

## Time for #JSLChamps 2018!

We are back at the UVA Aquatics and Fitness Center (AFC) for our 52nd **JSL Championship**. “Champs” is when all of the teams in the JSL come together for one final swimming meet. It is an exciting, fun time and a wonderful way for the kids to cap their summer of swimming. It is also very busy and can be a chaotic.

This memo makes it easier for you to prepare for and enjoy all that Champs has to offer. Whether this is your first Champs or your 15th, we ask that you please carefully review our responsibilities as swimmers, spectators, teams, and community members. The memo is updated every year.



## DON'T FORGET TO BRING ...

- ★ **Usual swim gear:** suit, goggles, swim cap, towels, sandals, etc.
- ★ **Wrist bands.** Swimmers **MUST wear** their wristband to enter clerk of course & deck area.
- ★ **Chairs** to sit in at your tent.
- ★ **Entertainment.** Sessions can be long. Quiet activity ideas: books, iPods (with earbuds!), games, cards.
- ★ **Cash** for food trucks. Heat sheets and Champs spirit wear will be available IN LIMITED QUANTITIES. You can purchase at the Freestyle Table in the AFC Lobby
- ★ **Food.** More details below, but if you have specific dietary needs, your swimmer has specific preferences, or you'll be on grounds after concessions close, you are going to want snacks. We suggest a small, PERSONAL cooler to protect food and beverages from the heat.

*Swim Tip: If your child plans to take a non-glass water bottle on deck, write his/her name & team on it. The Clerk-of-Course is a very busy place and things get mixed up.*

- ★ **Camera.** Whether you use a camera or your phone, make sure you read the Digital Media & Photography Rules below.
- ★ **Pen/highlighter** for marking the heat sheet.

*Swim Tip: The JSL uses Twitter to call swimmers to the Clerk of Course. You do not have to \*use\* Twitter, but will need an account to follow [@JSLChamps](https://twitter.com/JSLChamps).*

## NEW! DIGITAL MEDIA & PHOTOGRAPHY RULES

Please make sure you know your Team Photo Rep before coming to Champs. All photos that you want to share to the JSL Facebook Page or Instagram must come from that rep to [SocialMedia@jsl.org](mailto:SocialMedia@jsl.org). No exceptions.

### Photography Rules in the Tent Areas

The JSL Championship is an open, public event. Photos of adults do not need any “permissions.” To ensure compliance with the COPPA and USA Swimming Guidelines, these rules govern pictures and video of children 18 and under.

- (a) Image(s) must be directly related to JSL activities.
- (b) Image(s) support the League's Mission Statement.
- (c) Image(s) comply with USA Swimming rules (e.g., no pictures behind the blocks, no images of child getting out of the water, no torn / misshapen swimsuit).
- (d) Images do not include licensed or trademarked images or statements.
- (e) You must be or have permission of the photographer/videographer of the image(s).

Image(s) of children Under 18 requires written approval of all depicted minors. This has most likely already been secured for your team by your photo rep. If sharing pics of kids on different

teams, it is sufficient to confirm with the child's caregiver / parent that it is okay to put that picture on the Internet.

### Photography Rules Inside the AFC

1. Photography and filming within the AFC pool is limited to observers in the stands.
2. When a swimmer other than your child is on the blocks, such as in a relay, you ARE NOT ALLOWED to take pictures or video from the stands.
3. **NO flash photography is allowed AT ANY TIME.**
4. **No photographs or video** can be taken **when swimmers are on the blocks.**
5. At no time can volunteers take pictures or film from the AFC Pool Deck on the block end of the pool.

***If RMC / Security observe any violations of these rules they will ask you to leave the building.***

### THE WHAT NOT TO's ....

Thank you in advance for your help in making Champs a safe, positive experience.

#### PLEASE LEAVE AT HOME

- Personal Tents. The JSL provides Team Tents for swimmers and their families.
- Pets, alcohol, or glass containers.
- Tobacco products. Smoking is NOT allowed in the building or any outside areas where there are swimmers.
- Food onto the lower / pool deck area.

DO NOT wear Silly Bands, body paint, or temporary tattoos ... "marker" (e.g., Sharpie) is okay. DO NOT wear clothing or caps representing a non-JSL team (e.g., high school or year-round team)

DO NOT order food for delivery.

DO NOT climb on trees, enter any restricted areas or play with emergency alarm boxes.

DO NOT play in the showers.

### WE BELIEVE IN SPORTSMANSHIP & RESPECT

The person asking you to follow a rule is most likely a JSL Volunteer. They stepped up so you can sit down. ***If they ask you to do (or not do) something, please respect them for doing their job.***

**Southern hospitality and etiquette, please.** Please arrive in the viewing stands JUST BEFORE your child's race and leave as soon as it is finished. ***If your child is no longer on deck or in the pool, we ask that you please give your seat to someone else so that they can enjoy the race just like you did.*** There are about 2,000 swimmers, all of whom have family who come to see them swim.

- ★ Under no circumstance can you camp out or "save seats" for people in the viewing stands.
- ★ Please remain seated during a race. People behind you want to see their swimmer, too.

**\*\* Staff is in place to prevent abuse of these policies. If you are asked to "free up" a seat you are saving, please be gracious.**

Three ways to catch all the action ...

- Come into the viewing stands to watch your child.
- Watch events on TV monitors in the AFC lobby.
- Stream video on your computer or mobile device.

## FOOD & BEVERAGE OPTIONS

There are lots of food and beverage options available to you during Champs. The Poolside Cafe is located inside the main lobby of the AFC. You will also find Food Trucks under the Clock Tower at the entrance to Scott Stadium.

### POOLSIDE CAFE

**Fri 10am - 7:pm | Sat 7:30 - 4:30**

Coffee / tea / soda / bottled water

Smoothies

Pre-made sandwiches

Salads

Fruit cups

Dippin Dots

Packaged Snacks

### FOOD TRUCKS

**Fri and Sat 11am - 6:pm**

Yum Yum – Friday & Saturday

Cot Dumplings- Friday & Saturday

Little Manila- Friday & Saturday

Pie Guy- Saturday only

Ben and Jerry's - Friday & Saturday

## IMPORTANT! IMPORTANT! IMPORTANT!

Swim meet participants and guests are restricted to the pool area, bathrooms, and balcony and other JSL-designated areas. The JSL prohibits the use of alcohol or tobacco products at swim meets.

- ★ There is **NO FOOD or GLASS** allowed on pool deck, locker rooms, or in spectator stands.
- ★ For the **SAFETY AND SECURITY** of all spectators & staff, do not block aisles or walkways.
- ★ Spectators **CANNOT** “camp out” or “save seats” in a viewing spot - either on the benches or at the windows overlooking the pool.
- ★ Chairs, food, coolers, noisemakers, and signs are allowed **IN YOUR TENT AREA** only. That includes emergency or evacuations for stormy weather.
- ★ Please dispose of gum before entering the building.

### LOST & FOUND

The JSL has a point of contact for items lost at Champs. The Heat Sheet tells you whom to call. Items not claimed by 9/1/2018 are donated to charity.

## IN CASE OF EMERGENCY

**Stormy Weather** - There are NO “team areas” inside the AFC. If there is a storm everyone will be directed into the building. We will make announcements, so listen carefully for instructions as to where to go.

**\*\* Bring only yourself and any valuable items (purse, electronic devices). Coolers and all other items must remain in the tent.**

**Lost Child** - Please prepare your child for this possibility. Instruct small children to stay with you and show them where the AFC “Front Desk” is. A JSL Meet Director will be in the Front Lobby and will work with the Front Desk.

**\*\* If they are lost, they should go there to get help and UNDER NO CIRCUMSTANCE should they leave the Building.**

**First Aid** - A First Aid area is next to AFC “Front Desk”. There are First Aid supplies to treat most minor injuries and members of the Charlottesville-Albemarle Rescue Squad will be on duty.

**Swimmer's Aid** - If your child is hurt or injured, someone (likely your team leader) will come

get you and escort you to the deck. The need for medical attention is the only circumstances under which a parent is allowed on deck.

**Building Evacuation** - An alarm sounds if there is an emergency (fire, smoke, etc.) and the building is completely evacuated (even for false alarms). UVA Staff issue instructions on when it is safe to re-enter the building.

- PLEASE COOPERATE WITH AFC STAFF.
- Take note and show your children all Emergency Exits in advance.
- Volunteers will take the swimmers in their area directly out of the best exit and assemble in the Designated Emergency Area.
- Swimmers will be kept together to ensure everyone is in the right place when the meet resumes.

To locate and CHECK ON your child, go to the most likely Designated Emergency Area:

- On Deck: go to the Parking Lot adjacent to the lower side of the building & the corner of Alderman / Whitehead Roads.
- In the Main Hall or Viewing Stands: the Parking Lot in front of the student entrance to Scott Stadium.

If the meet is canceled, then parents will be allowed to take their child home. Otherwise, they need to stay in the Designated Area. If they determine the emergency was a false alarm or minor, the meet will resume as soon as possible.

## CHAMPS 2018 - DIRECTIONS AND PARKING [not yet ready]

*Maps and parking information will be provided via social media and on the JSL website during the week of 2018 JSL Champs.*

**Parking on Friday—is available in Lots S9 and S6**

**Parking on Saturday is available on the far side of Scott Stadium –**

***Please see attached MAP and Pictures-***

## HOW TO GET YOUR SWIMMER READY ...

Please make sure your swimmer has goggles, towel, flip flops, and a non-glass water bottle (if desired). Parents cannot go into the clerk of course area or pool area to take gear to swimmers.

For ALL sessions, the Clerk of Course will be located on the parking lot on the “lower” (pool) level of the AFC.

- Swimmers will be staged in this area, led into the building by heat, and then move to the starting end of the pool.
- **ONE coach from each team is allowed in the back of the Clerk-of-Course area; no more.**
- All swimmers will be accompanied by a Clerk throughout the process of getting to the blocks.

Calls to the Clerk of Course will be via Walkie-Talkie and speaker system and @JSLChamps on Twitter. Please listen carefully.

**FRIDAY MORNING - 6&U and 7-8 (Boys & Girls)** swimmers will go to the Clerk of Course.

The designated TEAM LEADER is there to ensure that all their swimmers report to the Clerk of Course and make sure swimmers have their gear and are ready to go on deck. TEAM

LEADERS will retrieve the swimmers AFTER their event and return to the TEAM Tents or to the Clerk of Course if the swimmers have another event. All swimmers will leave the building through the back door adjacent to the Clerk of Course tent—and then returned to TEAM Tents.

**FRIDAY AFTERNOON / EVENING - 13-14 and 15-18 (Boys & Girls)** do not require team leaders and should report to the Clerk of Course when their event is called.

**SATURDAY MORNING - 9-10 (Boys & Girls)** go to the Clerk of Course. They do not require a team leader, though Teams may designate someone within their Tent area to get swimmers to the Clerk of Course tent. Team Leaders for the 9-10 swimmers will not have access to the pool deck.

**SATURDAY AFTERNOON - 11-12 (Boys & Girls)** do not require a team leader. These swimmers must get themselves to the Clerk's tent.

NOTE: With the exception of freestyle, all events run fairly quickly. If an older swimmer remains on deck, bring water to rehydrate while recovering at the clerk-of-course.