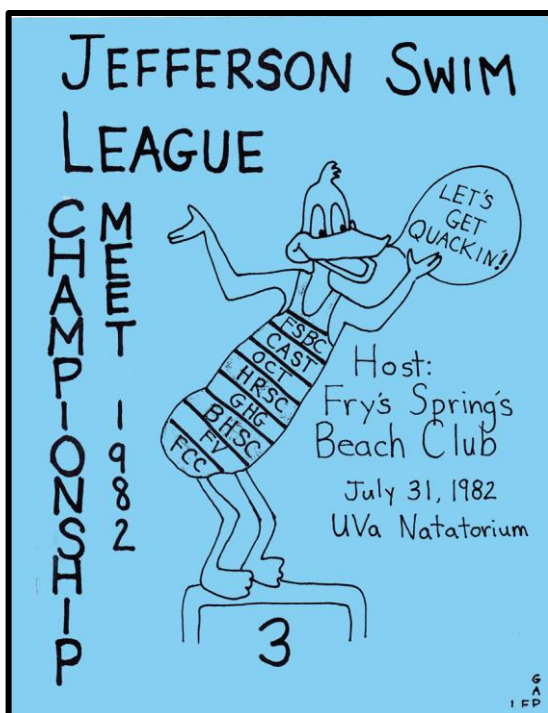
## JSL Championship Heat Sheet Covers



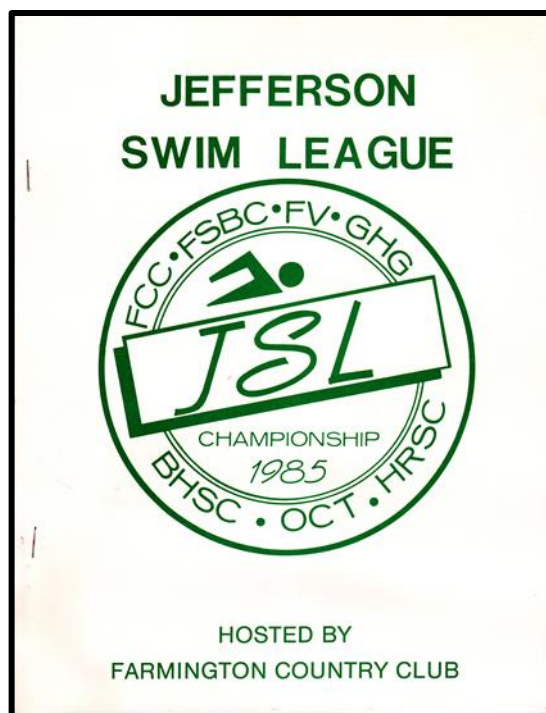
1978



1981

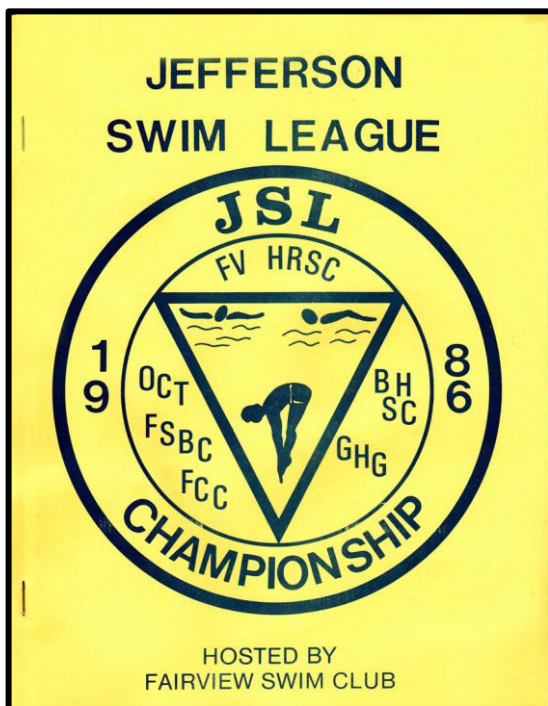


1982



1985

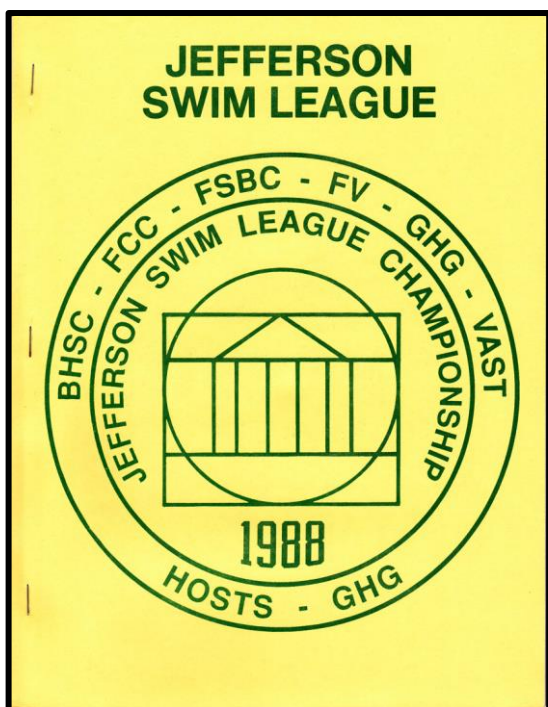
## *JSL Championship Heat Sheet Covers*



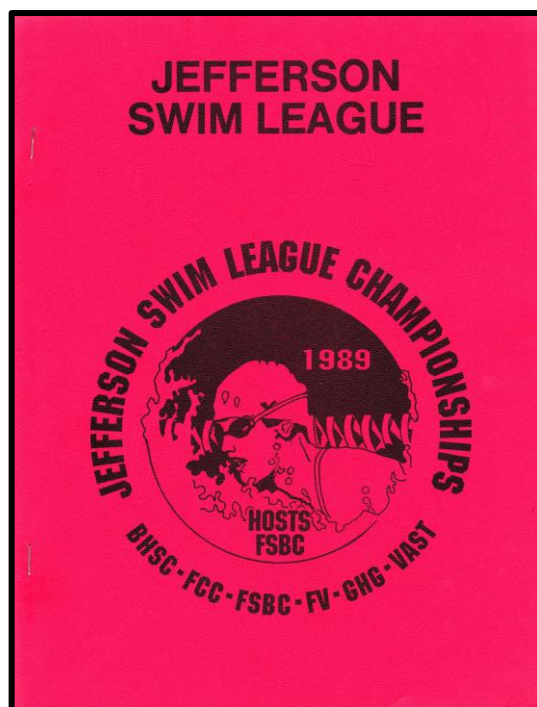
1986



1987



1988



1989

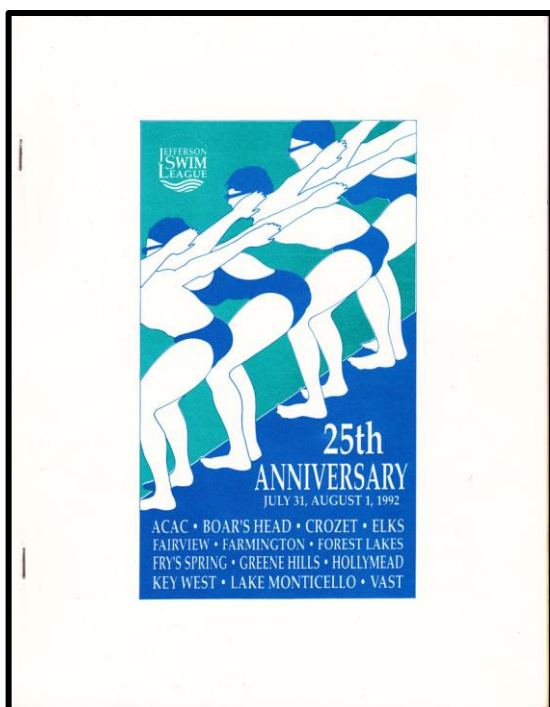
## JSL Championship Heat Sheet Covers



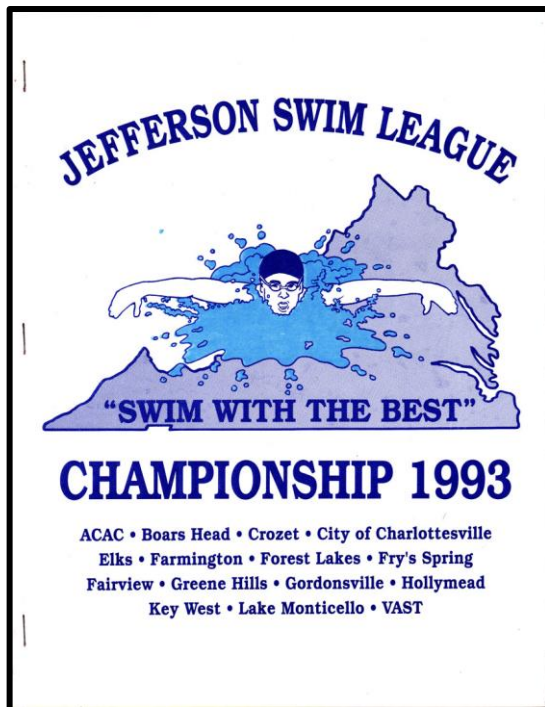
1990



1991

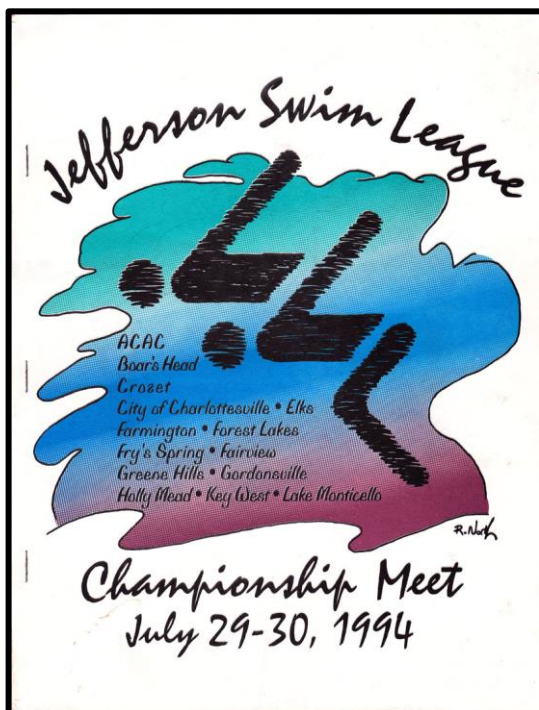


1992



1993

## JSL Championship Heat Sheet Covers



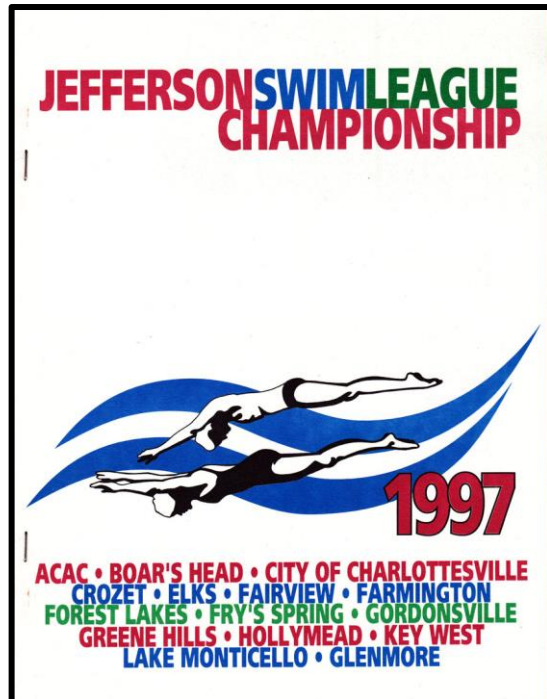
1994



1995

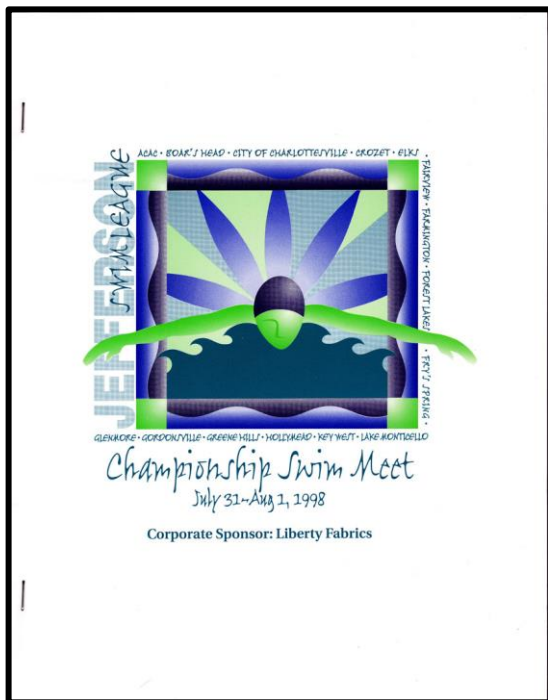


1996



1997

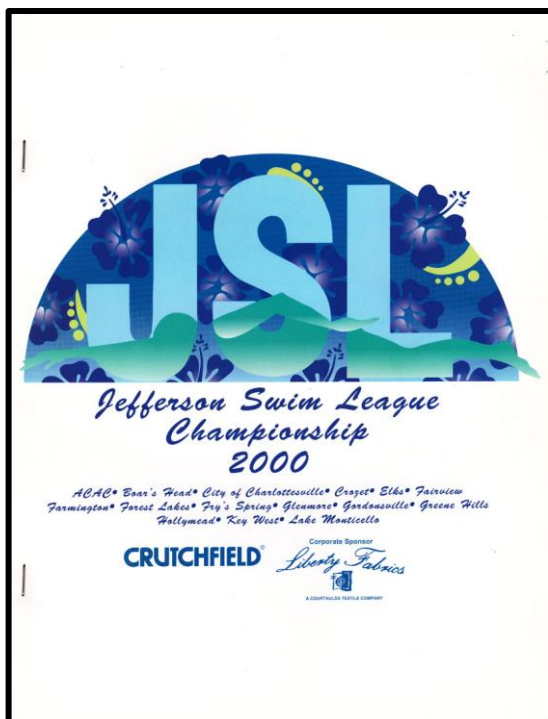
## JSL Championship Heat Sheet Covers



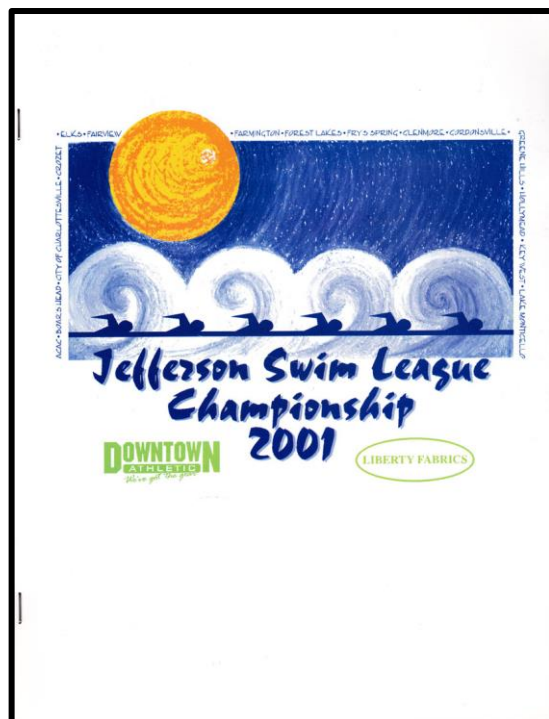
1998



1999

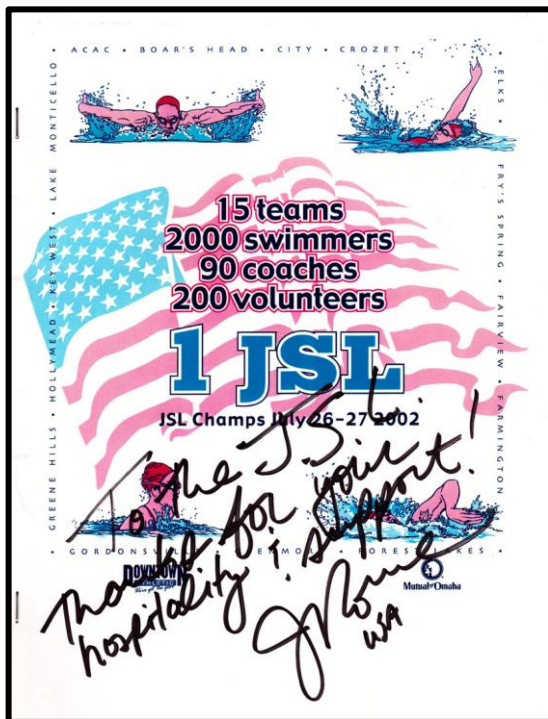


2000

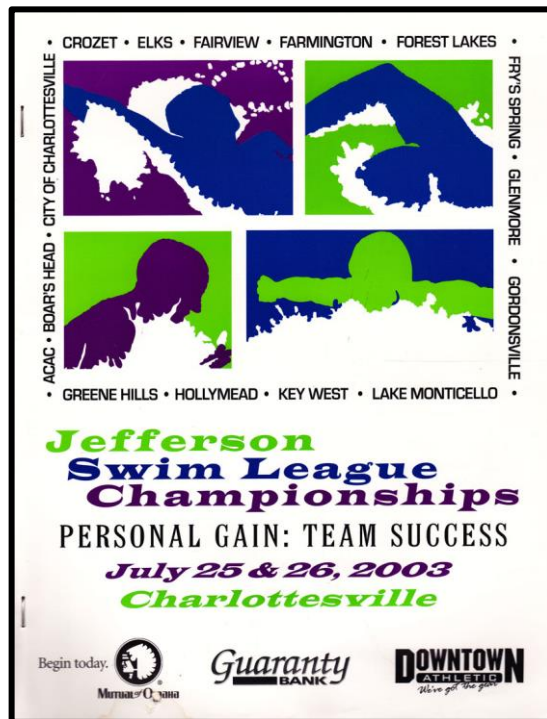


2001

## JSL Championship Heat Sheet Covers



2002



2003



2004

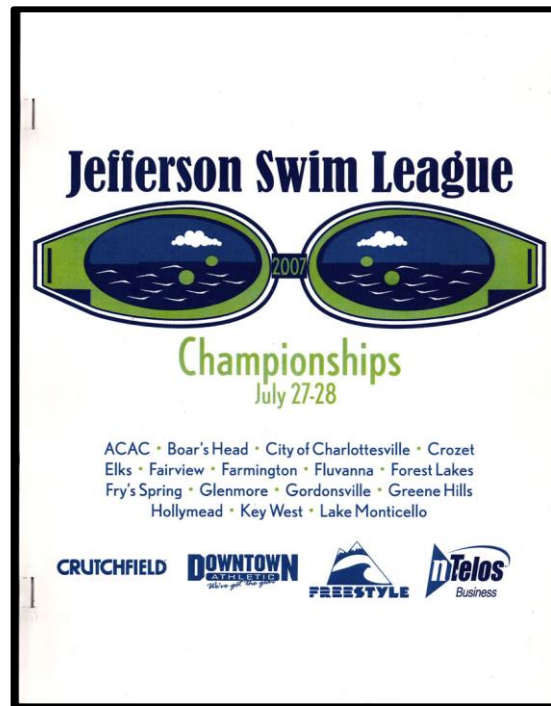


2005

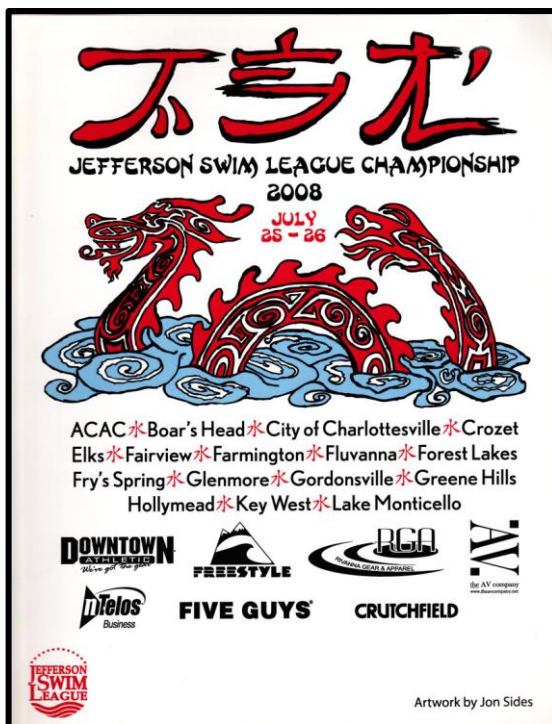
## JSL Championship Heat Sheet Covers



2006



2007



2008



2009

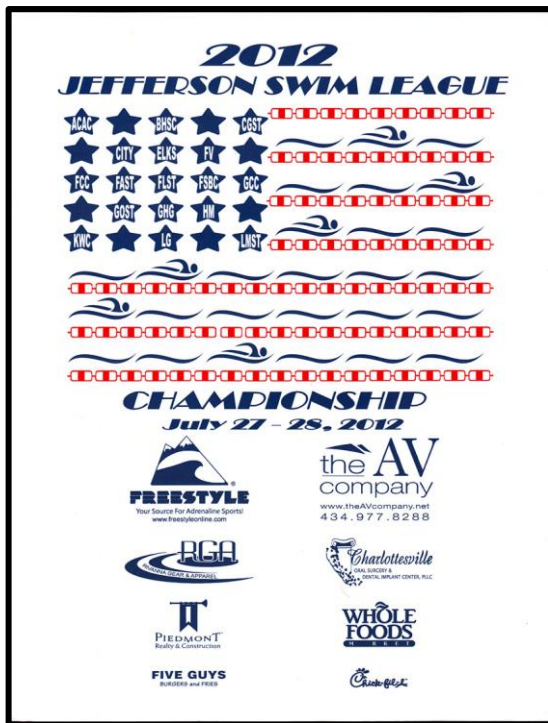
## JSL Championship Heat Sheet Covers



2010



2011



2012

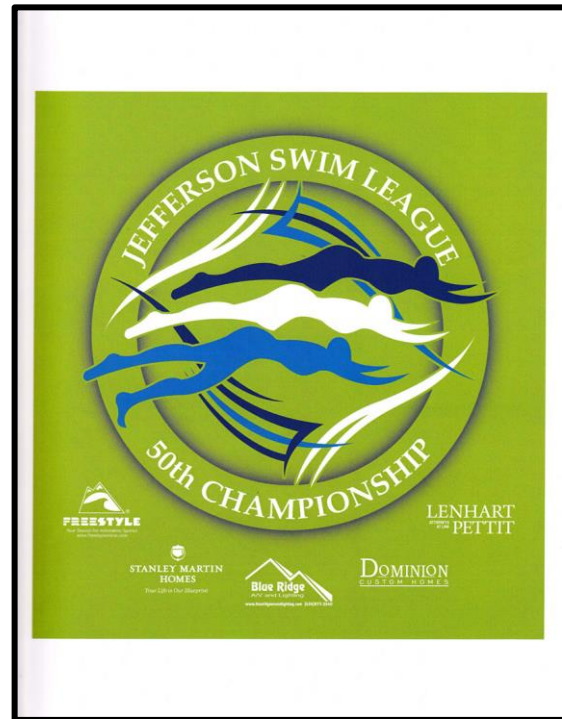


2013

## JSL Championship Heat Sheet Covers



2014



2015



2016



2017

## JSL Championship Heat Sheet Covers



2018



2019

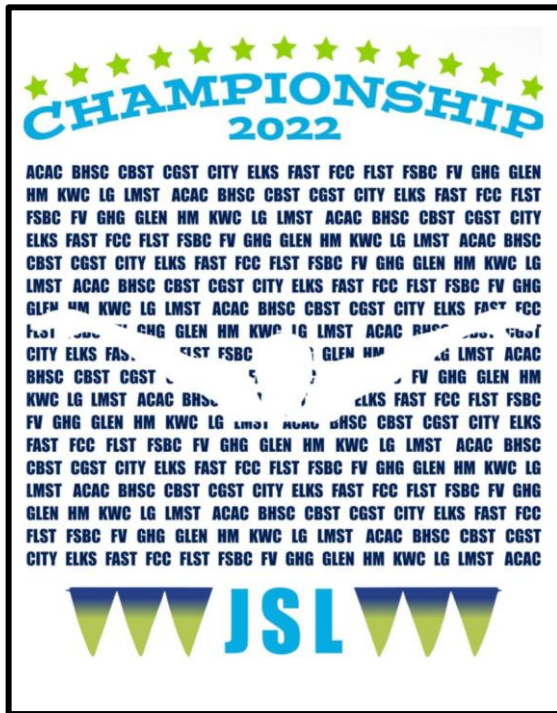


2020

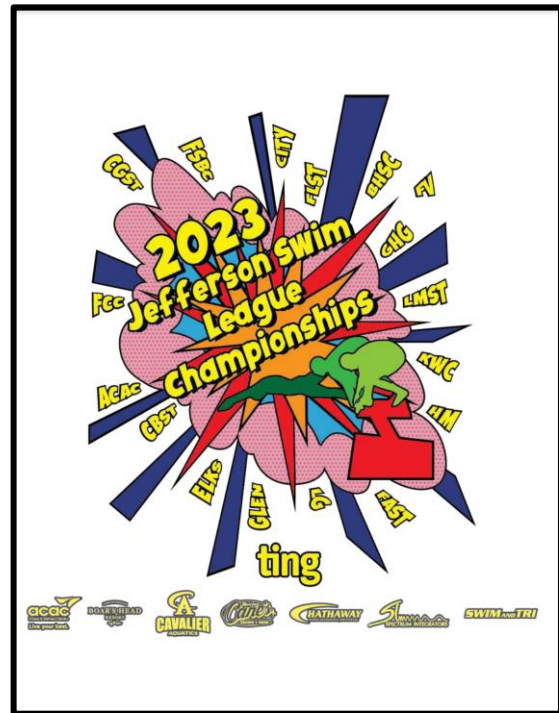


2021

## JSL Championship Heat Sheet Covers



2022



2023

**SWIM IN THE JSL**



**FOR THE FUN OF IT**

Don't laugh, it was the best we had in 1984.

## *The Story Behind the Design of the JSL Logo*

I was President of JSL in 1992 when the 6-team JSL expanded to include 7 of the former CASTL League teams. To my knowledge, JSL had never had an identifying logo and I thought that a new logo might be helpful in getting both the old and new teams to better identify as one League. I approached design artists at Blue Ridge Graphics to come up with a logo. Below are several of the first rectangular designs that were rejected before a round design emerged. One night at work, after seeing the first two round designs, it hit me that it might be nice to have a design suggestive of the Rotunda with 13 stars (one for each team at that time) forming the roof and "Jefferson Swim League" forming the building. Thus, the "first concept similar to final design" below was born. The artist refined that concept into the JSL logo that we have today. Now you know the rest of the story.

Bob Garland



First concept similar to final design



## Paul Boucher and the JSL Webpage

Paul Boucher (ACAC) began his service to the Board in 1998 as Vice-President, then as President in 1999. It was during his year as President that Paul developed and introduced the League's webpage, [www.jsl.org](http://www.jsl.org), and single handedly moved JSL into the computer age. Under his leadership, email became the dominate form of communication within JSL. Since that time, he served as JSL's Webmaster and as an Advisor to the Board until his untimely death on April 12<sup>th</sup>, 2013. The importance of his contributions to the success of JSL cannot be emphasized enough.

Despite an extremely serious automobile accident in 2003, he continued to serve as webmaster. Paul unveiled a major revision to the webpage in 2005 and was working on further revisions to adapt the JSL webpage to mobile devices. He was also very instrumental in developing live Internet streaming of the JSL Championship. He was a multiple recipient of the League's volunteer award which honors those who have given extraordinary time and effort to benefit JSL. In 2015 he was posthumously elected to the JSL "Hall of Fame".

After Paul's death Toby Korn stepped up and took over as the JSL Webmaster. In 2013, Toby received the volunteer award for his extraordinary efforts on behalf of JSL during this difficult time. In 2020 Christina Meyer (ACAC) and Charlie Hall (LMST) revamped the whole JSL website to a more modern and refreshing look.



A May 1<sup>st</sup>, 2000, Screenshot of [jsl.org](http://jsl.org)



## Bob Garland Volunteer Award

This award was created in 1994 to recognize volunteers within the Jefferson Swim League who make significant contributions to the League. The award is named after Bob Garland, Jr. who has been involved with the Jefferson Swim League since 1978. He has meticulously served as the custodian of the bylaws, procedures, forms and ribbons for the League since 1983 and continues to serve as a mentor for new members and officers of the JSL Board. His leadership and commitment to the Jefferson Swim League serve as a model of the volunteer spirit that makes the JSL a vibrant and successful organization for swimmers in Central Virginia.

### **Bob Garland Award Honorees**

(Multiple Winners Listed Alphabetically)

2023	Nicole Weiss (GLEN and Tracy Betsworth (CGST)
2022	Kevin Hogan (FLST)
2021	Christina Meyer (ACAC)
2020	No Season
2019	Jean Farist (LMST) and Kristin Wray (FCC)
2018	B.J. Fortune (FSBC)
2017	Richard Armstrong (GCC)
2016	Debbie McPhillips (HM) and Susan Field (GHG)
2015	Terry Doherty (GCC)
2014	Paula Tomko (FAST)
2013	Toby Korn (GHG)
2012	Jann Balmer (FV)
2011	Jeff North (GHG)
2010	Gordon Hair (ELKS), Pat DiGregorio (GCC), and Scott Goodman (FCC)
2009	Mark Fletcher (A & F Center)
2008	Larry Gimple (BHSC) and Ryan Gimple (BHSC)
2007	Chip Deale (CGST) and Joe Phillips (FV)
2006	Buzz White (FSBC)
2005	David Strider (FV), Karen Strider (FV), and Kevin Hogan (FLST)
2004	Susan Turner (GCC)
2003	Paul Boucher (ACAC)
2002	Howard Craddock (FV) and Pam Grobmyer (ACAC)
2001	Bob Garland, Jr. (BHSC)
2000	Brent Wilson (GHG) and Paul Boucher (ACAC)
1999	Jessica Simons (BHSC) and Pam Davis (FLST)
1998	Charles Friend (LMST)
1997	Chip Grobmyer (ACAC) & Stu Prather (ELKS)
1996	Jeff North (GHG)
1995	Jann Balmer (FV) & Locke Boyer (FCC)
1994	Bob Garland, Jr. (BHSC)



## Hall of Fame

In 2015, the JSL Board started the JSL Hall of Fame as a way to recognize individuals who have made significant contributions to the success of JSL. There are three categories: Contributor, Coach, & Swimmer. Inductees are listed in alphabetical order.

### JSL HALL of FAME INDUCTEES

#### **2015 Contributors**

Bob Garland, Jr (BHSC)  
Gordon Hair (ELKS)  
Jann Balmer (FV)  
Jeff North (GHG)  
Jessica Simons (BHSC)  
Locke Boyer (FCC)  
Paul Boucher (ACAC)

#### **2015 Coaches**

JJ Bean (FV)  
Ralph Law (FV)

#### **2015 Swimmer**

Chris Taylor (GHG)

#### **2016 Contributors**

Chip Grobmyer (ACAC)  
Toby Korn (GHG)  
Susan Turner (GCC)

#### **2016 Coaches**

Cos DiFazio (FAST)  
Debra Bickley (LG)

#### **2016 Swimmer**

Rebecca Cronk (KWC)

#### **2017 Contributors**

Joann & Mac Walker (GCC)

#### **2017 Coach**

Dan Bledsoe (BHSC)

#### **2017 Swimmer**

Mary Nash (FSBC)

#### **2018 Contributor**

Marc Weathersby (FLST)

#### **2018 Coach**

Helen Dixon (ACAC)

#### **2018 Swimmer**

Cathy Umbdenstock Wheeler (FSBC)

#### **2019 Contributor**

Howard Craddock (FV)

#### **2019 Coach**

#### **2019 Swimmer**

#### **2021 Contributors**

Chuck Fix (HM)  
Kristen Wray (FCC)  
Susan Field (GHG)

#### **2021 Coaches**

#### **2021 Swimmers**

#### **2022 Contributors**

#### **2022 Coaches**

#### **2022 Swimmers**

Andrea Ross (CITY)

#### **2023 Contributors**

#### **2023 Coaches**

#### **2023 Swimmers**

August Lamb (BHSC)

#### **2024 Contributors**

#### **2024 Coaches**

#### **2024 Swimmers**

----- TO BE ANNOUNCED AT JSL CHAMPS -----



## ***Championship Winners 1966 - 2023***

<u><b>First Day of Champs</b></u>	<u><b>Winner</b></u>
Wednesday, August 17, 1966	FV
Wednesday, August 09, 1967	FV
Wednesday, August 14, 1968	FV
Wednesday, August 13, 1969	FV
Wednesday, August 12, 1970	FV
Wednesday, August 11, 1971	FCC
Wednesday, August 16, 1972	FV
Wednesday, August 15, 1973	4-SEASONS
Thursday, August 15, 1974	FV
Saturday, August 09, 1975	FV
Saturday, August 07, 1976	FV
Saturday, August 13, 1977	4-SEASONS
Saturday, August 12, 1978	FV
Saturday, August 11, 1979	FV
Saturday, August 09, 1980	FV
Saturday, August 01, 1981	CAST
Saturday, July 31, 1982	CAST
Saturday, July 30, 1983	FV
Saturday, July 28, 1984	FV
Saturday, July 27, 1985	FV
Saturday, July 26, 1986	FV
Saturday, August 01, 1987	FCC
Saturday, July 30, 1988	FSBC
Saturday, July 29, 1989	FSBC
Saturday, July 28, 1990	FSBC
Saturday, August 03, 1991	FV

<u><b>First Day of Champs</b></u>	<u><b>Second Day of Champs</b></u>	<u><b>Winner</b></u>
Friday, July 31, 1992	Saturday, August 01, 1992	FV
Friday, July 30, 1993	Saturday, July 31, 1993	FV
Friday, July 29, 1994	Saturday, July 30, 1994	FV
Friday, July 28, 1995	Saturday, July 29, 1995	FV
Friday, July 26, 1996	Saturday, July 27, 1996	FV
Friday, July 25, 1997	Saturday, July 26, 1997	FV
Friday, July 31, 1998	Saturday, August 01, 1998	FV
Friday, July 30, 1999	Saturday, July 31, 1999	FV
Friday, July 28, 2000	Saturday, July 29, 2000	FV
Friday, July 27, 2001	Saturday, July 28, 2001	FV
Friday, July 26, 2002	Saturday, July 27, 2002	FV
Friday, July 25, 2003	Saturday, July 26, 2003	FV
Friday, July 30, 2004	Saturday, July 31, 2004	FV
Friday, July 29, 2005	Saturday, July 30, 2005	FV
Friday, July 28, 2006	Saturday, July 29, 2006	FV
Friday, July 27, 2007	Saturday, July 28, 2007	FV
Friday, July 25, 2008	Saturday, July 26, 2008	FV
Friday, July 24, 2009	Saturday, July 25, 2009	FV
Friday, July 30, 2010	Saturday, July 31, 2010	FV
Friday, July 29, 2011	Saturday, July 30, 2011	FV
Friday, July 27, 2012 @ FUMA	Saturday, July 28, 2012 @ FUMA	FV
Friday, July 26, 2013	Saturday, July 27, 2013	CGST
Friday, July 25, 2014	Saturday, July 26, 2014	FV
Friday, July 24, 2015	Saturday, July 25, 2015	FV
Friday, July 29, 2016	Saturday, July 30, 2016	FV
Friday, July 28, 2017 @ FUMA	Saturday, July 29, 2017 @ FUMA	FV
Friday, July 27, 2018	Saturday, July 28, 2018	FV
Friday, July 26, 2019	Saturday, July 27, 2019	FV
Champs was not held in 2020 and not scored in 2021 because of Covid		
Friday, July 29, 2022	Saturday, July 30, 2022	CGST
Friday, July 28, 2023	Saturday, July 29, 2023	CGST



Joined to Save Lives



## **The Jefferson Swim League (JSL) and the Ben Hair Just Swim for Life Foundation (BH-JSL)**

The concept of a learn-to-swim program for those disadvantaged children who do not have access to JSL was started by JSL ([www.jsl.org](http://www.jsl.org)) and was called "Just Swim for Life" (also "JSL"). The concept was originally presented to the Jefferson Swim League Board by Bob Garland in 2007.

The JSL Board made a commitment to the original "Just Swim for Life" learn-to-swim program, but the idea failed to gain traction until Gordon Hair became involved after the tragic death of his son, Ben (an ex JSL swimmer) in 2009. Gordon wanted to start a program in his son's memory and, because the concept already existed within the Jefferson Swim League, it was agreed that the name would be changed to "Ben Hair - Just Swim for Life" (BH-JSL) and Gordon would become the primary administrator. (The name was changed slightly, adding "Foundation" at a later date). Gordon and Larry Gimple provided some of the initial funding and under Gordon's leadership, the idea took off.

Although it is a separate 501(c)(3) tax exempt charity with its own Board of Directors, BH-JSL is still "connected at the hip" with JSL. By far the majority of volunteers come from JSL, various JSL teams run BH-JSL learn to swim programs, and JSL supports BH-JSL financially and administratively. Along with Bob Garland, the JSL Vice-President and Past-President serve on the Board of BH-JSL and Gordon serves as a Liaison to the JSL Board. Additionally, the BH-JSL website ([www.bhjsl.org/](http://www.bhjsl.org/)), grant applications, etc. also confirm the relationship between JSL and BH-JSL.

JSL continues to support BH-JSL financially by giving \$1.00 of each swimmer registration to BH-JSL and through additional grants and support. Through the end of 2022, JSL has directly contributed more than \$41,000 to BH-JSL. JSL volunteers have contributed hundreds (if not thousands) of hours teaching thousands of children how to swim with the goal of waterproofing the Central Virginia area.

BH-JSL is a valuable charitable partner of the JSL and needs the ongoing financial, volunteer, and administrative support of JSL. Its mission is entirely consistent with JSL Bylaw #1: *"The purpose of this Board is to ensure a summer age group swimming program in the Central Virginia area and to provide a maximum opportunity for the greatest number to participate."*

**To volunteer or donate to BH-JSL:  
Please go to [www.bhjsl.org/](http://www.bhjsl.org/) and select "Help Us".**

A photograph of a swimmer in a pool, viewed from above. The swimmer is in the middle of a stroke, with water splashing around their head and arms. Blue lane lines are visible in the pool. The background is a clear blue sky.

# *albemarle* Magazine

## Celebrate Life In Jefferson's Virginia

The Jefferson Swim League offers a wonderful opportunity for young swimmers, parents, and supporters alike to enjoy a favorite activity of the summer season.

We happily extend our support to the JSL as they continue to make a splash and celebrate 50 years in the pool.

Thank you!

**SUBSCRIBE • RENEW • GIVE A GIFT**

**[www.albemarle magazine.com](http://www.albemarle magazine.com)**

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